Edgar Filing: JAECKEL THEODORE R JR - Form 4

	HEODORE R JR										
Form 4 December 13	2019										
	_							OMB AI	PPROVAL		
FORM	UNITEDS		CURITIES A Washington,			NGE (COMMISSION		3235-0287		
if no long subject to Section 16 Form 4 or Form 5 obligation may conti	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 Section 1940 Sect								rs per		
(Print or Type R	esponses)										
			2. Issuer Name and Ticker or Trading Symbol BLACKROCK MUNIHOLDINGS NEW JERSEY QUALITY FUND, INC. [MUJ]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) 55 EAST 52	(Last) (First) (Middle) 3. (Note: 55 EAST 52ND STREET 12			ansaction			Officer (give below)	title <u>X</u> Other (specify below) folio Manager			
			Amendment, Da (Month/Day/Year)	-			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
NEW YORK	K, NY 10055						Form filed by N Person	Nore than One Re	porting		
(City)	(State) (Zip)	Fable I - Non-D	erivative S	Securi	ties Aco	quired, Disposed of	f, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code ear) (Instr. 8)	4. Securi on(A) or Di (D) (Instr. 3,	4 and (A) or	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	12/12/2018		S	3,300	D	\$ 12.8	20,844	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Amou Unde Secur	le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
				Code V	. ,	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
JAECKEL THEODORE R JR 55 EAST 52ND STREET NEW YORK, NY 10055				Portfolio Manager				
Signatures								
/s/ Eugene Drozdetski as Attorney-in-Fact		12/13	/2018					
**Signature of Reporting Person		Da	te					
Explanation of Responses:								

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.