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HARTLEY THOMAS Y

Form 4

November 21, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287 January 31,

Expires:

2005

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response...

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Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

11/18/2005

Stock

;		2. Issuer Name and Ticker or Trad Symbol SIERRA HEALTH SERVICE [SIE]	Issuer
(Last) 2724 N. TE	(First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year) 11/18/2005	_X_ Director 10% Owner Other (specify below)
	(Street)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check
		Filed(Month/Day/Year)	Applicable Line)
LAS VEGA	AS, NV 89128		_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person
(City)	(State) (Zip)	Table I - Non-Derivative Secu	rities Acquired, Disposed of, or Beneficially Owned
1.Title of Security (Instr. 3)	any	teemed 3. 4. Securities A Transaction(A) or Dispose Code (Instr. 3, 4 and th/Day/Year) (Instr. 8) (A) or Code V Amount (D)	ed of (D) Securities Ownership Indirect Beneficially Form: Direct Beneficial Owned (D) or Ownership Following Indirect (I) (Instr. 4) Reported (Instr. 4) Transaction(s) (Instr. 3 and 4)
Common Stock	11/18/2005	M 2,000 A	\$ 3.75 5,000 D
Common	11/18/2005	S 2,000 D	\$ 3,000 D

2,000

D

79.004

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

S

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D

3,000

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and An Underlying Sec (Instr. 3 and 4)	
			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	o N o S
Non-Employee Director Stock Option (Right to Buy) (1)	\$ 3.75	11/18/2005	M	2	2,000	05/17/2001(2)	05/16/2010	Common	

Reporting Owners

Reporting Owner Name / Address	Relationships					
• 0	Director	10% Owner	Officer	Other		
HARTLEY THOMAS Y 2724 N. TENAYA WAY LAS VEGAS, NV 89128	X					

Signatures

Thomas Y. Hartley/Jayne
Primaky POA 11/21/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of options granted in consideration for services under the Company's 1995 Non-Employee Directors Plan, which meets the requirements of, and which transactions are exempted by, Rule 16b-3 (c).
- (2) Exercisable as to 20% on each of 5/17/01, 5/17/02, 5/17/03, 5/17/04 and 5/17/05.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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