ABLEST INC Form 8-K November 09, 2005

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# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 FORM 8-K

#### **CURRENT REPORT**

# Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 3, 2005

# ABLEST INC.

(Exact name of registrant as specified in its charter)

Delaware 1-10893 65-0978462

(State or other jurisdiction of incorporation)

(Commission File Number)

(I.R.S. Identification No.)

#### 1901 Ulmerton Road, Suite 300, Clearwater, Florida

33762

(Address of principal executive offices)

(Zip Code)

(727) 299-1200

(Registrant s telephone number, including area code)

# **Not Applicable**

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

o Written

communications

pursuant to

Rule 425 under

the Securities

Act (17 CFR 230

.425)

o Soliciting

material

pursuant to

Rule 14a-12

under the

Exchange Act

(17 CFR

240.14a-12)

o Pre-commencement

communications

pursuant to

Rule 14d-2(b)

under the Exchange

Act (17 CFR

240.14d-2(b))

o Pre-commencement

communications

pursuant to

Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 1.01. Entry into a Material Definitive Agreement

Item 9.01 Exhibits

**SIGNATURE** 

**EXHIBIT LIST** 

EX-10.1: Summary of Compensation Payable to Non-Employee Directors

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# Item 1.01. Entry into a Material Definitive Agreement

On November 3, 2005, the Board of Directors of Ablest Inc. (the Company), upon the recommendation of the Compensation Committee of the Board, approved a revised compensation program for the Company s Non-Employee Directors, effective as of January 1, 2006. A Summary of Compensation Payable to Non-Employee Directors setting forth the terms of such program is filed with this report as Exhibit 10.1 and incorporated herein by reference.

# **Item 9.01 Exhibits**

(c) Exhibits

Exhibit No. Description
10.1 Summary of Compensation Payable to Non-Employee Directors

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# **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Ablest Inc.

November 9, 2005 By: /s/ Charles H. Heist

Charles H. Heist,

Chairman, Chief Financial Officer, and

Treasurer

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# **EXHIBIT LIST**

Exhibit No. Description
10.1 Summary of Compensation Payable to Non-Employee Directors

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