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BANK OF NOVA SCOTIA /  
Form 13F-HR  
August 15, 2005

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

Form 13F

Form 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: June 30, 2005

Check here if Amendment [ ] ; Amendment Number:  
This Amendment (Check only one.): [ ] is a restatement.  
[ ] adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: The Bank of Nova Scotia  
Address: 44 King St. West, Scotia Plaza, 33rd Floor  
Attn: Group Compliance  
Toronto, Ontario M5H 1H1

13F File Number: 28-

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: Stewart Walford  
Title: Senior Manager, Group Compliance  
Phone: (416)866-7534

Signature, Place, and Date of Signing:

/s/ Stewart Walford Toronto, Ontario, Canada August 15, 2005

Report Type (Check only one.):

- [ X] 13F HOLDINGS REPORT.  
[ ] 13F NOTICE.  
[ ] 13F COMBINATION REPORT.

FORM 13F SUMMARY PAGE

Report Summary:

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Number of Other Included Managers: 1  
 Form13F Information Table Entry Total: 139  
 Form13F Information Table Value Total: \$11,775,854 (thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and Form 13F file number(s) of all institutional managers with respect to which this report is filed, other than the manager filing this report.

No.	13F File Number	Name
1	28-not yet assigned	BNS Investments Inc.

FORM 13F INFORMATION TABLE									
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	OTH	MANA
ORBITAL SCIENCES CORP	COM	685564106	144	14500	SH		DEFINED	1	
TRANSALTA CORP	COM	89346D107	42514	2550000	SH		DEFINED	1	
TRANSCANADA CORP	COM	89353D107	47358	1800000	SH		DEFINED	1	
WEIGHT WATCHERS INTL INC NEW	COM	948626106	21652	419534	SH		DEFINED	1	
3M CO	COM	88579Y101	1061	14645	SH		DEFINED		
ABITIBI-CONSOLIDATED INC	COM	003924107	30970	6950762	SH		SOLE		
AGRIUM INC	COM	008916108	4404	225419	SH		SOLE		
ALCAN INC	COM	013716105	83458	2780587	SH		SOLE		
ALCOA INC	COM	013817101	380	14495	SH		DEFINED		
ALTRIA GROUP INC	COM	02209S103	949	14645	SH		DEFINED		
AMERICAN EXPRESS CO	COM	025816109	773	14495	SH		DEFINED		
AMERICAN INTL GROUP INC	COM	026874107	844	14495	SH		DEFINED		
ANHEUSER BUSCH COS INC	COM	035229103	3431	75000	SH		SOLE		
AT&T CORP	COM NEW	001957505	4760	250000	SH		SOLE		
ATI TECHNOLOGIES INC	COM	001941103	4176	352910	SH		SOLE		
AVAYA INC	COM	053499109	2496	300000	SH		SOLE		
BANK MONTREAL QUE	COM	063671101	1039727	22340539	SH		SOLE		
BARRICK GOLD CORP	COM	067901108	84154	3370030	SH		SOLE		
BCE INC	COM	05534B109	952827	40261885	SH		SOLE		
BEST BUY INC	COM	086516101	2104	30700	SH		SOLE		
BIOVAIL CORP	COM	09067J109	3439	222853	SH		SOLE		
BOEING CO	COM	097023105	959	14495	SH		DEFINED		
BRASCAN CORP	CL A LTD VT SH	10549P606	542709	14210151	SH		SOLE		
BROOKFIELD PPTYS CORP	COM	112900105	1207	42690	SH		SOLE		
BURLINGTON RES INC	COM	122014103	1657	30000	SH		SOLE		
CAE INC	COM	124765108	11906	2220557	SH		SOLE		
CAMECO CORP	COM	13321L108	22213	498066	SH		SOLE		
CANADIAN NAT RES LTD	COM	136385101	129822	3582952	SH		SOLE		
CANADIAN NATL RY CO	COM	136375102	217842	3776797	SH		SOLE		
CANADIAN PAC RY LTD	COM	13645T100	35223	1018204	SH		SOLE		
CATERPILLAR INC DEL	COM	149123101	1399	14645	SH		DEFINED		
CDN IMPERIAL BK OF COMMERCE	COM	136069101	959664	15516200	SH		SOLE		
CELESTICA INC	SUB VTG SHS	15101Q108	3655	273136	SH		SOLE		
CHC HELICOPTER CORP	CL A SUB VTG	12541C203	22800	1170000	SH		SOLE		
CISCO SYS INC	COM	17275R102	1908	100000	SH		SOLE		
CITIGROUP INC	COM	172967101	670	14480	SH		DEFINED		

