## Edgar Filing: AMERUS GROUP CO/IA - Form 4

AMERUS GI Form 4 January 05, 2	ROUP CO/IA 006									
FORM	1								PPROVAL	
	UNITED 5	TATES SECUR Was	ITIES Al hington, 1			NGE (	COMMISSION	OMB Number:	3235-0287	
Check this if no long subject to Section 16 Form 4 or	er <b>STATEM</b> 5.	ENT OF CHAN	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						Expires: January 31 2005 Estimated average burden hours per response 0.5	
Form 5 obligation may conti <i>See</i> Instru 1(b).	Filed purs s Section 17(a	uant to Section 10 ) of the Public Ut 30(h) of the In	ility Hold	ing Com	pany	Act o	f 1935 or Sectio		0.0	
(Print or Type R	esponses)									
1. Name and Ad PESTER JA	Symbol	2. Issuer Name <b>and</b> Ticker or Trading Symbol AMERUS GROUP CO/IA [AMH]				5. Relationship of Reporting Person(s) to Issuer				
(Last)					L	1	(Chec	ck all applicable	e)	
699 WALNU 2000	UT STREET, SUI	(Month/D	ay/Year)				X Director Officer (give below)		6 Owner er (specify	
		4. If Amendment, Date Original Filed(Month/Day/Year)				<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> </ul>				
DES MOINE	ES, IA 50309						Form filed by N Person	More than One Re	eporting	
(City)	(State) (	Zip) Table	e I - Non-Do	erivative S	ecuri	ties Ac	quired, Disposed of	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8) Code V	4. Securit onAcquired Disposed (Instr. 3, Amount	(A) o of (D	)	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	01/03/2006	01/03/2006	А	389	A	\$0	16,138	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour or Numbe of Shares
Non-Qualified Option (Right to Buy)	\$ 56.61	01/03/2006	01/03/2006	А	3,500	(1)	01/03/2016	Common Stock	3,50

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
PESTER JACK C 699 WALNUT STREET SUITE 2000 DES MOINES, IA 50309	Х						
Signatures							
/s/ Jeananne M. Celander, attor Pester	01/05/2006						

\*\*Signature of Reporting Person

Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Grant of option exempt under Rule 16b-3. The option becomes exercisable in increments as follows: 1,167 on 01/03/2007; 1,166 on 01/03/2008; and 1,167 on 01/03/2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date