NEWFIELD EXPLORATION CO /DE/

Form 4

August 17, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * Jasek John H

2. Issuer Name and Ticker or Trading

Symbol

NEWFIELD EXPLORATION CO

/DE/ [NFX]

3. Date of Earliest Transaction

(Month/Day/Year) 08/15/2016

Director Officer (give title

10% Owner Other (specify

4 WATERWAY SQUARE PLACE,

(Middle)

SUITE 100 (Street)

(First)

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

5. Relationship of Reporting Person(s) to

(Check all applicable)

Sr. Vice President-Operations

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Issuer

below)

THE WOODLANDS, TX 77380

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secui	rities Acqui	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit or Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
common stock	08/15/2016		M	300 (1)	A	\$0	105,449	D	
common stock	08/15/2016		M	2,880 (1)	A	\$ 0	108,329	D	
common stock	08/15/2016		M	5,950 (1)	A	\$0	114,279	D	
common stock	08/15/2016		D	9,130 (2)	D	\$ 47.085	105,149	D	
common stock	08/15/2016		F	10,461	D	\$ 47.085	94,688	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number iomf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock Unit	\$ 0 (1)	08/15/2016		M		300	08/15/2014	02/01/2017	common stock	300
Phantom Stock Unit	\$ 0 (1)	08/15/2016		M		2,880	08/15/2015	02/15/2018	common stock	2,880
Phantom Stock Unit	\$ 0 <u>(1)</u>	08/15/2016		M		5,950	08/15/2016	02/15/2019	common stock	5,950

Reporting Owners

Reporting Owner Name / Address	Relationships						
•	Director	10% Owner	Officer	Other			

Jasek John H

4 WATERWAY SQUARE PLACE, SUITE 100

Sr. Vice President-Operations

THE WOODLANDS, TX 77380

Signatures

/s/ Timothy D. Yang as attorney-in-fact for John H. Jasek 08/17/2016

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each cash-settled restricted stock unit subject to this award is the economic equivalent of one share of the issuer's common stock and may be settled solely in cash.
- (2) Transaction reflects the conversion of cash-settled restricted stock units into cash.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.