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CITIGROUP INC	COM	172967101	10402	225000	SH	SOLE
COCA COLA CO	COM	191216100	607	14495	SH	DEFINED
COCA COLA CO	COM	191216100	11690	280000	SH	SOLE
COGNOS INC	COM	19244C109	4324	126633	SH	SOLE
COMCAST CORP NEW	CL A	20030N101	4108	133927	SH	SOLE
CONCUR TECHNOLOGIES INC	COM	206708109	155	14709	SH	SOLE
COTT CORP QUE	COM	22163N106	2179	100025	SH	SOLE
CP SHIPS LTD	COM	22409V102	5892	375043	SH	SOLE
DISNEY WALT CO	COM DISNEY	254687106	366	14495	SH	DEFINED
DOLLAR TREE STORES INC	COM	256747106	9600	400000	SH	SOLE
DOMTAR INC	COM	257561100	3952	534590	SH	SOLE
DORAL FINL CORP	COM	25811P100	4135	250000	SH	SOLE
DU PONT E I DE NEMOURS & CO	COM	263534109	625	14495	SH	DEFINED
EL PASO CORP	COM	28336L109	3456	300000	SH	SOLE
ENBRIDGE INC	COM	29250N105	429663	15064630	SH	SOLE
ENCANA CORP	COM	292505104	166389	4218774	SH	SOLE
EXXON MOBIL CORP	COM	30231G102	844	14645	SH	DEFINED
EXXON MOBIL CORP	COM	30231G102	7184	125000	SH	SOLE
FAIRFAX FINL HLDGS LTD	SUB VTG	303901102	3727	22490	SH	SOLE
FAIRMONT HOTELS RESORTS INC	COM	305204109	18959	547156	SH	SOLE
FOAMEX INTL INC	COM	344123104	5870	5475526	SH	SOLE
GATEWAY INC	COM	367626108	990	300000	SH	SOLE
GENERAL ELEC CO	COM	369604103	504	14495	SH	DEFINED
GENERAL MTRS CORP	COM	370442105	494	14495	SH	DEFINED
GENTEK INC	COM NEW	37245X203	1016	101932	SH	SOLE
HEWLETT PACKARD CO	COM	428236103	342	14495	SH	DEFINED
HOME DEPOT INC	COM	437076102	565	14495	SH	DEFINED
HONEYWELL INTL INC	COM	438516106	532	14495	SH	DEFINED
HUB INTERNATIONAL LTD	COM	44332P101	406	20835	SH	SOLE
IMPERIAL OIL LTD	COM NEW	453038408	253882	3049466	SH	SOLE
INCO LTD	COM	453258402	9953	264274	SH	SOLE
INTEL CORP	COM	458140100	378	14495	SH	DEFINED
INTERNATIONAL BUSINESS MACHS	COM	459200101	1610	21645	SH	DEFINED
INTERNATIONAL BUSINESS MACHS	COM	459200101	14840	200000	SH	SOLE
INTRAWEST CORPORATION	COM NEW	460915200	380	15844	SH	SOLE
IPSCO INC	COM	462622101	3488	80000	SH	SOLE
ISHARES INC	MSCI JAPAN	464286848	8112	800000	SH	SOLE
ISHARES TR	DJ US REAL EST	464287739	380	5980	SH	SOLE
ISHARES TR	MSCI EAFE IDX	464287465	213	4060	SH	SOLE
JOHNSON & JOHNSON	COM	478160104	954	14645	SH	DEFINED
JPMORGAN & CHASE & CO	COM	46625H100	513	14495	SH	DEFINED
KERR MCGEE CORP	COM	492386107	1793	23500	SH	SOLE
KINROSS GOLD CORP	COM NO PAR	496902404	2968	484987	SH	SOLE
MAGNA INTL INC	CL A	559222401	212869	3031027	SH	SOLE
MANULIFE FINL CORP	COM	56501R106	534739	11199275	SH	SOLE
MCDONALDS CORP	COM	580135101	403	14495	SH	DEFINED
MDS INC	COM	55269P302	6242	415503	SH	SOLE
MERCK & CO INC	COM	589331107	448	14495	SH	DEFINED
MERCK & CO INC	COM	589331107	21080	684400	SH	SOLE
MERRILL LYNCH & CO INC	COM	590188108	7437	135200	SH	SOLE
METHANEX CORP	COM	59151K108	6555	399998	SH	SOLE
MI DEVS INC	CL A SUB VTG	55304X104	30462	965562	SH	SOLE
MICROSOFT CORP	COM	594918104	12420	500000	SH	SOLE
MICROSOFT CORP	COM	594918104	859	34495	SH	DEFINED
MOLSON COORS BREWING CO	CL B	60871R209	4751	76667	SH	SOLE
NEXEN INC	COM	65334H102	42517	1400542	SH	SOLE
NISOURCE INC	COM	65473P105	7419	300000	SH	SOLE
NOKIA CORP	SPONSORED ADR	654902204	4992	300000	SH	SOLE
NORANDA INC	COM	655422103	268278	15639775	SH	SOLE
NORTEL NETWORKS CORP NEW	COM	656568102	22686	8714407	SH	SOLE
NORTEL NETWORKS CORP NEW	NOTE 4.250% 9/0	656568AB8	1442	1500000	PRN	DEFINED
NOVA CHEMICALS CORP	COM	66977W109	14866	487068	SH	SOLE

