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MCF CORP

Form 5 November 23	3 2007										
FORM							OMB AI	PPROVAL			
UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMB Number:	3235-0362			
Check this box if no longer subject			Washington, D.C. 20549				Expires:	January 31, 2005			
to Section Form 4 or 5 obligatio may contin	Form ANNU ns nue.		MENT OF CHANGES IN BENEFICIAL ERSHIP OF SECURITIES				Estimated a burden hou response	average rs per			
<i>See</i> Instruct 1(b). Form 3 Ho Reported Form 4 Transactio Reported	Filed pursu Filed pursu fildings Section 17(a)	ant to Section 16 of the Public Uti 30(h) of the Inv	ility Holding	g Compa	iny Act o	of 1935 or Section	n				
HELFET ANTHONY B s			2. Issuer Name and Ticker or Trading Symbol MCF CORP [MEM]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (Mi		3. Statement for Issuer's Fiscal Year Ended				(Check all applicable)				
(Month/D 11/23/20			n/Day/Year) /2007			_X_Director10% Owner Officer (give titleOther (specify					
600 CALIFO FLOOR	ORNIA STREET, A	9TH				below)	below)				
			onth/Day/Year)				oint/Group Reporting ck applicable line)				
SAN FRAN (City)	CISCO, CA 94 (State) (Z	T \	L Non Dori	votivo Soo	uritios A a	_X_ Form Filed by (Form Filed by N Person	More than One R	eporting			
1.Title of	2. Transaction Date		3.	4. Securities 5. Amount of 6. Ownership 7. No.							
Security (Instr. 3)		Execution Date, if any (Month/Day/Year)		Acquired Disposed (Instr. 3,	d (A) or d of (D) 4 and 5) (A) or	Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)					
Common Restricted Stock	Â	Â	Â	Amount Â	(D) Pr Â		D	Â			
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless							SEC 2270 (9-02)				

the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pı Deri Secu (Inst
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Option	\$ 9.94	Â	Â	Â	Â	Â	03/24/2006	12/27/2007	Option	1,774	
Option	\$ 7.21	Â	Â	Â	Â	Â	09/12/2005	12/27/2007	Option	21,429	
Option	\$ 9.94	Â	Â	Â	Â	Â	03/24/2006	12/27/2007	Option	3,227	
Option	\$ 4.9	Â	Â	Â	Â	Â	08/11/2006	12/27/2007	Option	2,679	
Option	\$ 4.9	Â	Â	Â	Â	Â	08/11/2006	12/27/2007	Option	1,191	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HELFET ANTHONY B 600 CALIFORNIA STREET 9TH FLOOR SAN FRANCISCO, CA 94108	ÂX	Â	Â	Â			

Signatures

Anthony B Helfet 11/23/2007 **Signature of Date Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.