MECHANICAL TECHNOLOGY INC

Form 3

April 01, 2003				
	UNIT	TED STATES SECUI	OMB APPROVAL	
FORM 3	SECURITIE Filed pursuant to Public Utility	Washington ATEMENT OF BENEFI S to Section 16(a) of the Securit any Act of 1935 or Section 30	OMB Number: 3235-0104 Expires: December 31, 2001 Estimated average burden hours per response	
Name and Address of Reporting Person* Chaves, Denis P.		2. Date of Event Requiring Statement (Month/Day/Year)	4. Issuer Name and Ticker or Trading Symbol Mechanical Technology Incorporated MKTY	6. If Amendment, Date of Original (Month/Day/Year)
(Last) (First) 431 New Karner Road) (Middle)	March 31, 2003 3. I.R.S. Identification	5. Relationship of Reporting Person(s) to Issuer	7. Individual or Joint/Group Filing (Check Applicable Line) X Individual Filing Joint/Group Filing
(Stre	et)	Number of Reporting Person, if an entity (voluntary)	(Check all applicable)	
Albany, NY 12205			Director 10% Owner Officer X	
(City) (Sta	te) (Zip)		Other Officer/Other Description Vice President & General Manager, MTI Instruments, Inc.	
Table I -	Non-Derivative Securi	ties Beneficially Owned		
1. Title of Security (Instr. 4)		2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form : 4. Nature of (Instr. 5) (Instr. 5)	of Beneficial Ownership
				, .

(over)

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Form 3 (continued)

Torme (continued)					
	rities Beneficially Owned (e.g., tions, convertible securities)	puts, calls, warrants,			
1. Title of Derivative Security (Instr. 4)	2. Date Exercisable(DE) and Expiration Date(ED)	3. Title and Amount of of Underlying Security (Instr. 4)	4. Conversion or Exercise Price	5. Ownership Form (D) Direct or (I) Indirect (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	(DE) (ED)				

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Employee Stock Options (Right to Buy)	08/28/1998 (1) 08/26/2007	Common Stock - 75,450.00	\$0.76	D	
Employee Stock Options (Right to Buy)	06/16/1999 (2) 06/15/2008	Common Stock - 90,000.00	\$1.33	D	
Employee Stock Options (Rights to Buy)	12/18/1999 (3) 12/17/2008	Common Stock - 90,000.00	\$1.7638889	D	
Employee Stock Options (Rights to Buy)	03/30/2001 (4) 03/29/2010	Common Stock - 30,000.00	\$21.625	D	
Employee Stock Options (Rights to Buy)	12/15/2001 (5) 12/14/2010	Common Stock - 25,000.00	\$2.88	D	

Explanation of Responses:

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient,

See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

04-01-2003

** Signature of Reporting Person Date

Denis P. Chaves

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FOOTNOTE Descriptions for Mechanical Technology Incorporated MKTY

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Denis P. Chaves 431 New Karner Road

Albany, NY 12205

Explanation of responses:

- (1) Options vest annually at a rate of 25% per year beginning 08/27/98.
- (2) Options vest annually at a rate of 25% per year beginning 06/16/99.
- (3) Options vest annually at a rate of 25% per year beginning 12/18/99.
- (4) Options vest annually at a rate of 25% per year beginning 03/30/01.
- (5) Options vest annually at a rate of 25% per year beginning 12/15/01.

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