Edgar Filing: CANNAVINO JAMES A - Form 4

| CANNAVIN Form 4 | O JAMES A | | | | | | | | | | |
|---|--|--|---------------------------------------|---|-----------------|---|---|---|---|---|--|
| December 13. | . 2011 | | | | | | | | | | |
| | Л | | | | | | | | | PPROVAL | |
| Ň | | | | CURITIES AND EXCHANGE (Washington, D.C. 20549 | | | | COMMISSION | OMB Number: | Number:3235-0287Expires:January 31, 2005Estimated average burden hours per response0.5 | |
| Check this if no longe subject to Section 16 Form 4 or Form 5 obligation: may contin <i>See</i> Instruct 1(b). | er STATI 5. Filed p ^s Section 1 | | | | | | | Estimated a burden hou response | | | |
| (Print or Type R | esponses) | | | | | | | | | | |
| CANNAVINO JAMES A Symbol 1 800 F | | | Symbol | r Name and Ticker or Trading LOWERS COM INC] | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | |
| (Month/E | | | 3. Date of (Month/Da 12/12/20 | - | | | X_Director10% Owner Officer (give titleOther (specify below) below) | | | | |
| | | | ndment, Date Original th/Day/Year) | | | 6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person | | | | | |
| BOHEMIA, | NY 11716 | | | | | | | Form filed by M Person | More than One Ro | eporting | |
| (City) | (State) | (Zip) | Table | I - Non-De | erivative S | Securi | ties Ac | quired, Disposed o | f, or Beneficial | lly Owned | |
| 1.Title of Security (Instr. 3) | | 2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year) | | 3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or | | | SecuritiesIBeneficially(OwnedI | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| Class A Common Stock | 12/12/2011 | | | Code V A | Amount 8,658 | (D) A | Price \$ 0 (1) | | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactio Code (Instr. 8) | 5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | ate | 7. Titl Amou Under Secur (Instr. | nt of lying | 8. Price of Derivative Security (Instr. 5) | 9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr |
|---|---|---|---|--|---|---------------------|--------------------|--|--|---|--|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | |

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Reporting Owners

| Reporting Owner Name / Addr | ess | Relationships | | | | | | |
|--|------------|---------------|---------|-------|--|--|--|--|
| | Director | 10% Owner | Officer | Other | | | | |
| CANNAVINO JAMES A 80 ORVILLE DRIVE BOHEMIA, NY 11716 | Х | | | | | | | |
| Signatures | | | | | | | | |
| /s/James A. Cannavino | 12/13/2011 | | | | | | | |

^{**}Signature of Date Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The Stock Options were issued under Mr. Cannavino's compensation package as a Director of the Company. Each non-employee Director of the Company receives on the date of the Annual Shareholder Meeting shares of Class A Common Stock valued at \$20,000 based on the closing price of the stock on the day of the annual meeting of the stockholders and vest ratably over three years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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