REMINGTON OIL & GAS CORP Form 4 January 14, 2003

OMB APPROVAL
OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response0.5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

 Check this box if no longer subject to Section 16.
 Form 4 or Form 5 obligations may continue.
 See Instruction 1(b)

۱.	Name and Address of Reporting Person* (Last, First, Middle)					r Name and Ticker or ing Symbol	3.	I.R.S. Identification Person, if an entity (Number of Reporting Voluntary)			
	Cox, Gregor	y B.		_	Remi REM	ngton Oil and Gas Corporation						
		4.	State	ment for (Month/Day/Year)	5.	If Amendment, Date of Original (Month/Day/Year)						
	8201 Preston Rd - Ste 600		_	01/13	/03							
		(Street)		6.		ionship of Reporting Person(s) to r (Check All Applicable)	7.	Individual or Joint/Group Filing (Check Applicable Line)				
	Dallas, TX 7	75225		_	0	Director 0 10% Owner		X	Form filed by One Reporting Person			
	(City)	(State)	(Zip)		X	Officer (give title below)		0	Form filed by More than One Reporting			
					0	Other (specify below)			Person			
						Vice President/Exploration						

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* instruction 4(b)(v).

1.	Title of Security (Instr. 3)	2.	Transaction Date (Month/Day/Year)	2a.	Deemed Execution Date, if any. (Month/Day/Year)	3.	Transaction Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Beneficially Owned	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7.	Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code V	Amount	(A) or (D)	Price				
	Common Stock		01/13/03				М	23666	А	3.75				
	Common Stock		01/13/03				М	4880	А	5.75				
	Common Stock		01/13/03				М	5,000	А	3.50				
	Common Stock		01/13/03				М	15000	А	4.25				
	Common Stock		01/13/03				F	10764	D	18.40	48546	D		

 Table I
 Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Page 2

Table II	Derivative Securities Acquired, Disposed of, or Beneficially Owned
	(e.g., puts, calls, warrants, options, convertible securities)

1.	Title of Derivative Security (Instr. 3)	2.	Conversion or Exercise Price of Derivative Security	3.	Transaction Date (Month/Day/Year)		Deemed Execution Date, if any (Month/Day/Year)	4.	Transaction5. Code (<i>Instr.</i> 8)	Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)
			·							CodeV (A)(D)
										Incentive Option 5.75 01/13/03 M 4880
										Incentive Option 3.50 01/13/03 M 5000
										Incentive Option 4.25 01/13/03 M 15000
										Incentive Option 3.75 01/13/03 M 23666
						Р	age 3			

Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			8.	Price of 9. Derivative Security (Instr. 5)	Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10.	Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	Nature of Indirect Beneficial Ownershij (Instr. 4)
Date Exercisable	Expiration Date		Title	Amount or Number of Shares						
02/04/99	02/04/08		Common Stock	4880			10120		D	
12/11/99	12/11/08		Common Stock	5000			0		D	
12/06/00	12/06/09		Common Stock	15000			0		D	
03/27/01	03/27/10		Common Stock	23666			15000		D	
	Responses									

 Table II
 Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)
 Continued

Date

Edgar Filing: REMINGTON OIL & GAS CORP - Form 4

**Signature of Reporting Person

Page 4

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.