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GALLANT DEBORAH L Form 4 January 03, 2003 FORM 4 STATEMENT OF						
CHANGES IN BENEFICIAL OWNERSHIP						
Check this box if no longer subject to Section 16.	Form 4 or Form 5 obligations may continue. See Instruction 1(b)					
1. Name and Address of Reporting Person*						
(Last)	Gallant					
(First)	Deborah					
(Middle)	L.					
(Street)	25 Westminster Terrace					
(City)	Cape Elizabeth					
(State)	ME					
(Zip)	04107-1151					
2. Issuer Name and Ticker or Trading Symbol						
(Issuer Name)	Maine Public Service Company					
(Ticker or Trading Symbol)	MAP					
3. I.R.S. or Social Security Number of Reporting	Person (Voluntary)					
(I.D. Number)	006-54-5444					
4. Statement for Month/Day/Year						
(Month/Day)	January 3,					
(Year)	2003					

5. If Amendment, Date of Original (Month/Day/Year)

(Month/Day)

(Year)

1

6. Relationship of Reporting Person(s) to Issuer (Check all applicable)

X

X (Director)

(Officer, give title below)

(10% Owner)

(Other, specify below)

7. I nd i vidual or Joint/Group Filing (Check Applicable Line)

X

X Form filed by One Reporting Person

Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of	2. Transac-tion	Deemed	3. Transactio Code	4. Securi Acquired Disposed		or O)	5. Amount of Securities Beneficially	6. Owner-ship Form:	7. Nature of Indirect
Security (Instr. 3)	(Month/	Execution Date, if any (Month/	(Instr. 8)	(Instr. 3,	4, and (A)or	15)	Owned Following Reported Transaction(s)	Direct (D) or Indirect (I)	Beneficial Ownership
	Day/Year)	Day/Year)	Code V	Amount	(D)	Price	(Instr. 3 & 4)	(Instr. 4)	(Instr. 4)
Common	01/2/03	01/2/03	P	23	A	32.00	735	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

	2.			4.	5.	6. Date Exercisable and
1. Title of	Conversion		3A. Deemed	Transactio	nNumber	Expiration Date
Derivative	or Exercise	3. Transaction Date	Execution Date, if	Code	of	(Month/Day/Year)
Security	Price of	(Month/Day/Year)	any	(Instr.8)	Derivative	e
(Instr. 3)	Derivative		(Month/Day/Year)		Securities	
	Security				Acquired	
					(A) or	
					Disposed	

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of (D)
(Instr. 3,
4, and 5)

Code V (A) (D) Date Expiration
Exercisable Date

Table IIC ontinue d-Derivative Securities Acquired, Dispose do for Beneficial lyOwned

(e.g., p u t s, calls, warrants, options, convertible securities)

7. Title and Amount of Underlying 8. Price of 9. Number of Derivative 10. Ownership Form of 11. Nature of Securities (Instr. 3 Derivative Securities Beneficially Owned Derivative Securities **Indirect Beneficial** and 4) Security (Instr. Following Reported Beneficially Owned at End Ownership (Instr. Transaction(s) (Instr. 4) of Month (Instr. 4) 4) Amount or 5) Title Number of Shares

Explanation of Responses:

/ s / Larry E. LaPlante 01/3/03

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

^{**}Signature of Reporting Person Date

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a.).

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

LIMITED POWER OF ATTORNEY

KNOWALLPERSONSBYTHESEPRESENTS.

THAT the undersigned has made, constituted and appointed, and does make, constitute and appoint any of

L.E. LaPlante , K.A. Tornquist , or M.A. Thibodeau his/her true and lawful attorney-in-fact and agent, with full power of substitution and resubstitution for him/her and in his/her name, place and stead, in any and all capacities to complete, execute and deliver for filing with the U.S. Securities and Exchange Commission (the "SEC") and any other governmental agency or stock exchange deemed appropriate by said attorney, any Form 4 (or any successor form thereto) of the SEC, with all exhibits thereto, and other documents in connection therewith, for changes in beneficial ownership of stock of Maine Public Service Company, a Maine corporation ("MPS") resulting from (a) MPS' Stock Plan for Outside Directors, or (b) any other change in his/her beneficial ownership of MPS stock for which the undersigned has given any written or oral notice to MPS, hereby ratifying and confirming whatsoever said attorney, or his/her substitute or substitutes shall do by authority hereof.

This power of attorney shall survive the death or disability of the undersigned.

/s/ Deborah L. Gallant

Deborah L. Gallant Dated: 9/6/02