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FORDING CANADIAN COAL TRUST

Form 144

September 12, 2005

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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FORM 144

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**NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933**

**SEC USE ONLY
DOCUMENT SEQUENCE
NO.**

ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale

CUSIP NUMBER

directly with a market maker

1 (a) NAME OF ISSUER (Please type or print)

(b) IRS IDENT. NO. (c) S.E.C. FILE NO.

WORK LOCATION

Fording Canadian Coal Trust

000000000

001-15230

1 (d) ADDRESS OF ISSUER STREET
STATE ZIP CODE

CITY

(e) TELEPHONE NO.

205 9 Avenue S.E., Suite 1000, Calgary, Alberta T2G 0R4

(403) 260-9878

2 (a) NAME OF PERSON FOR (b) IRS IDENT. (c) RELATIONSHIP (d) ADDRESS STREET
WHOSE ACCOUNT THE NO. TO CITY STATE ZIP CODE
SECURITIES

ISSUER

ARE TO BE SOLD

5650 Yonge St.
Ontario M2M 4H5

Toronto,

Stockholder

Golden Apple Income Inc.

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S Identification Number and the S.E.C File Number.

3 (a)	SEC USE ONLY	(c)	(d)	(e)	(f)	(g)
Title of the		Number of Shares	Aggregate	Number of Shares	Approximate	Name of Each
Class of	Name and Address of Each Broker Through Whom the	Broker-Dealer	Market	or Other Units	Date of Sale	Securities
Securities		File Number	Value	Outstanding		Exchange
		To Be Sold				

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To Be Sold	Securities are to be Offered or Each Market Maker	(See instr. 3(f))				
	who is Acquiring the Securities	(See instr. 3(c))	(See instr. 3(d))	(See instr. 3(e))	(MO. DAY YR.)	(See instr. 3(g))
Trust Units	RBC Capital Markets Corporation	2,250,000	\$98,812,500	146,981,373	9/12/2005	NYSE
	Royal Bank Plaza, 2nd Floor					TSE
	P.O. Box 50		based on 9/9/2005			
	Toronto, ON					
	M5J 2W7		Closing Price of \$131.75 (NYSE) (see Remarks below)			

INSTRUCTIONS:

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1. (a) Name of issuer

(b) Issuer's I.R.S. Identification Number

(c) Issuer's S.E.C. file number, if any

(d) Issuer's address, including zip code

(e) Issuer's telephone number, including area code

2. (a) Name of person for whose account the securities are to be sold

(b) Such person's I.R.S. identification number, if such person is an entity

(c) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or

member of immediate family of any of the foregoing)

(d) Such person's address, including zip code

3. (a) Title of the class of securities to be sold

(b) Name and address of each broker through whom the securities are intended to be sold

(c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)

(d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of

this notice

(e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof

outstanding, as shown by the most recent report or statement published by the issuer

(f) Approximate date on which the securities are to be sold

(g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

TABLE I SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold

and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of	Date you	Name of Person from Whom Acquired	Amount of	Date of	
the Class	Acquired	Nature of Acquisition Transaction (If gift, also give date donor acquired)	Securities Acquired	Payment	Nature of Payment
Trust Units	2/28/2003	Purchase of Subscription Units Fording Canadian Coal Trust	750,000	2/28/03	Cash

INSTRUCTIONS: If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Sellers	Title of Securities Sold	Date of Sale	Amount of	
			Securities Sold	Gross Proceeds
Golden Apple Income Inc.	Trust Units	06/13/2005	40,300	\$ 4,363,878.00 CAD
		06/13/2005	13,000	\$ 1,123,989.00 USD
		06/14/2005	18,200	\$ 1,951,523.99 CAD
		06/14/2005	7,500	\$ 640,883.50 USD
		06/15/2005	23,900	\$ 2,558,914.99 CAD
		06/16/2005	77,100	\$ 8,350,121.98 CAD
		06/17/2005	104,800	\$ 11,546,153.98 CAD

REMARKS:

The amount of securities to be sold as reported above (2,250,000 Trust Units) takes into account a three-for-one split of all Trust Units, effective September 6, 2005. Trading of the Trust Units on a post-split basis on the NYSE will not commence until September 13, 2005 or shortly thereafter. Therefore, the aggregate market value of the Trust Units as reported above (\$98,812,500) is calculated by multiplying the pre-split closing price of \$131.75 on the NYSE on September 9, 2005 by the pre-split amount of securities to be sold (750,000 Trust Units).

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed.

Golden Apple Income Inc.,

September 12, 2005

/s/ Roger

Barton

DATE OF NOTICE

By: Roger Barton
Director and Secretary

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001).