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NOVELIS INC	COM	67000X106	13762	542757	SH	SOLE
OPPENHEIMER HLDGS INC	CL A NON VTG	683797104	352	16267	SH	SOLE
PETRO-CDA	COM	71644E102	98380	1511667	SH	SOLE
PFIZER INC	COM	717081103	401	14495	SH	DEFINED
PFIZER INC	COM	717081103	6206	225000	SH	SOLE
PHARMACEUTICAL HLDRS TR	DEPOSITRY RCPT	71712A206	7332	100000	SH	SOLE
PITNEY BOWES INC	COM	724479100	8736	200600	SH	SOLE
PLACER DOME INC	COM	725906101	22247	1453936	SH	SOLE
POTASH CORP SASK INC	COM	73755L107	35186	368678	SH	SOLE
PRECISION DRILLING CORP	COM	74022D100	8347	211824	SH	SOLE
PROCTER & GAMBLE CO	COM	742718109	767	14495	SH	DEFINED
PROGRESS ENERGY INC	COM	743263105	9455	209000	SH	SOLE
QUEBECOR WORLD INC	COM NON-VTG	748203106	25648	1309519	SH	SOLE
QWEST COMMUNICATIONS INTL IN	COM	749121109	742	200000	SH	SOLE
RESEARCH IN MOTION LTD	COM	760975102	19537	265506	SH	SOLE
ROGERS COMMUNICATIONS INC	CL B	775109200	5415	165070	SH	SOLE
ROYAL BK CDA MONTREAL QUE	COM	780087102	1836818	29655286	SH	SOLE
SBC COMMUNICATIONS INC	COM	78387G103	345	14495	SH	DEFINED
SBC COMMUNICATIONS INC	COM	78387G103	2969	125000	SH	SOLE
SCHERING PLOUGH CORP	COM	806605101	15252	800200	SH	SOLE
SHAW COMMUNICATIONS INC	CL B CONV	82028K200	6347	304985	SH	SOLE
SONIC FDRY INC	COM	83545R108	56	41160	SH	DEFINED
SPDR TR	UNIT SER 1	78462F103	652	5470	SH	SOLE
SUN LIFE FINL INC	COM	866796105	438445	13018428	SH	SOLE
SUNCOR ENERGY INC	COM	867229106	100864	2133951	SH	SOLE
TALISMAN ENERGY INC	COM	87425E103	291803	7790329	SH	SOLE
TELESYSTEM INTL WIRELESS INC	COM NEW	879946606	19873	1275000	SH	SOLE
TELUS CORP	NON-VTG SHS	87971M202	69728	2044634	SH	SOLE
THOMSON CORP	COM	884903105	284192	8489741	SH	SOLE
TIDEWATER INC	COM	886423102	6942	182100	SH	SOLE
TORONTO DOMINION BK ONT	COM NEW	891160509	1328138	29785887	SH	SOLE
TRANSALTA CORP	COM	89346D107	79385	4761561	SH	SOLE
TRANSCANADA CORP	COM	89353D107	523526	19898550	SH	SOLE
UNITED TECHNOLOGIES CORP	COM	913017109	772	14990	SH	DEFINED
UST INC	COM	902911106	4566	100000	SH	SOLE
VERIZON COMMUNICATIONS	COM	92343V104	502	14495	SH	DEFINED
VERIZON COMMUNICATIONS	COM	92343V104	4319	125000	SH	SOLE
WACHOVIA CORP 2ND NEW	COM	929903102	1240	25000	SH	SOLE
WAL MART STORES INC	COM	931142103	708	14645	SH	DEFINED
WARNACO GROUP INC	COM NEW	934390402	7670	329900	SH	SOLE
WASHINGTON MUT INC	COM	939322103	4069	100000	SH	SOLE