Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Kyne Brendan			2. Date of Event Requiring Statement (Month/Day/Year) 08/03/2009	BLACKRC	3. Issuer Name and Ticker or Trading Symbol BLACKROCK MUNIHOLDINGS NEW JERSEY INSURED FUND, INC. [MUJ]						
(Last)	(First)	(Middle)	00/05/2007	4. Relationshi Person(s) to Is	p of Reporting		.mendment, Date Original Month/Day/Year)				
40 EAST 521	ND STREE	ΕT					•				
	(Street)			(Check	(Check all applicable) 6. Individual or Joint/Grou						
NEW YORK	., NY 1	0022		.e	10% O Other /) (specify below e President	wner Filing _X_Fo v) Person Fo	(Check Applicable Line) orm filed by One Reporting rm filed by More than One ing Person				
(City)	(State)	(Zip)	Table	I - Non-Derivat	Non-Derivative Securities Beneficially Owned						
1.Title of Security (Instr. 4)			Benefi	Beneficially Owned Ownership Own		4. Nature of I Ownership (Instr. 5)	Indirect Beneficial				
Reminder: Repo owned directly o		ate line for ea	ch class of securities be	eneficially S	EC 1473 (7-02)						
Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Beneficially Owned (<i>e.g.</i> , puts, calls, warrants, options, convertible securities)											
1:	able II - Der	ivative Secul	rities Beneficially Own	ied (<i>e.g.</i> , puts, calls,	warrants, optio	ons, converti	ble securities)				
1. Title of Deriv (Instr. 4)	ative Securit	Expir	ration Date Se	Title and Amount of ecurities Underlying erivative Security	4. Conversion or Exercise		6. Nature of IndirectBeneficial Ownership (Instr. 5)				

(Instr. 4)

Expiration Title

Date

Date

Exercisable

Price of

Security

Amount or

Number of

Shares

Derivative

Derivative

Security:

Direct (D)

or Indirect

(I)

OMB APPROVAL

3235-0104

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average burden hours per

(Instr. 5)

Reporting Owners

Reporting Owner Name / Address	Relationships					
1 0	Director	10% Owner	Officer	Other		
Kyne Brendan 40 EAST 52ND STREET NEW YORK, NY 10022	Â	Â	Vice President	Â		
Signatures						
/s/ Aaron Wasserman as Attorney-in-Fact	08/06/2009					
**Signature of Reporting Person	Date					

Explanation of Responses:

No securities are beneficially owned

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Remarks:

No securities are beneficially owned.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.