BLACKROCK MUNIHOLDINGS INSURED FUND II, INC.

Form N-Q June 28, 2010 UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
FORM N-Q
QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED MANAGEMENT INVESTMENT COMPANY
Investment Company Act file number 811-09191
Name of Fund: BlackRock MuniHoldings Insured Fund II, Inc. (MUE)
Fund Address: 100 Bellevue Parkway, Wilmington, DE 19809
Name and address of agent for service: Anne F. Ackerley, Chief Executive Officer, BlackRock MuniHoldings Insured Fund II, Inc., 55 East 52 ⁿ Street, New York, NY 10055.
Registrant's telephone number, including area code: (800) 882-0052, Option 4
Date of fiscal year end: 07/31/2010
Date of reporting period: 04/30/2010
Item 1 – Schedule of Investments

Schedule of Investments April 30, 2010 (Unaudited)

BlackRock MuniHoldings Insured Fund II, Inc. (MUE) (Percentages shown are based on Net Assets)

Municipal Bonds	Par (000)	Value
Alabama 2.9%		
Birmingham Special Care Facilities		
Financing Authority, RB, Children s	¢ 5.005	ф. 5 (50 4 60
Hospital (AGC), 6.00%, 6/01/39 County of Jefferson Alabama, RB,	\$ 5,225	\$ 5,672,469
Series A, 5.50%, 1/01/22	3,580	3,082,989
, , ,	- /	
		8,755,458
Arizona 0.5%		
State of Arizona, COP, Department of		
Administration, Series A (AGM):	1 175	1 210 157
5.25%, 10/01/28 5.00%, 10/01/29	1,175 305	1,219,157 309,105
3.00 %, 10/01/25	303	
		1,528,262
Arkansas 4.1%		
Arkansas Development Finance		
Authority, Refunding RB, FHA Insured		
Mortgage Loan, Series C (NPFGC), 5.35%, 12/01/35	12,165	12,284,095
5.55 16, 12101155	12,103	12,201,093
California 14.8%		
City of Vista California, COP, Refunding,		
Community Projects (NPFGC), 5.00%,		
5/01/37 County of Sacramento California, RB,	5,400	5,051,268
Senior Series A (AGC), 5.50%,		
7/01/41	3,500	3,670,940
Dixon Unified School District California,		
GO, Election 2002 (AGM), 5.20%,		
8/01/44	2,405	2,418,492
Los Angeles Community College District California, GO, Election of 2001,		
Series A (NPFGC), 5.00%, 8/01/32	5,000	5,112,500
Modesto Schools Infrastructure		
Financing Agency, Special Tax Bonds		
(AMBAC), 5.50%, 9/01/36	4,240	3,872,095
Oceanside Unified School District California, GO, Series A (AGC), 5.25%,		
8/01/33	3,175	3,268,980
Port of Oakland, RB, Series K, AMT		
(NPFGC):		25.000
5.75%, 5/01/10 (a) 5.75%, 11/01/21	25 2,975	25,003 2,976,071
Port of Oakland, Refunding RB,	2,913	2,970,071
Series M, AMT (NPFGC), 5.38%,		
11/01/27	2,220	2,174,423

Municipal Bonds	Par (000)	Value
California (concluded)		
Roseville Joint Union High School		
District California, GO, Election of 2004, Series A (NPFGC), 5.00%,		
8/01/29	\$ 2,985	\$ 3,043,148
Sacramento City Financing Authority		
California, RB, Capital Improvement (AMBAC), 5.00%, 12/01/27	150	150,824
San Francisco City & County Airports	130	130,624
Commission, RB, Special Facility		
Lease, SFO Fuel, Series A, AMT (AGM),	1.250	1 251 700
6.10%, 1/01/20 State of California, GO, Refunding,	1,250	1,251,700
Veterans, Series BZ, AMT (NPFGC), 5.35%, 12/01/21	9,350	9,350,841
Stockton Public Financing Authority	,	, ,
California, RB, Redevelopment		
Projects, Series A (Radian), 5.25%, 9/01/34	2,430	2,150,040
John T.	2,130	2,130,010
		44,516,325
Colorado 1.3%		
Colorado Health Facilities Authority, RB,		
Hospital, NCMC Inc. Project, Series B	2 200	2 664 220
(AGM), 6.00%, 5/15/26 Colorado Housing & Finance Authority,	3,300	3,664,320
Refunding RB, S/F Program, Senior		
Series A-2, AMT, 7.50%, 4/01/31	155	164,627
		3,828,947
District of Columbia 0.8%		
District of Columbia, RB, Deed Tax, Housing Production Trust Fund,		
Series A (NPFGC), 5.00%, 6/01/32	2,500	2,508,775
Florida 22.3%		
City of Miami Florida, RB (NPFGC),		
5.00%, 1/01/37	2,900	2,905,307
City of Orlando Florida, RB, Senior, 6th		
Cent Contract Payments, Series A (AGC), 5.25%, 11/01/38	4,000	4,019,680
County of Miami-Dade Florida, RB:	.,	.,,
CAB, Sub-Series A (NPFGC), 5.24%,	2.165	500.204
10/01/37 (b) Miami International Airport,	3,165	508,204
Series A, AMT (AGM), 5.25%,		
10/01/41	13,800	13,631,916
Miami International Airport,		
Series A, AMT (AGM), 5.50%, 10/01/41	6,700	6,776,112
	-,,,,,,	~, ~,~

