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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 Date of Report (Date of earliest event reported) August 20, 2008

First Midwest Bancorp, Inc.

(Exact name of registrant as specified in its charter)

Delaware 0-10967 36-3161078

(State or other jurisdiction (Commission (IRS Employer of Incorporation) File Number) Identification No.)

One Pierce Place, Suite 1500, Itasca, Illinois 60143

(Address of principal executive offices) (Zip Code)

(630) 875-7450

(Registrant's telephone number, including area code)

N/A

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On August 20, 2008, the Board of Directors of First Midwest Bancorp, Inc. (the "Company") appointed Barbara A. Boigegrain as a director of the Company, to hold office until the Company's next annual meeting of shareholders in 2009, when she is expected to be nominated for election to serve a three-year term.

Ms. Boigegrain (51), is the General Secretary and Chief Executive Officer of the General Board of Pension and Health Benefits of The United Methodist Church, which provides pension plans, retirement savings programs and health and welfare benefit plans for over 74,000 clergy and lay employees worldwide. Ms. Boigegrain oversees all fiduciary services and administrative operations of the General Board, which has \$16 billion in assets under management. She has served as the General Secretary and Chief Executive Officer of the General Board since August 1994. Ms. Boigegrain enjoyed an 11-year consulting career with Towers Perrin, a global human resources management consulting firm prior to joining the General Board.

Ms. Boigegrain also serves as the Board Chair of the Church Benefits Association, a national organization of 50 denominational benefit programs, pension boards and religious orders. She also is the former Board Chair of the Evanston Inventure, a nonprofit, community economic revitalization corporation in Evanston, Illinois.

The Company's Nominating and Corporate Governance Committee recommended and nominated Ms. Boigegrain as a director candidate to the Board. The Company's Board of Directors has also concluded that Ms. Boigegrain is "independent" under the rules of The Nasdaq Stock Market.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

First Midwest Bancorp, Inc

(Registrant)

Date: August 26, 2008

/s/ Cynthia A. Lance

Cynthia A. Lance

Executive Vice President and

Corporate Secretary

1331 LAMAR STREET, SUITE 1080 HOUSTON, TEXAS 77010 (Address of principal executive offices)

(713) 739-1800 (Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- " Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- " Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- " Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

SECTION 7 - REGULATION FD

Item 7.01 Regulation FD Disclosure

On September 30, 2010, Gastar Exploration Ltd. (the "Company") released an operational update regarding the Company's successful completion of the Streater #1, a Middle Bossier well.

In accordance with General Instruction B.2 of Form 8-K, the information presented herein under Item 7.01 and set forth in the attached Exhibit 99.1 is deemed to be "furnished" solely pursuant to Item 7.01 of this report and shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, nor shall such information or the Exhibit be deemed incorporated by reference into any filing under the Securities Act of 1933 or the Securities Exchange Act of 1934, each as amended.

SECTION 9 - FINANCIAL STATEMENTS AND EXHIBITS

Item 9.01 Financial Statements and Exhibits

(d) Exhibits

The following is a list of exhibits furnished as part of this Form 8-K:

Exhibit No.

Description of Document

99.1 Press Release dated September 30, 2010.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

GASTAR EXPLORATION LTD.

Date: September 30, 2010 By: /s/ J. RUSSELL PORTER

J. Russell Porter

President and Chief Executive Officer

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EXHIBIT INDEX

Exhibit No. Description of Document

99.1 Press Release dated September 30, 2010.

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