GOULD FREDRIC H

Form 4

March 19, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Person

January 31, Expires: 2005

0.5

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

burden hours per response...

Estimated average

See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** GOULD FREDRIC H	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer				
(Last) (First) (Middle)	BRT REALTY TRUST [BRT] 3. Date of Earliest Transaction	(Check all applicable)				
60 CUTTER MILL ROAD, SUITE 303	(Month/Day/Year) 03/20/2009	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) CHAIRMAN OF BOARD				
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person				
CDEAT NECK NV 11021		Form filed by More than One Reporting				

GREAT NECK, NY 11021

(City)	(State) (Z	Zip) Table	I - Non-D	erivative S	Securities	Acquired, Disposed	l of, or Benefic	rially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. SecuritonAcquired Disposed (Instr. 3,	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Shares of Beneficial Interest						260,056 (1) (2) (3)	D	
Shares of Beneficial Interest						30,048 (4)	I	By corporation
Shares of Beneficial Interest						20,469 (5)	I	By partnership
Shares of Beneficial						25,105 <u>(6)</u>	I	By spouse

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Interest								
Shares of Beneficial Interest						26,951 <u>(7)</u>	I	By trust
Shares of Beneficial Interest						16,915 <u>(8)</u>	I	By trust
Shares of Beneficial Interest						203,039 (9)	I	By trust
Shares of beneficial interest						19,018 (10)	I	By foundation
Shares of Beneficial Interest	03/17/2009	A	3,000	A	\$ 3	2,189,282 (11)	I	By limited partnership
Shares of Beneficial Interest	03/18/2009	A	100	A	\$ 3	2,189,382 (11)	I	By limited partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. ionNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	.	ate	7. Title Amoun Underly Securiti (Instr. 3	t of ying ies	8. Price of Derivative Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title N	Amount or Number of Shares	

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

GOULD FREDRIC H

60 CUTTER MILL ROAD, SUITE 303 X CHAIRMAN OF BOARD

GREAT NECK, NY 11021

Signatures

Fredric H. Gould, by Simeon Brinberg, his attorney in fact 03/20/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Total includes 2,516 shares in reporting person's IRA.
- (2) Includes shares owned by Gould General LLC, of which reporting person is sole member.
- (3) Includes 1,000 shares of issuer which will be issued effective as of February 2, 2009 if the issuer's shareholders approve the adoption of a new incentive plan at the shareholders' meeting scheduled in March 2009.
- (4) Reporting person is an officer and director of One Liberty Properties, Inc., the corporation which owns these shares..
- (5) Reporting person is a partner in 130 Store Company, which owns these shares.
- (6) Reporting person disclaims beneficial interest in these shares. Reporting person's spouse is a director of the Gould Shenfeld Family Foundation which acquired and owns 19,018 shares of issuer.
- (7) Reporting person is grantor of the Gould Family Trust, which owns these shares.
- (8) Reporting person is a trustee of BRT Realty Trust Pension Trust, which owns these shares.
- (9) Reporting person is a trustee of, and participant in, the pension and profit sharing trusts of REIT Management Corp., which owns these shares.
- (10) Reporting person is a director of the Gould Shenfeld Family Foundation.
 - Represents shares owned by Gould Investors L.P. Reporting person is sole shareholder and an executive officer of the corporate
- managing general partner of Gould Investors L.P. and sole member of a limited liability company which is the other general partner of Gould Investors L.P. Reporting person also holds limited partnership interests in Gould Investors L.P. both directly and indirectly. These shares represent all shares of issuer owned by Gould Investors L.P.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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