JAMES KAREN Form 4 February 22, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287

Expires: January 31, 2005

Estimated average burden hours per response... 0.5

5 Relationship of Reporting Person(s) to

Ι

Ι

28,770.968

3,163.625

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Common

Common

Stock

Stock

1(b).

(Print or Type Responses)

1 Name and Address of Reporting Person *

			Syn	2. Issuer Name and Ticker or Trading Symbol BANCFIRST CORP /OK/ [BANF]				S. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 101 N. BROADWAY			(M	3. Date of Earliest Transaction (Month/Day/Year) 02/17/2011				Director 10% OwnerX_ Officer (give title Other (specify below) below) EVP & Regional Executive				
OKLAHOMA CITY, OK 73102				If Amendment, Da ed(Month/Day/Year	Č	ıl		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
	(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Ac					ities Acqu	equired, Disposed of, or Beneficially Owned				
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da any (Month/Day/	Code	4. Securi on(A) or Di (Instr. 3,	(A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Common Stock	02/17/2011		M	5,250	A	\$ 10.625	5,250	D			
	Common Stock	02/17/2011		S	5,250	D	\$ 42.39	0	D			
	Common Stock	02/17/2011		M	4,750	A	\$ 10.625	4,750	D			

ESOP

by Spouse

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Non-Qualified Stock Option	\$ 10.625	02/17/2011		M	5,250	06/01/2000	06/01/2011	Common Stock	5,2
Non-Qualified Stock Option	\$ 10.625	02/17/2011		M	4,750	06/01/2000	06/01/2011	Common Stock	4,7

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

JAMES KAREN 101 N. BROADWAY OKLAHOMA CITY, OK 73102

EVP & Regional Executive

Signatures

By: Randy Foraker For: Karen
James 02/22/2011

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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