INTEGRITY MUTUAL FUNDS INC

Form 4

August 08, 2002

F	+ Form 4 +	U.S. SECURITIES AND EXC WASHINGTON, D.C	
L J	Check this box if no longer subject to Section 16.	STATEMENT OF CHANGES IN BE	ENEFICIAL OWNERSHIP
	Form 4 or Form 5 obligations may continue. See Instruction 1(b)	Filed pursuant to Section 16 Exchange Act of 1934, Sect Public Utility Holding Comp Section 30(f) of the Investme	tion 17(a) of the Dany Act of 1935 or
1.	Name and Address of	Reporting Person	
	Walstad	Robert	E.
	(Last)	(First)	(Middle)
	2600 Bel Air Driv	e 	
		(Street)	
	Minot	ND	58703
	(City)	(State)	(Zip)
2.		ker or Trading Symbol Integrit	
3.		ity Number of Reporting Person	(Voluntary)
4.	Statement for Month	/Year 07/02 	
5.	If Amendment, Date	of Original (Month/Year)	
6.	Relationship of Rep	orting Person to Issuer (Check	all applicable)
	[X] Director [X]	Officer [] 10% Owr (give title below)	ner [] Other (specify below)
	Chief Executive Offi	cer	
TAE	BLE I-NON-DERIVATIVE	SECURITIES BENEFICIALLY OWNED	

	of Secu	curity		Trans- action Date (Month/ Day/		Code	on		of 1	uriti Dispo str.	osed	of 1 a	(D) nd 5)	A)	5.	Sec Ben Own	unt urit efic ed a	ies iall it		Owner ship Form: Direct (D) c	t		
							Year)	C:	ode 	V		A1	mount	: 		A) o D)	r 	Prio	ce 		th str.	3 a:	nd 	Indir
 Cor	nmon	Stoc		07/01/02		 J-1			12	3,447	 7.00		 A		N/A						 D			
Cor	nmon	Stoc		07/01/02						3,335		3			N/A						 I	Е		
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	66 ,	670.	086	I																	 			
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(Right to Buy)	.825		7/01/02 J-	2	67	5,200		
Common Stock Options (Option to Buy)	.425		7/01/02 J-	2	20	0,000	 	=
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TABLE II-DERIVATIVE SEC (e.g., puts, calls, w								
1. Title of Derivative Security (Instr. 3)	cisable an		Underlyin (Instr.	g Securities 3 and 4)			of Deriv- ative Secur- ities Bene- Ficially	Own shi For of riv Sec rit
	Date Exer- cisable	Expir- tion		Amount or Number of Shares		5)	 Owned at End of Month (Instr.4)	Dir (D) Ind rec (In
Common Stock Warrants (Right to Buy)				675 , 200			 	 D
Common Stock Options (Option to Buy)				200,000			 	D
							 1,350,400 	
							 400,000	D

Explanation of Responses:

J-2: Reporting person acquired 675,200 warrants and 200,000 options following a two-for-one stock split on 7/01/02. No monetary amount was paid by the reporting person for the warrants and options.

**Intentional misstatements or omissions of facts constitute Federal Criminal Violations

See 18 U.S.C. 1001 and U.S.C. 78ff(a)

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

/s/ Robert E. Walstad 08/08/02
----*Signature of Reporting Person Date