### Edgar Filing: Young Christopher A - Form 4

Young Chris	topher A										
Form 4											
April 12, 201	_										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								r	OMB APPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									ONID	3235-0287	
Check thi	is box		vv as	anngton,	D.C. 20	549			Number:	January 31,	
if no long	ger STATEN	IENT O	FCHAN	CES IN I	RENEFI	CIA		NEBSHID OF	Expires:	2005	
subject to	)		r Chan	GES IN BENEFICIAL OWN SECURITIES					Estimated average		
Section 1 Form 4 or				SECUR	SECURITIES				burden hou	•	
Form 5		suant to	Section 10	5(a) of the	- Securit	ies F	vchano	e Act of 1934,	response	0.5	
obligation	ns Section 17(						-	f 1935 or Sectio	n		
may cont	inue.		of the In	•	•	· ·					
See Instru 1(b).	iction	00(11)	01 010 111		Compun	<i>j</i> = 10					
(Print or Type F	Responses)										
	ddress of Reporting	Person _		r Name and Ticker or Trading dated Communications				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
Young Chris	stopher A		Symbol								
			Holding	s, Inc. [C]	NSLJ			× ×		, 	
(Last)	(First) (N	Middle)	3. Date of	Earliest Tra	ansaction			Director		6 Owner	
(Month/Da				-				_X_ Officer (give title Other (specify below) below)			
121 SOUTH	I 17TH STREET		04/05/20	010				· · · · · · · · · · · · · · · · · · ·	ef Info Officer		
(Street) 4. If			4. If Ame	. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed(Mor				nth/Day/Year)				Applicable Line)			
								_X_Form filed by C			
MATTOON	I, IL 61938-3987							Person	More than One Re	eportung	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securi	ities Aco	uired, Disposed of	f. or Beneficial	lv Owned	
1.Title of	2. Transaction Date	e 2A Dee		3.				5. Amount of	6. Ownership	-	
Security	(Month/Day/Year)		on Date, if	Transaction(A) or Disposed of Code (D)				Securities	Form: Direct	Indirect	
(Instr. 3)		any						Beneficially	(D) or	Beneficial	
		(Month/	Day/Year)	(Instr. 8)	(Instr. 3,	4 and	5)	Owned Following	Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
								Reported	(111501.4)	(11150.4)	
						(A)		Transaction(s)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common						(2)					
Stock, par	04/05/2010			C	( (10	D	\$	54.505	D		
value \$0.01	04/05/2010			S	6,618	D	19.5	54,595	D		
per share											

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

### Edgar Filing: Young Christopher A - Form 4

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title Amour Underl Securit (Instr. 2	nt of ying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

# **Reporting Owners**

Relationships							
Director	10% Owner	Officer	Other				
		Chief Info Officer					
(	04/12/2010						
	Date						
		Director 10% Owner 04/12/2010	Director 10% Owner Officer Chief Info Officer 04/12/2010				

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

### **Remarks:**

All sales executed under a programmed trading plan entered into pursuant to the requirements of Rule 10b5-1 under the Secur

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.