To simplify the listings of portfolio holdings in the Schedule of Investments, the names and descriptions of many of the securities have been abbreviated according to the following list:

AGC Assured Guaranty Corp.

AGM Assured Guaranty Municipal Corp.

AMBAC American Municipal Bond Assurance Corp.
AMT Alternative Minimum Tax (subject to)
BHAC Berkshire Hathaway Assurance Corp.

CAB Capital Appreciation Bonds
COP Certificates of Participation
EDA Economic Development Authority
FHA Federal Housing Administration

GNMA Government National Mortgage Association

GO General Obligation Bonds
HFA Housing Finance Agency
ISD Independent School District
MRB Mortgage Revenue Bonds

NPFGC National Public Finance Guarantee Corp.

RB Revenue Bonds S/F Single-Family

VRDN Variable Rate Demand Note

BLACKROCK MUNIHOLDINGS INSURED FUND II, INC.

APRIL 30, 2010

Schedule of Investments (continued)

BlackRock MuniHoldings Insured Fund II, Inc. (MUE) (Percentages shown are based on Net Assets)

Municipal Bonds	Par (000)	Value
Florida (concluded)		
County of Miami-Dade Florida, RB		
(concluded): Series A, AMT (AGM), 5.00%,		
10/01/33	\$ 6,730	\$ 6,486,912
Water & Sewer System (AGM),	11,010	11 270 105
5.00%, 10/01/39 County of Miami-Dade Florida,	11,010	11,279,195
Refunding RB, Water & Sewer System		
(AGM), 5.00%, 10/01/29 County of St. John s Florida, RB, CAB	3,000	3,088,320
(AMBAC), 5.36%, 6/01/31 (b)	5,065	1,587,016
Jacksonville Port Authority, RB, AMT		
(AGC), 6.00%, 11/01/38 Orange County School Board, COP,	3,625	3,716,133
Series A (AGC), 5.50%, 8/01/34	12,375	13,186,429
		67,185,224
		07,103,224
Georgia 2.8%		
Gwinnett County Hospital Authority,		
Refunding RB, Gwinnett Hospital System, Series D (AGM), 5.50%,		
7/01/41	3,425	3,481,444
Metropolitan Atlanta Rapid Transit		
Authority, RB, Third Indenture, Series B (AGM), 5.00%, 7/01/34	4,830	5,060,729
	•	
		8,542,173
Idaho 0.1%		
Idaho Housing & Finance Association,		
RB, S/F Mortgage, Series E, AMT, 6.00%, 1/01/32	280	292,807
0.00 %, 1/01/32	200	292,807
Illinois 7.6%		
Chicago Board of Education Illinois, GO, Refunding, Chicago School Reform		
Board, Series A (NPFGC), 5.50%,		
12/01/26	2,080	2,331,410
Chicago Transit Authority, RB, Federal Transit Administration Section 5309,		
Series A (AGC), 6.00%, 6/01/26	3,400	3,900,548
City of Chicago Illinois, GO, Refunding,	2,100	- ,2 - 2,2 10
Projects, Series A (AGM):	2.215	2.440.070
5.00%, 1/01/28	2,315	2,440,079

