Howes Paul L Form 4 March 07, 2013

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Expires: Estimated average burden hours per response...

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \* Howes Paul L

(First)

(Street)

2. Issuer Name and Ticker or Trading

Symbol

NEWPARK RESOURCES INC

[NR]

3. Date of Earliest Transaction (Month/Day/Year)

03/06/2013

\_X\_ Director 10% Owner X\_ Officer (give title \_ Other (specify

5. Relationship of Reporting Person(s) to

(Check all applicable)

President and CEO

**OMB APPROVAL** 

3235-0287

January 31,

2005

0.5

**OMB** 

Number:

2700 RESEARCH FOREST DRIVE

(Middle)

SUITE 100

(Last)

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

Issuer

below)

#### THE WOODLANDS, TX 77381

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securit or(A) or Di (Instr. 3,	sposed 4 and 3 (A) or	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/07/2013		Code V S	Amount 400 (1)	(D)	Price \$ 9.021	494,968	D	
Common Stock	03/07/2013		S	400 (1)	D	\$ 9.025	494,568	D	
Common Stock	03/07/2013		S	199 (1)	D	\$ 9.035	494,369	D	
Common Stock	03/07/2013		S	6,955 (1)	D	\$ 9.04	487,414	D	
Common Stock	03/07/2013		S	183 (1)	D	\$ 9.045	487,231	D	

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Common Stock	03/07/2013	S	61,618 (1)	D	\$ 9.05	425,613	D	
Common Stock	03/07/2013	S	6,191 (1)	D	\$ 9.055	419,422	D	
Common Stock	03/07/2013	S	26,350 (1)	D	\$ 9.06	393,072	D	
Common Stock	03/07/2013	S	474 (1)	D	\$ 9.065	392,598	D	
Common Stock	03/07/2013	S	4,464 (1)	D	\$ 9.07	388,134	D	
Common Stock	03/07/2013	S	20,801 (1)	D	\$ 9.03	367,333	D	
Common Stock						25,000	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of actionDerivative Securities 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am Nui Sha
Non-Qualified Stock Option	\$ 8.08	03/06/2013		M		343,800	(2)	03/22/2013	Common Stock	34

# **Reporting Owners**

(right to buy)

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Howes Paul L							
2700 RESEARCH FOREST DRIVE SUITE 100	X		President and CEO				
THE WOODLANDS TX 77381							

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# **Signatures**

By: Jennifer F Wilson For: Paul L Howes

03/07/2013

\*\*Signature of Reporting Person

Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The securities were sold pursuant to a Rule 10b5-1 Plan adopted by the Reporting Person in order to exercise an option grant which is expiring on March 22, 2013.
- (2) The shares underlying the option vested annually over three years beginning on the first anniversary of the date of grant. The option became fully exercisable on March 22, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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