CAPITAL ONE FINANCIAL CORP Form 8-K February 18, 2014

UNITED STATES SECURITIES AND EXCHANGE Washington, DC 20549	E COMMISSION	
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 19		
February 18, 2014 Date of Report (Date of earliest ev	vent reported)	
CAPITAL ONE FINANCIAL CO (Exact name of registrant as speci		
 Delaware	1-13300	54-1719854
(State or other jurisdiction	(Commission File Number)	(IRS Employer
of incorporation) 1680 Capital One Drive,	22102	Identification No.
McLean, Virginia	22102	1.)
(Address of principal executive of	ffices) (Zip Co	ode)
Registrant's telephone number, in	cluding area code: (703) 720-100	00
(Former name or former address, (Not applicable)	if changed since last report)	

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- oWritten communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- oPre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- oPre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

Capital One Financial Corporation (the "Company") hereby furnishes the information in Exhibit 99.1 hereto, Monthly Charge-off and Delinquency Statistics - As of and for the month ended January 31, 2014.

Note: Information in this report (including the exhibit) furnished pursuant to Item 7.01 shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section. This report will not be deemed an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD. Furthermore, the information provided in Exhibit 99.1 shall not be deemed to be incorporated by reference into the filings of the Company under the Securities Act of 1933.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit Description

99.1 Monthly Charge-off and Delinquency Statistics - As of and for the month ended January 31, 2014

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this Current Report on Form 8-K to be signed on its behalf by the undersigned hereunto duly authorized.

CAPITAL ONE FINANCIAL CORPORATION

Date: February 18, 2014 By: /s/ R. SCOTT BLACKLEY

R. Scott Blackley

Controller and Principal Accounting Officer

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EXHIBIT INDEX

Exhibit Description

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