5.00%, 1/01/29	3,585	3,752,706
5.00%, 1/01/30	1,430	1,488,887
City of Chicago Illinois, RB, General,		
Third Lien, Series C (AGM), 5.25%,		
1/01/35	2,085	2,158,392
City of Chicago Illinois, Refunding RB,		
Second Lien (NPFGC), 5.50%,	2.270	2 504 270
1/01/30	2,270	2,504,378
State of Illinois, RB, Build Illinois, Series B, 5.25%, 6/15/28	4,000	4 240 060
Selies B, 5.25%, 0/13/28	4,000	4,249,960
		22.026.260
		22,826,360
1.2 2.50		
Indiana 3.5%		
Indiana Municipal Power Agency, RB, Series A (NPFGC), 5.00%, 1/01/42	8,000	8,021,920
Series A (NI PGC), 3.00 %, 1/01/42	8,000	0,021,920
	Par	
Municipal Bonds	(000)	Value
Indiana (concluded)		
Indianapolis Local Public Improvement		
Bond Bank, Refunding RB,		
Waterworks Project, Series A (AGC),		
5.50%, 1/01/38	\$ 2,370	\$ 2,557,846
		10,579,766
Iowa 1.0%		
Iowa Finance Authority, Refunding RB,		
Iowa Health System (AGC), 5.25%,		
2/15/29	2,915	3,005,861
Kansas 1.8%		
Kansas Development Finance Authority,		
RB, Sisters of Charity, Series J, 6.13%,	2.510	2.540.072
12/01/20	3,510	3,549,873
Sedgwick & Shawnee Counties Kansas, MRB, Series A-2, AMT (GNMA), 6.20%,		
10/04/00	1,875	1,903,369
12/01/33	1,873	1,903,309
		5 452 242
		5,453,242
Kontucky 0.00		
Kentucky 0.9% Kentucky Economic Development		
Finance Authority, RB, Louisville		
Arena, Sub-Series A-1 (AGC), 6.00%,		
12/01/38	1,000	1,084,470
Kentucky State Property & Buildings	1,000	1,001,170
Commission, Refunding RB, Project		
No. 93 (AGC), 5.25%, 2/01/29	1,525	1,646,970
	,	
		2,731,440
		2,731,110
Louisiana 1.3%		
Louisiana State Citizens Property		
Insurance Corp., RB, Series C-3 (AGC),		
6.13%, 6/01/25	3,550	3,939,541
		, ,-

Maine 1.0%		
City of Portland Maine, RB, General		
(AGM), 5.25%, 1/01/35	2,795	2,865,099
Massachusetts 1.9%		_
Massachusetts Bay Transportation		
Authority, Refunding RB, Senior		
Series A, 5.00%, 7/01/10 (a)	5,535	5,579,003
Michigan 12.7%		_
City of Detroit Michigan, RB, Second		
Lien, Series B:		
(AGM), 7.50%, 7/01/33	2,000	2,401,520
(NPFGC), 5.50%, 7/01/29	4,170	4,196,855
City of Detroit Michigan, Refunding RB:		
Second Lien, Series C (BHAC),		
5.75%, 7/01/27	2,600	2,810,704
Second Lien, Series E (BHAC),		
5.75%, 7/01/31	5,060	5,363,803
Senior Lien, Series C-1 (AGM),		
7.00%, 7/01/27	4,180	4,868,822
Senior Lien, Series C-2, (BHAC),		
5.25%, 7/01/29	1,860	1,894,484
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Schedule of Investments (continued)

BlackRock MuniHoldings Insured Fund II, Inc. (MUE) (Percentages shown are based on Net Assets)

Municipal Bonds	Par (000)	Value
Michigan (concluded)		
City of Detroit Michigan, Refunding RB		
(concluded):		
System, Senior Lien, Series B,	Φ 5.725	Φ 5.002.114
(NPFGC), 5.25%, 7/01/22 Michigan State Building Authority,	\$ 5,735	\$ 5,893,114
Refunding RB, Facilities Program,		
Series I (AGC):		
5.25%, 10/15/24	1,440	1,536,595
5.25%, 10/15/25	750	794,708
Michigan Strategic Fund, Refunding RB,		
AMT, Detroit Edison Co. (Syncora):		
Pollution, Series C, 5.65%, 9/01/29	2,935	2,931,331
Project, Series A, 5.50%, 6/01/30 Royal Oak Hospital Finance Authority	2,000	1,920,080
Michigan, Refunding RB, William		
Beaumont Hospital, 8.25%, 9/01/39	3,115	3,676,728
	2,2-2	
		38,288,744
Minnesota 0.7%		
City of Minneapolis Minnesota, Refunding RB, Fairview Health		
Services, Series B (AGC), 6.50%,		
11/15/38	1,975	2,215,318
Nevada 2.0%		
County of Clark Nevada, RB, Las Vegas-		
McCarran International Airport, Series A (AGC), 5.25%, 7/01/39	5,765	5,869,577
Nevada Housing Division, Refunding RB,	3,703	3,007,377
S/F Mortgage, Mezzanine, Series A-2,		
AMT (NPFGC), 6.30%, 4/01/22	95	96,481
		5.066.050
		5,966,058
New Jersey 6.0%		
New Jersey EDA, RB, Motor Vehicle		
Surcharge, Series A (NPFGC), 5.25%,		
7/01/33	11,000	11,196,790
New Jersey Health Care Facilities		
Financing Authority, RB, Virtua Health (AGC), 5.50%, 7/01/38	3,400	3,605,700
New Jersey Transportation Trust Fund	3,400	5,005,700
Authority, RB, Transportation System,		
Series A (AGC), 5.63%, 12/15/28	2,930	3,267,477

