RAINBOLT H E Form 4 August 01, 2012

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or Form 5 Washington, D.C. 20549

Number:

Expires:

2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Number:

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2005

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SECURITIES

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Form 5 obligations may continue. See Instruction See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person _ RAINBOLT H E			2. Issuer Name and Ticker or Trading Symbol BANCFIRST CORP /OK/ [BANF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 101 N. BROA	(First) DWAY	(Middle)	3. Date of (Month/Date 07/30/20	ay/Year)	Гга	ansaction			_X_ Director _X_ Officer (give below)	10%	Owner er (specify	
OKLAHOMA	(Street) CITY, OK 7	73102	4. If Amer Filed(Mon			_	l		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	-	rson	
(City)	(State)	(Zip)	Table	e I - Non-	·D	erivative (Secur	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned	
	Transaction Da Month/Day/Year	r) Execution any		Code (Instr. 8)		4. Securit r(A) or Di (Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock 0	7/30/2012			S		3	D	\$ 40.62	374	D		
Common Stock									58,801.896	I	ESOP	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exer		7. Title a		8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if		onNumber	Expiration D		Amount		Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	_	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities	S		(Instr. 3	and 4)		Own
	Security				Acquired						Follo
	,				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						(IIISti
					4, and 5)						
					4, and 3)						
								A	mount		
						D.	E	01	r		
						Date Expir Exercisable Date	Expiration		umber		
							Date	01			
				Code V	(A) (D)				hares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
RAINBOLT H E 101 N. BROADWAY OKLAHOMA CITY, OK 73102	X		Chairman				

Signatures

By: Randy Foraker For: H.E. 08/01/2012

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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