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McLoughlin Kare	n										
Form 4	_										
February 28, 2019)										
FORM 4			GEGU			CIII A	NGE			PPROVAL	
		STATES	ATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						N OMB Number:	3235-0287	
Check this box				_					Expires:	January 31,	
if no longer subject to STATEMENT OF CHAN				NGES IN BENEFICIAL OWNERSHIP OF					Estimated	2005 average	
Section 16.		SECURITIES					burden hou	•			
Form 4 or								response	•		
Form 5 obligations	-							nge Act of 1934,			
may continue. See Instruction 1(b).	Section 17(tility Holo westment	-	~ `	-	of 1935 or Section 940	on		
(Print or Type Respon	nses)										
1. Name and Address of Reporting Person [*]			2. Issuer Name and Ticker or Trading				ng	5. Relationship of Reporting Person(s) to			
McLoughlin Karen Sym				ymbol				Issuer			
			COGNIZANT TECHNOLOGY SOLUTIONS CORP [CTSH]				Y	(Check all applicable)			
(Last) (Last)	First) (Middle)	3. Date o	f Earliest Ti	ransaction			Director		6 Owner	
(Month/				onth/Day/Year)				X_ Officer (give title Other (specify below) below)			
COGNIZANT TI			02/26/2	.019				· · · · · · · · · · · · · · · · · · ·	f Financial Offic	er	
SOLUTIONS CO W. BURR BLVD		RANK									
	Street)		4. If Am	endment, Da	ate Origina	վ		6. Individual or	Joint/Group Fili	ng(Check	
				led(Month/Day/Year)				Applicable Line)			
				·				$X_Form filed by$			
TEANECK, NJ ()7666							Form filed by Person	More than One R	eporting	
(City) (S	State)	(Zip)	Tab	le I - Non-I	Derivative	Secur	ities A	cquired, Disposed	of, or Beneficia	lly Owned	
1.Title of 2. Tra	insaction Date	2A. Deeme	d	3.	4. Securit			5. Amount of	6. Ownership	7. Nature of	
•	th/Day/Year)		Date, if	Transaction				Securities	Form: Direct	Indirect	
(Instr. 3)		any (Month/Day/Year)		CodeDisposed of (D)(Instr. 8)(Instr. 3, 4 and 5)			Beneficially Owned	(D) or Indirect (I)	Beneficial Ownership		
		(Monui/Da	y/1eal)	(11150. 0)	(11150.5,4	+ anu .))	Following	(I) (Instr. 4)	(Instr. 4)	
						(\mathbf{A})		Reported			
						(A) or		Transaction(s)			
				Code V	Amount		Price	(Instr. 3 and 4)			
Reminder: Report on	a separate line	e for each cla	uss of sec	urities benef	ficially ow	ned di	rectly o	or indirectly.			

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed 4. 5. Number of Execution Date, if Transactio-Derivative any Code Securities (Month/Day/Year) (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. l De Sec (In	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	<u>(1)</u>	02/26/2019		А	27,762	(2)	(2)	Class A Common Stock	27,762	
Restricted Stock Units (3)	<u>(1)</u> <u>(3)</u>	02/26/2019		А	47,336	<u>(3)</u>	(3)	Class A Common Stock	47,336	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
McLoughlin Karen COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD. TEANECK, NJ 07666			Chief Financial Officer			
Signatures						
/s/ Harry Demas, on behalf of Karen McLoughlin, by Po Attorney	ower of	02/28	8/2019			
<u>**</u> Signature of Reporting Person		Da	ate			

Explanation of Responses:

-	
*	If the form is filed by more than one reporting person, <i>see</i> Instruction 4(b)(v).
**	Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
(1)	Each restricted stock unit represents a contingent right to receive one share of Class A Common Stock of Cognizant Technology Solutions Corporation (the "Company").
(2)	The time-vesting restricted stock units (the "RSUs") were granted on February 26, 2019 under the Cognizant Technology Solutions Corporation 2017 Incentive Award Plan and vest in quarterly installments over three years, commencing on June 1, 2019, with 1/12th of the stock units vesting on each quarterly vesting date so that the stock units will be fully vested on the twelfth quarterly vesting date. The stock units will be fully vested on March 1, 2022.
(3)	Represents the total number of performance-based restricted stock units (the "PSUs") that are eligible to vest as a result of the Company having attained certain performance milestones, as determined by the Company's Compensation Committee on February 26, 2019 based upon the Company's audited financial statements for the 2017 and 2018 fiscal years. The PSUs were granted on March 2, 2017 pursuant to the Company's 2009 Incentive Compensation Plan. In accordance with the award agreement, 1/3rd and 2/3rds of the PSUs that are eligible to vest will vest on July 1, 2019 and January 1, 2020, respectively, provided in each case that Ms. McLoughlin remains in the Company's service through such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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