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18,069,967

		18,069,967
New York 0.8% New York City Transitional Finance Authority, RB, Fiscal 2009, Series S-3,		
5.25%, 1/15/39	2,300	2,441,726
North Carolina 0.4% North Carolina HFA, RB, Home Output line Series 14A AMT (AMBAC)		
Ownership, Series 14A, AMT (AMBAC), 5.35%, 1/01/22	1,220	1,228,833
Pennsylvania 1.0% Pennsylvania Turnpike Commission, RB, Sub-Series B (AGM), 5.25%, 6/01/39	3,000	3,127,530
	_	
Municipal Bonds	Par (000)	Value
Puerto Rico 1.3%		
Puerto Rico Sales Tax Financing Corp., RB, First Sub-Series A, 6.38%,		
8/01/39	\$ 3,500	\$ 3,929,905
South Carolina 5.5%		
South Carolina State Housing Finance & Development Authority, Refunding RB, Series A-2, AMT (AGM), 6.35%,		
7/01/19	980	994,543
South Carolina State Public Service Authority, RB, Series A (AMBAC), 5.00%, 1/01/42	15,000	15,540,750
		 16,535,293
Texas 15.4%		
City of Dallas Texas, Refunding RB (AGC), 5.25%, 8/15/38	2,100	2,165,247
City of Houston Texas, Refunding RB, Combined, First Lien, Series A (AGC), 6.00%, 11/15/35	6,700	7,686,240
County of Bexar Texas, RB, Venue Project, Motor Vehicle Rental (BHAC),	0,700	7,000,240
5.00%, 8/15/39 Harris County Health Facilities	1,805	1,857,941
Development Corp., Refunding RB, Memorial Hermann Healthcare		
System, B, 7.25%, 12/01/35 Lower Colorado River Authority,	1,000	1,127,170
Refunding RB, LCRA Transmission Services Project (AGC), 5.50%,	2.025	2 100 400
5/15/36 Lubbock Cooper ISD Texas, GO, School	2,935	3,108,488
Building (AGC), 5.75%, 2/15/42 North Texas Tollway Authority, RB,	1,250	1,339,813
System, First Tier, Series K-2 (AGC), 6.00%, 1/01/38	1,000	1,109,650
North Texas Tollway Authority, Refunding RB, System, First Tier		

BLACKROCK	MUNIHOLDINGS INSURED FUND II, INC.	APRIL 30, 2010	3
School Financing, 6.50%, 12/01/35		2,195	2,536,827
Virginia 0.9% Virginia Public School Authority, RB,			
			7,483,338
Facilities Finance Corp., Refunding RB, Christus Health, Series A (AGC), 6.50%, 7/01/37		3,000	3,328,770
Tarrant County Cultural Education			
Utah 2.5% City of Riverton Utah, RB, IHC Health Services Inc., 5.00%, 8/15/41		4,085	4,154,568
			46,362,924
Series B, 5.75%, 1/01/40		1,000	1,046,570
Series A, 5.63%, 1/01/33		10,975	11,484,898
5.75%, 1/01/40		14,750	15,436,907
(NPFGC):			

Schedule	Ωf	Investments	(continued)
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BlackRock MuniHoldings Insured Fund II, Inc. (MUE) (Percentages shown are based on Net Assets)

