CAPITAL ONE FINANCIAL CORP

Form 4 May 10, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Section 16.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D

FAIRBANK RICHARD D			Symbol CAPITAL ONE FINANCIAL CORP [COF]				CORP	(Check all applicable)				
(Last) (First) (Middle) 1680 CAPITAL ONE DRIVE				3. Date of Earliest Transaction (Month/Day/Year) 05/08/2007					X Director 10% OwnerX Officer (give title Other (specify below) below) Chairman, CEO and President			
(Street) MCLEAN, VA 22102			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
	(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
	1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	med on Date, if Day/Year)	3. Transaction Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
	Common Stock (1) (2)	05/08/2007			S	100	D	\$ 74.93	2,211,495	D		
	Common Stock (1)	05/08/2007			S	300	D	\$ 74.95	2,211,195	D		
	Common Stock (1)	05/08/2007			S	300	D	\$ 74.98	2,210,895	D		
	Common Stock (1)	05/08/2007			S	100	D	\$ 75	2,210,795	D		
	Common Stock (1)	05/08/2007			S	100	D	\$ 75.01	2,210,695	D		

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Common Stock (1)	05/08/2007	S	100	D	\$ 75.02 2,21	0,595	D
Common Stock (1)	05/08/2007	S	100	D	\$ 75.05 2,21	0,495	D
Common Stock (1)	05/08/2007	S	100	D	\$ 75.09 2,21	0,395	D
Common Stock (1)	05/08/2007	S	100	D	\$ 75.1 2,21	0,295	D
Common Stock (1)	05/08/2007	S	100	D	\$ 75.13 2,21	0,195	D
Common Stock (1)	05/08/2007	S	200	D	\$ 75.15 2,20	9,995	D
Common Stock (1)	05/08/2007	S	200	D	\$ 75.16 2,20	9,795	D
Common Stock (1)	05/08/2007	S	300	D	\$ 75.19 2,20	9,495	D
Common Stock (1)	05/08/2007	S	200	D	\$ 75.2 2,20	9,295	D
Common Stock (1)	05/08/2007	S	100	D	\$ 75.21 2,20	9,195	D
Common Stock (1)	05/08/2007	S	100	D	\$ 75.22 2,20	9,095	D
Common Stock (1)	05/08/2007	S	200	D	\$ 75.23 2,20	8,895	D
Common Stock (1)	05/08/2007	S	100	D	\$ 75.24 2,20	8,795	D
Common Stock (1)	05/08/2007	S	100	D	\$ 75.3 2,20	8,695	D
Common Stock (1)	05/08/2007	S	100	D	\$ 2,20 75.35	8,595	D
Common Stock (1)	05/08/2007	S	239	D	\$ 75.38 2,20	08,356	D
Common Stock (1)	05/08/2007	S	400	D	\$ 75.39 2,20	7,956	D
Common Stock (1)	05/08/2007	S	600	D	\$ 75.42 2,20	7,356	D
Common Stock (1)	05/08/2007	S	300	D	\$ 2,20 75.43	07,056	D
Common Stock (1)	05/08/2007	S	100	D	\$ 75.46 2,20	06,956	D
	05/08/2007	S	100	D	2,20	6,856	D

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Common Stock (1)					\$ 75.47			
Common Stock (1)	05/08/2007	S	200	D	\$ 75.48	2,206,656	D	
Common Stock (1)	05/08/2007	S	100	D	\$ 75.49	2,206,556	D	
Common Stock (1)	05/08/2007	S	300	D	\$ 75.5	2,206,256	D	
Common Stock						107,502	I	By Fairbank Morris Inc.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	Date Exerc	cisable and	7. Titl	e and	8. Price of	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transac	tionNumber	Expiration D	ate	Amou	nt of	Derivative	
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8) Derivativ	re		Securi	ities	(Instr. 5)	
	Derivative				Securities	S		(Instr.	3 and 4)		
	Security				Acquired						
					(A) or						
					Disposed						
					of (D)						
					(Instr. 3,						
					4, and 5)						
									A 4		
									Amount		
						Date	Expiration	T:41-	or Namelana		
						Exercisable	Date	Title	Number		
				C 1 1	V. (A) (D)				of		
				Code '	V (A) (D)				Shares		

Relationshins

Reporting Owners

Reporting Owner Name / Address	Kciationsinps							
	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D			Chairman,					
1680 CAPITAL ONE DRIVE	X		CEO and					
MCLEAN, VA 22102			President					

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Signatures

By: Tangela S. Richter (POA on 05/10/2007

file) for

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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