#### CAPITAL ONE FINANCIAL CORP

Form 4

March 14, 2005

### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

burden hours per

response...

5. Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

January 31, Expires: 2005 Estimated average

0.5

**OMB APPROVAL** 

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \*

FAIRBANK RICHARD D			Symbol CAPITAL ONE FINANCIAL CORP [COF]				CORP	Issuer (Check all applicable)			
(Last) (First) (Middle)  1680 CAPITAL ONE DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 03/10/2005						X Director 10% OwnerX Officer (give title Other (specify below) Chairman, CEO and President		
(Street)  MCLEAN, VA 22102			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)							Person		
	· · ·				n-D	erivative S	Securi	ities Acqu	iired, Disposed of		
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ar) Execution	med on Date, if Day/Year)	3. Transa Code (Instr.	8)	4. Securit or(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock (1)	03/10/2005(2)	<u>)</u>		S		1,100	D	\$ 78.36	1,903,586	D	
Common Stock (1)	03/10/2005(2)	<u>)</u>		S		2,700	D	\$ 78.37	1,900,886	D	
Common Stock (1)	03/10/2005(2)	<u>)</u>		S		1,000	D	\$ 78.38	1,899,886	D	
Common Stock (1)	03/10/2005(2)	<u>)</u>		S		18,600	D	\$ 78.4	1,881,286	D	
Common Stock (1)	03/10/2005(2)	)		S		25,000	D	\$ 78.45	1,856,286	D	

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Common Stock (1)	03/10/2005(2)	S	300	D	\$ 78.48	1,855,986	D
Common Stock (1)	03/10/2005(2)	S	1,000	D	\$ 78.49	1,854,986	D
Common Stock (1)	03/10/2005(2)	S	27,100	D	\$ 78.5	1,827,886	D
Common Stock (1)	03/10/2005(2)	S	6,000	D	\$ 78.51	1,821,886	D
Common Stock (1)	03/10/2005(2)	S	2,500	D	\$ 78.52	1,819,386	D
Common Stock (1)	03/10/2005(2)	S	23,500	D	\$ 78.53	1,795,886	D
Common Stock (1)	03/10/2005(2)	S	3,500	D	\$ 78.54	1,792,386	D
Common Stock (1)	03/10/2005(2)	S	3,900	D	\$ 78.55	1,788,486	D
Common Stock (1)	03/10/2005(2)	S	3,100	D	\$ 78.56	1,785,386	D
Common Stock (1)	03/10/2005(2)	S	2,800	D	\$ 78.57	1,782,586	D
Common Stock (1)	03/10/2005(2)	S	2,700	D	\$ 78.58	1,779,886	D
Common Stock (1)	03/10/2005(2)	S	2,300	D	\$ 78.59	1,777,586	D
Common Stock (1)	03/10/2005(2)	S	4,000	D	\$ 78.6	1,773,586	D
Common Stock (1)	03/10/2005(2)	S	600	D	\$ 78.61	1,772,986	D
Common Stock (1)	03/10/2005(2)	S	800	D	\$ 78.62	1,772,186	D
Common Stock (1)	03/10/2005(2)	S	1,200	D	\$ 78.63	1,770,986	D
Common Stock (1)	03/10/2005(2)	S	900	D	\$ 78.64	1,770,086	D
Common Stock (1)	03/10/2005(2)	S	900	D	\$ 78.65	1,769,186	D
Common Stock (1)	03/10/2005(2)	S	500	D	\$ 78.67	1,768,686	D
Common Stock (1)	03/10/2005(2)	S	1,400	D	\$ 78.68	1,767,286	D
	03/10/2005(2)	S	1,700	D		1,765,586	D

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Common Stock (1)					\$ 78.69			
Common Stock (1)	03/10/2005(2)	S	7,700	D	\$ 78.7	1,757,886	D	
Common Stock (1)	03/10/2005(2)	S	500	D	\$ 78.71	1,757,386	D	
Common Stock						107,502	I	By Fairbank Morris Inc.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D)		ate	7. Title Amount Underly Securitic (Instr. 3	t of ring es	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5)  (A) (D)	Date Exercisable	Expiration Date	Title N	Number		

# **Reporting Owners**

Reporting Owner Name / Address	Relationships							
reporting o where I take of Francess	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102	X		Chairman, CEO and President					
Signatures								
D D 11 A N 1 4 (DO A								

By: Polly A. Nyquist (POA 03/14/2005 on File)

\*\*Signature of Reporting Person Date

3 Reporting Owners

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# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on November 12, 2004 in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.