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FRESH AMERICA CORP

Form 4

April 29, 2002

FORM 4 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940 OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). (Print or Type Responses)

- 1.Name and Address of Reporting Person*
- Swergold Eric D, 50 Osgood Place, San Francisco, CA 94133
- 2. Issuer Name and Ticker or Trading Symbol

Fresh America (FRES)

- 3.I.R.S. Identification Number of Reporting Person, if an entity (Voluntary)
- 4.Statement for Month/Year 04/02
- 5. If Amendment, Date of Original (Month/Year)
- 6.Relationship of Reporting Person(s) to Issuer (Check all applicable)
- ___Director__X_10% Owner ___Officer(give title below)___Other(specify below)
- 7. Individual or Joint/Group Reporting (check applicable line)
- $__X$ _Form Filed by One Reporting Person
- ___Form Filed by More than One Reporting Person

Table I-Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

- 1. Title of Security(Instr. 3)
- 2. Trans-action Date (Month/ Day/ Year)
- 3. Trans-action Code(Instr. 8)
- 4. Securities Acquired (A) or Disposed of (D) Amount, A or D, Price
- 5. Amount of Securities Beneficially Owned at the end of Issuer's Fiscal Year
- 6. Owner-ship Form: Direct (D) or Indirect (I) (Instr. 4)
- 7. Nature of Indirect Beneficial Ownership (Instr. 4)

1.	2.	3.	4.	4.	4.	5.	6.	7	
Title	Date	Code	Amount	A/D	Price	Owned	Ownership	Natı	ıre
Common	1/4/2002	b	10000	 А	0.12	734 , 300	I	By LE	and IAA*
Common	1/4/2002	b	5000	A	0.12	734,300	I	By LE	and IAA*
Common	3/6/2002	b	15000	A	0.14	734,300	I	By LE	and IAA*
Common	3/6/2002	b	5000	A	0.14	734,300	I	By LE	and IAA*
Common	3/11/2002	2 b	30000	A	0.18	734,300	I	By LE	and IAA*
Common	3/11/2002	2 b	10000	A	0.18	734,300	I	By LE	and IAA*
Common	3/13/2002	2 b	5000	A	0.17	734,300	I	By LE	and IAA*
Common	3/13/2002	2 b	2000	A	0.17	734,300	I	By LE	and IAA*
Common	3/13/2002	2 b	3000	A	0.17	734,300	I	By LE	and IAA*
Common	3/15/2002	2 b	4000	A	0.30	734,300	I	By LE	and IAA*
Common	3/20/2002	2 b	20000	A	0.40	734,300	I	By LE	and IAA*
Common	3/20/2002	2 b	5000	A	0.40	734,300	I	By LE	and IAA*
Common	3/20/2002	2 b	10000	A	0.40	734,300	I	By LE	and IAA*
Common	3/20/2002	2 b	10000	A	0.40	734,300	I	By LE	and IAA*

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*By LP and IAA= By Limited Partnerships and Investment Advisory Accounts

Table II-Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts calls warrants options, convertible securities) 1. Title of Derivative Security (Instr. 3) 2.Conver- sion or Exercise Price of Derivative Security 3.Trans- action Date (Month/ Day/ Year) 4. Trans- action Code (Instr. 8) 5. Number of Derivative Securities Acquired (A) or Disposed of (D) 6.Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Underlying Securities (Instr. 3 and 4) 8.Price of Derivative Security (Instr. 5) 9. Number of Derivative Securities Beneficially Owned at End of Year 10. Ownership of Derivative Security: Direct (D) or Indirect (I) 11. Nature of Indirect Beneficial Ownership Exercise Transaction Number Date Title Number Ownership Nature Title Price Date Code A or D Exercise Owned D/I Explanation of Responses: **Signature of Reporting Person Date $\verb|**Intentional misstatements or omissions of facts constitute Federal|\\$ Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

If space provided is insufficient, see Instruction 6 for procedure.