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TEEKAY SHIPPING CORP Form 6-K July 05, 2006

of 1934.]

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

Date of report: July 4, 2006

Commission file number 1- 12874

TEEKAY SHIPPING CORPORATION

(Exact name of Registrant as specified in its charter)

Bayside House
Bayside Executive Park
West Bay Street & Blake Road
P.O. Box AP-59212, Nassau, Bahamas
(Address of principal executive office)

40-F	[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form .]
	Form 20-F X Form 40- F
Rule	[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T $101(b)(1)$:]
	Yes NoX
Rule	[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T 101(b)(7):]
	Yes NoX

FORM 6-K

[Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act

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Yes	N	No	X	
[If "Yes" is marked, indicate below the file n 12g3-2(b):82]	number assi	igned	to the registrant in connection with Rule	

Item 1 - Information Contained in this Form 6-K Report

Attached as Exhibit I is a copy of an announcement of Teekay Shipping Corporation (the Company), dated July 4, 2006.

THIS REPORT ON FORM 6-K IS HEREBY INCORPORATED BY REFERENCE INTO THE FOLLOWING REGISTRATION STATEMENTS OF THE COMPANY.

REGISTRATION STATEMENT ON FORM F-3 (NO. 33-97746) FILED WITH THE SEC ON OCTOBER 4, 1995;

REGISTRATION STATEMENT ON FORM S-8 (NO. 333-42434) FILED WITH THE SEC ON JULY 28, 2000;

REGISTRATION STATEMENT ON FORM F-3 (NO. 333-102594) FILED WITH THE SEC ON JANUARY 17, 2003; AND

REGISTRATION STATEMENT ON FORM S-8 (NO. 333-119564) FILED WITH THE SEC ON OCTOBER 6, 2004

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Date: July 4, 2006 TEEKAY SHIPPING CORPORATION

SIGNATURES 2

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By: <u>/s/ Peter Evensen</u>

Peter Evensen

Executive Vice President and Chief Financial Officer

(Principal Financial and Accounting Officer)

EXHIBIT I

TEEKAY SHIPPING CORPORATION

Bayside House, Bayside Executive Park, West Bay Street & Blake Road P.O. Box AP-59212, Nassau, Bahamas

NEWS RELEASE

TEEKAY SHIPPING CORPORATION DECLARES DIVIDEND

Nassau, The Bahamas, July 4, 2006 Teekay Shipping Corporation announced that its Board of Directors has voted to declare a cash dividend on its common stock of \$0.2075 per share, payable on July 28, 2006 to all shareholders of record as at July 14, 2006.

About Teekay

Teekay Shipping Corporation transports more than 10 percent of the world s seaborne oil and has expanded into the liquefied natural gas shipping sector through its publicly-listed subsidiary, Teekay LNG Partners L.P. (NYSE: TGP). With a fleet of over 140 tankers, offices in 17 countries and 5,100 seagoing and shore-based employees, Teekay provides a comprehensive set of marine services to the world s leading oil and gas companies, helping them seamlessly link their upstream energy production to their downstream processing operations. Teekay s reputation for safety, quality and innovation has earned it a position with its customers as The Marine Midstream Company.

Teekay s common stock is listed on the New York Stock Exchange where it trades under the symbol TK .

For Investor Relations enquiries contact:

Scott Gayton Tel: +1 (604) 844-6654

About Teekay 3

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Kim Barbero Tel: +1 (604) 609-4703

Web site: www.teekay.com

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