Municipal Bonds	Par (000)	Value
Washington 1.9%		
Chelan County Public Utility District No. 1, RB, Chelan Hydro System,		
Series A, AMT (AMBAC), 5.45%,		
7/01/37 Washington Health Care Facilities	\$ 3,840	\$ 3,796,762
Authority, Refunding RB, Providence		
Health, Series C (AGM), 5.25%,	1.075	1 041 150
10/01/33	1,875	1,941,150
		5,737,912
Total Municipal Bonds 119.7%		360,346,753
Municipal Bonds Transferred to Tender Option Bond Trusts (c)		
California 3.6%		
City of San Jose California, GO, Libraries,		
Parks, and Public Safety Project (NPFGC), 5.00%, 9/01/30	3,805	3,929,050
San Diego Community College District		
California, GO, Election of 2002 (AGM), 5.00%, 5/01/30	1,486	1,529,703
Sequoia Union High School District	1,100	1,023,700
California, GO, Refunding, Election, Series B (AGM), 5.50%, 7/01/35	5,189	5,425,731
Selies B (AGM), 5.30 %, 7/01/33	3,107	3,423,731
		10,884,484
Colorado 3.1%		
Colorado Health Facilities Authority, RB,		
Catholic Health, Series C-3 (AGM), 5.10%, 10/01/41	9,410	9,471,353
District of Columbia 0.6%		
District of Columbia Water & Sewer		
Authority, RB, Series A, 6.00%,	1.700	1 015 245
10/01/35	1,700	1,915,345
Florida 7.9%		
City of St. Petersburg Florida, Refunding RB (NPFGC), 5.00%, 10/01/35	6,493	6,526,363

County of Miami-Dade Florida, GO, Puilding Potter Communities Program			
Building Better Communities Program, Series B-1, 6.00%, 7/01/38 Lee County Housing Finance Authority,	12,500		13,877,250
RB, Multi-County Program, Series A-2, AMT (GNMA), 6.00%, 9/01/40	3,000		3,248,520
			23,652,133
Georgia 2.2%			
Augusta-Richmond County Georgia, RB (AGM), 5.25%, 10/01/34	6,290		6,561,351
Illinois 6.5%			
City of Chicago Illinois, RB, Series A (AGM), 5.00%, 1/01/33	15,000		15,248,625
Municipal Bonds Transferred to Tender Option Bond Trusts (c)	Par (000)		Value
Illinois (concluded)			
City of Chicago Illinois, Refunding RB, Second Lien (AGM), 5.25%, 11/01/33	\$ 3,969	\$	4,200,179
			19,448,804
Kentucky 0.8%			
Kentucky State Property & Building Commission, Refunding RB, Project			
No. 93 (AGC), 5.25%, 2/01/27	2,304		2,488,993
Massachusetts 1.7%			
Massachusetts School Building Authority, RB, Series A (AGM), 5.00%, 8/15/30	4,994		5,229,807
Nevada 6.7%			
Clark County Water Reclamation District, GO:			
Limited Tax, 6.00%, 7/01/38	10,000		11,196,500
Series B, 5.50%, 7/01/29	8,247	_	9,049,543
			20,246,043
New Jersey 1.4% New Jersey State Housing & Mortgage			
Finance Agency, RB, S/F Housing, Series CC, 5.25%, 10/01/29	3,941		4,062,617
New York 2.5%			
Sales Tax Asset Receivable Corp., RB, Series A (AMBAC), 5.25%, 10/15/27	6,751		7,523,354
Washington 2.5%			
City of Bellevue Washington, GO, Refunding (NPFGC), 5.50%,			
12/01/39	6,883		7,524,102

Total Municipal Bond Tender Option Bond			119,008,386
Total Long-Term Inv (Cost \$466,251,435)			479,355,139
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Schedule of Investments (concluded)

BlackRock MuniHoldings Insured Fund II, Inc. (MUE) (Percentages shown are based on Net Assets)

Short-Term Securities		Par (000)		Value	
Florida 0.4% Jacksonville Health Facilities Authority, VRDN 0.24%,					
5/03/10 (d)	\$	1,160	\$	1,160,000	
		Shares			
Money Market Fund 2.3%					
FFI Institutional Tax-Exempt Fund, 0.25% (e)(f)		7,001,650		7,001,650	
Total Short-Term Securities (Cost \$8,161,650) 2.7%				8,161,650	
Total Investments					
(Cost \$474,413,085*) 161.9%				487,516,789	
Other Assets Less Liabilities 1.8% Liability for Trust Corriforates, Including Interest				5,467,317	
Liability for Trust Certificates, Including Interest Expense and Fees Payable (20.2)%				(60,869,874)	
Preferred Shares, at Redemption Value (43.5)%				131,010,306)	
(1.2)			_	, , , ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
Net Assets Applicable to Common Shares 100.0%			\$	301,103,926	

^{*} The cost and unrealized appreciation (depreciation) of investments as of April 30, 2010, as computed for federal income tax purposes, were as follows:

Aggregate cost	\$ 419,240,533
Gross unrealized appreciation	\$ 16,433,681
Gross unrealized depreciation	(8,975,359)
Net unrealized appreciation	\$ 7,458,322

⁽a) US government securities, held in escrow, are used to pay interest on this security as well as to retire the bond in full at the date indicated, typically at a premium to par.

