

SPARTAN STORES INC

Form 4

June 19, 2006

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

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(Print or Type Responses)

1. Name and Address of Reporting Person *
ERIKS MARK C

(Last) (First) (Middle)

C/O 850 - 76TH STREET SW

(Street)

GRAND RAPIDS, MI 49518

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol

SPARTAN STORES INC [SPTN]

3. Date of Earliest Transaction
(Month/Day/Year)

02/17/2004

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
____ Officer (give title ____X____ Other (specify
below) below)

Former E.V.P. Support Services

6. Individual or Joint/Group Filing(Check
Applicable Line)
X Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(D)	Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security	2. Conversion or Exercise	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transaction Code	5. Number of Derivative Securities Acquired (A) or	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)		Disposed of (D) (Instr. 3, 4, and 5)		Date Exercisable	Expiration Date	Title	A or N or S
			Code	V	(A)	(D)				
Phantom Stock	<u>(1)</u>	02/17/2004	D		9.038		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	01/20/2005	A		25.961		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	02/03/2005	A		7.325		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	02/17/2005	A		6.609		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	03/03/2005	A		5.911		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	03/17/2005	A		5.916		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	03/31/2005	A		6.1		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	04/14/2005	A		6.193		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	04/28/2005	A		5.852		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	05/12/2005	A		5.571		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	05/26/2005	A		5.196		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	06/09/2005	A		5.031		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	06/23/2005	A		4.669		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	07/07/2005	A		4.318		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	07/21/2005	A		5.886		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	08/04/2005	A		5.466		<u>(1)</u>	<u>(1)</u>	CommonStock	
Phantom Stock	<u>(1)</u>	08/18/2005	A		5.854		<u>(1)</u>	<u>(1)</u>	Common Stock	
Phantom Stock	<u>(1)</u>	09/01/2005	A		6.368		<u>(1)</u>	<u>(1)</u>	Common Stock	

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Phantom Stock	<u>(1)</u>	09/15/2005	A	6.739	<u>(1)</u>	<u>(1)</u>	Common Stock
Phantom Stock	<u>(1)</u>	09/29/2005	A	6.471	<u>(1)</u>	<u>(1)</u>	Common Stock
Phantom Stock	<u>(1)</u>	10/13/2005	A	7.243	<u>(1)</u>	<u>(1)</u>	Common Stock
Phantom Stock	<u>(1)</u>	10/28/2005	A	6.753	<u>(1)</u>	<u>(1)</u>	Common Stock
Phantom Stock	<u>(1)</u>	11/11/2005	A	6.964	<u>(1)</u>	<u>(1)</u>	Common Stock
Phantom Stock	<u>(1)</u>	11/23/2005	A	6.698	<u>(1)</u>	<u>(1)</u>	Common Stock
Phantom Stock	<u>(1)</u>	03/01/2006	D	777.495	<u>(1)</u>	<u>(1)</u>	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ERIKS MARK C C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518				Former E.V.P. Support Services

Signatures

/s/ Alex J. DeYonker, by Power of Attorney

06/19/2006

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This Form 4 reports the purchase of Spartan Stores phantom stock through bi-weekly salary deductions under the Spartan Stores, Inc. Supplemental Executive Retirement Plan ("Plan"). Shares of phantom stock are issued on a one-for-one basis and are payable in cash in accordance with the Plan following termination of employment. As of March 3, 2006, the reporting person is no longer employed with Spartan Stores, Inc.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.