GOULD MATTHEW J

Form 4

August 13, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

Symbol

OMB Number:

3235-0287 January 31,

OMB APPROVAL

Expires: 2005 Estimated average

burden hours per

5. Relationship of Reporting Person(s) to

Issuer

48,745 (4)

I

response... 0.5

if no longer subject to Section 16. Form 4 or Form 5

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

Shares of

Beneficial

1(b).

(Print or Type Responses)

GOULD MATTHEW J

1. Name and Address of Reporting Person *

00022 NATI 1112 W			BRT REALTY TRUST [BRT]				(Check all applicable)			
(Last) (First) (Middle) 60 CUTTER MILL ROAD, SUITE 303				3. Date of Earliest Transaction (Month/Day/Year) 08/11/2010				Director 10% Owner Selow) Other (specify below) SENIOR VICE PRESIDENT		
(Street) GREAT NECK, NY 11021				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
	(City)		(Zip)	Tabla	I Non De	orivativa S	Socurities A	Person cquired, Disposed	l of or Ronofic	ially Owned
	1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		ned Date, if	3. Transaction Code (Instr. 8)	4. Securit	ies (A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect
	Beneficial Interest							298,248 <u>(1)</u>	D	
	Shares of Beneficial Interest							20,479 (2)	I	As custodian
	Shares of Beneficial Interest							37,081 <u>(3)</u>	I	By corporation

By spouse

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interest								
Shares of Beneficial Interest						33,259 <u>(5)</u>	I	By trust
Shares of Beneficial Interest	08/12/2010	P	200	A	\$ 5	940 (6)	I	By children
Shares of Beneficial Interest						23,469 (7)	I	By foundation
Shares of Beneficial Interest	08/11/2010	P	2,500	A	\$ 5	2,771,818 (8)	I	By limited partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title Amoun Underly Securit (Instr. 3	t of ying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title I	Amount or Number of Shares		

Reporting Owners

Interest

Reporting Owner Name / Address	Ketationships						
	Director	10% Owner	Officer	Other			

GOULD MATTHEW J 60 CUTTER MILL ROAD, SUITE 303 GREAT NECK, NY 11021

SENIOR VICE PRESIDENT

2 Reporting Owners

Signatures

Matthew J. 08/13/2010

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Total includes shares owned by IRA of reporting person and shares owned by money purchase pension plan.
- (2) Reporting person holds these shares as custodian for his children. Reporting person disclaims any beneficial interest in these shares.
- (3) Reporting person is a senior vice president of One Liberty Properties, Inc., the corporation which owns these shares.
- (4) Reporting person disclaims any beneficial interest in these shares.
- (5) These shares are owned by a family trust of which reporting person is a trustee.
- (6) These shares are owned by children of reporting person who reside with reporting person. Reporting person disclaims any beneficial interest in these shares.
- (7) These shares are owned by a charitable foundation of which reporting person is a director.
 - These shares are owned by Gould Investors L.P. Reporting person is president of the corporate managing general partner of Gould
- (8) Investors L.P., and he holds limited partnership interests in Gould Investors L.P. These shares represent all shares of issuer owned by Gould Investors L.P.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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