⁽b) Represents a zero-coupon bond. Rate shown reflects the current yield as of report date.

- (c) Securities represent bonds transferred to a tender option bond trust in exchange for which the Fund acquired residual interest certificates. These securities serve as collateral in a financing transaction.
- (d) Variable rate security. Rate shown is as of report date and maturity shown is the date the principal owed can be recovered through demand.
- (e) Investments in companies considered to be an affiliate of the Fund during the period, for purposes of Section 2(a)(3) of the Investment Company Act of 1940, were as follows:

Affiliate	Shares Held at July 31, 2009	Net Activity	Shares Held at April 30, 2010	Income
FFI Institutional Tax-Exempt Fund	17,593,090	(10,591,440)	7,001,650	\$ 13,910

(f) Represents the current yield as of report date.

Fair Value Measurements - Various inputs are used in determining the fair value of investments, which are as follows:

Level 1 price quotations in active markets/exchanges for identical assets and liabilities

Level 2 other observable inputs (including, but not limited to: quoted prices for similar assets or liabilities in markets that are active, quoted prices for identical or similar assets or liabilities in markets that are not active, inputs other than quoted prices that are observable for the assets or liabilities (such as interest rates, yield curves, volatilities, prepayment speeds, loss severities, credit risks and default rates) or other market-corroborated inputs)

Level 3 unobservable inputs based on the best information available in the circumstances, to the extent observable inputs are not available (including the Funds own assumptions used in determining the fair value of investments)

The inputs or methodologies used for valuing securities are not necessarily an indication of the risk associated with investing in those securities. For information about the Fund s policy regarding valuation of investments and other significant accounting policies, please refer to the Fund s most recent financial statements as contained in its semi-annual report.

The following table summarizes the inputs used as of April 30, 2010 in determining the fair valuation of the Fund s investments:

Investments in Securities

Valuation Inputs	Lev	el 1	Level 2	Level 3	Total
Assets:					
Long-Term Investments ¹		\$	479,355,139	\$	479,355,139
Short-Term Securities	\$ 7,0	001,650	1,160,000		8,161,650
Total	\$ 7,0	001,650 \$	480,515,139	\$	487,516,789

¹ See above Schedule of Investments for values in each state or political subdivision.

BLACKROCK MUNIHOLDINGS INSURED FUND II, INC.

APRIL 30, 2010

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Item 2 - Controls and Procedures

- 2(a) The registrant's principal executive and principal financial officers or persons performing similar functions have concluded that the registrant's disclosure controls and procedures (as defined in Rule 30a-3(c) under the Investment Company Act of 1940, as amended (the "1940 Act")) are effective as of a date within 90 days of the filing of this report based on the evaluation of these controls and procedures required by Rule 30a-3(b) under the 1940 Act and Rule 13(a)-15(b) under the Securities Exchange Act of 1934, as amended.
- 2(b) There were no changes in the registrant's internal control over financial reporting (as defined in Rule 30a-3(d) under the 1940 Act) that occurred during the registrant's last fiscal quarter that have materially affected, or are reasonably likely to materially affect, the registrant's internal control over financial reporting.

Item 3 - Exhibits

Certifications - Attached hereto

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

BlackRock MuniHoldings Insured Fund II, Inc.

By: /s/ Anne F. Ackerley
Anne F. Ackerley
Chief Executive Officer of
BlackRock MuniHoldings Insured Fund II, Inc.

Date: June 28, 2010

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated.

By: /s/ Anne F. Ackerley
Anne F. Ackerley
Chief Executive Officer (principal executive officer) of
BlackRock MuniHoldings Insured Fund II, Inc.

Date: June 28, 2010

By: /s/ Neal J. Andrews
Neal J. Andrews
Chief Financial Officer (principal financial officer) of
BlackRock MuniHoldings Insured Fund II, Inc.

Date: June 28, 2010