CAPITAL ONE FINANCIAL CORP

Form 4

March 14, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

response...

5. Relationship of Reporting Person(s) to

Issuer

burden hours per

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D

| | | | CAPITAL ONE FINANCIAL CORP [COF] | | | | | CORP | (Check all applicable) | | | |
|-------------------------------------------------|--------------------------------------|--------------------------------------|----------------------------------|-----------------------|---------------------------------|------|--------------------------------------------------|---------|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------------|
| (Last) (First) (Middle) 1680 CAPITAL ONE DRIVE | | | | (Month/Day/Year) | | | | | _X Director 10% Owner Symbol Chairman, CEO and President | | | |
| (Street) MCLEAN, VA 22102 | | | | Filed(Month/Day/Year) | | | | | 5. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | |
| | (City) | (State) | (Zip) | Tab | le I - No | on-I | Derivative S | ecurit | ies Acqui | red, Disposed of, | or Beneficial | ly Owned |
| | 1.Title of Security (Instr. 3) | 2. Transaction Da (Month/Day/Year | r) Execution any | | 3. Transa Code (Instr. | 8) | 4. Securitie on Disposed (Instr. 3, 4 and Amount | d of (D |)) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | Common Stock (1) | 03/10/2005 | | | M | | 435,000 | A | \$ 9.73 | 1,962,386 | D | |
| | Common Stock (1) | 03/10/2005 | | | S | | 9,200 | D | \$ 78.54 | 1,953,186 | D | |
| | Common Stock (1) | 03/10/2005 | | | S | | 3,500 | D | \$ 78.57 | 1,949,686 | D | |
| | Common Stock (1) | 03/10/2005 | | | S | | 3,200 | D | \$ 78.58 | 1,946,486 | D | |
| | Common Stock (1) | 03/10/2005 | | | S | | 1,100 | D | \$ 78.59 | 1,945,386 | D | |
| | | | | | | | | | | | | |

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| Common Stock (1) | 03/10/2005 | S | 4,100 | D | \$ 78.6 | 1,941,286 | D |
|------------------|------------|---|-------|---|-------------|-----------|---|
| Common Stock (1) | 03/10/2005 | S | 500 | D | \$ 77.83 | 1,940,786 | D |
| Common Stock (1) | 03/10/2005 | S | 1,300 | D | \$ 77.84 | 1,939,486 | D |
| Common Stock (1) | 03/10/2005 | S | 300 | D | \$ 77.85 | 1,939,186 | D |
| Common Stock (1) | 03/10/2005 | S | 3,000 | D | \$ 77.86 | 1,936,186 | D |
| Common Stock (1) | 03/10/2005 | S | 500 | D | \$ 77.88 | 1,935,686 | D |
| Common Stock (1) | 03/10/2005 | S | 2,600 | D | \$ 77.89 | 1,933,086 | D |
| Common Stock (1) | 03/10/2005 | S | 1,000 | D | \$ 77.9 | 1,932,086 | D |
| Common Stock (1) | 03/10/2005 | S | 400 | D | \$ 77.91 | 1,931,686 | D |
| Common Stock (1) | 03/10/2005 | S | 1,800 | D | \$ 77.93 | 1,929,886 | D |
| Common Stock (1) | 03/10/2005 | S | 3,000 | D | \$ 78 | 1,926,886 | D |
| Common Stock (1) | 03/10/2005 | S | 1,100 | D | \$ 78.03 | 1,925,786 | D |
| Common Stock (1) | 03/10/2005 | S | 100 | D | \$ 78.04 | 1,925,686 | D |
| Common Stock (1) | 03/10/2005 | S | 1,400 | D | \$ 78.07 | 1,924,286 | D |
| Common Stock (1) | 03/10/2005 | S | 4,400 | D | \$ 78.08 | 1,919,886 | D |
| Common Stock (1) | 03/10/2005 | S | 7,000 | D | \$ 78.25 | 1,912,886 | D |
| Common Stock (1) | 03/10/2005 | S | 200 | D | \$ 78.26 | 1,912,686 | D |
| Common Stock (1) | 03/10/2005 | S | 2,800 | D | \$ 78.28 | 1,909,886 | D |
| Common Stock (1) | 03/10/2005 | S | 1,700 | D | \$ 78.3 | 1,908,186 | D |
| Common Stock (1) | 03/10/2005 | S | 100 | D | \$ 78.31 | 1,908,086 | D |
| | 03/10/2005 | S | 100 | D | | 1,907,986 | D |

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| Common Stock (1) | | | | | \$ 78.32 | | | |
|------------------|------------|---|-------|---|-------------|-----------|---|----------------------------------|
| Common Stock (1) | 03/10/2005 | S | 900 | D | \$ 78.33 | 1,907,086 | D | |
| Common Stock (1) | 03/10/2005 | S | 700 | D | \$ 78.34 | 1,906,386 | D | |
| Common Stock (1) | 03/10/2005 | S | 1,700 | D | \$ 78.35 | 1,904,686 | D | |
| Common Stock | | | | | | 107,502 | I | By Fairbank Morris Inc. |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactic Code (Instr. 8) | Securities | | erivative Expiration Date (Month/Day/Year) cquired (A) or isposed of (D) nstr. 3, 4, and | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|-----------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------|-------------------------------------------------------------|----------------------------------------|------------|---------|------------------------------------------------------------------------------------------|--------------------|---------------------------------------------------------------|----------------------------|
| | | | | Code V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount Number Shares |
| Employee Stock Option (Right to Buy) | \$ 9.73 | 03/10/2005 | | M | | 435,000 | <u>(2)</u> | 09/15/2005 | Common Stock | 435,00 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | | |
|--------------------------------|---------------|-----------|-----------|-------|--|--|--|--|
| | Director | 10% Owner | Officer | Other | | | | |
| FAIRBANK RICHARD D | | | Chairman, | | | | | |
| 1680 CAPITAL ONE DRIVE | X | | CEO and | | | | | |
| MCLEAN, VA 22102 | | | President | | | | | |

Reporting Owners 3

Signatures

By: Polly A. Nyquist (POA on File) 03/14/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on November 12, 2004 in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
 - This option is fully vested. The option vested in 1997 and 1998 in accordance with the following schedule: 50% vested when the trading price of the Common Stock equaled or exceeded \$37.50 for at least 10 business days within any period of 30 consecutive days; 25%
- (2) when the trading price of the Common Stock equaled or exceeded \$43.75 for at least 10 business days within any period of 30 consecutive days; and the remaining 25% when the trading price of the Common Stock equaled or exceeded \$50.00 for 10 business days within any period of 30 consecutive days. This vesting schedule does not reflect the June 1, 1999, 3-for-1 stock split adjustment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4