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was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days.

YES X NO

Indicate by check mark whether the Registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer or a smaller reporting company. (See the definitions of "large accelerated filer," "accelerated filer" and "smaller reporting company" in Rule 12b-2 of the Exchange Act). (Check one):

Large Accelerated Filer ___ Accelerated Filer ___ Non-Accelerated Filer Smaller Reporting Company X

(Do not check if a smaller reporting company)

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act).

YES NO X

Indicate the number of shares outstanding of the Registrant's class of common stock, as of the latest practicable date.

Common Stock, \$0.05 par value, 12,774,026 shares outstanding as of November 12, 2008.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

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ITEM 1. CONSOLIDATED FINANCIAL STATEMENTS

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES
CONSOLIDATED BALANCE SHEETS
September 27, 2008 and December 29, 2007

(Dollars in thousands, except share amounts)

ASSETS

	September 27, 2008 (Unaudited)	December 29, 2007
Current assets		
Cash and cash equivalents	\$3,314	\$11,642
Accounts receivable, net of allowance for doubtful accounts of \$1,352 (September 27, 2008) and \$1,583 (December 29, 2007), respectively	55,830	45,468
Note receivable-current portion	-	1,893
Prepaid expenses and other current assets	2,521	1,493
Deferred tax assets	2,369	711
Total current assets	64,034	61,207
Property and equipment, at cost		
Equipment and leasehold improvements	10,813	9,407
Less: accumulated depreciation and amortization	5,359	5,178
	5,454	4,229
Other assets		
Note receivable – long term	-	4,216
Deposits	235	125
Goodwill	46,449	39,588
Intangible assets, net of accumulated amortization of \$1,328 (September 27, 2008) and \$726 (December 29, 2007), respectively	3,307	349
	49,991	44,278
Total assets	\$119,479	\$109,714

**RCM TECHNOLOGIES, INC. AND SUBSIDIARIES
CONSOLIDATED BALANCE SHEETS – (Continued)
September 27, 2008 and December 29, 2007**

(Dollars in thousands, except share amounts)

LIABILITIES AND STOCKHOLDERS' EQUITY

	September 27, 2008 (Unaudited)	December 29, 2007
Current liabilities		
Line of credit	\$9,100	\$ -
Accounts payable and accrued expenses	6,800	8,005
Accrued compensation	7,029	7,418
Payroll and withheld taxes	1,487	1,087
Income taxes payable	-	1,156
Total current liabilities	24,416	17,666
Stockholders' equity		
Preferred stock, \$1.00 par value; 5,000,000 shares authorized; no shares issued or outstanding		
Common stock, \$0.05 par value; 40,000,000 shares authorized; 12,774,026 and 12,058,689 shares issued and outstanding at September 27, 2008 and December 29, 2007, respectively	639	603
Additional paid-in capital	106,833	102,951
Accumulated other comprehensive income	1,246	1,484
Accumulated deficit	(13,655)	(12,990)
Total liabilities and stockholders' equity	\$119,479	\$109,714

The accompanying notes are an integral part of these financial statements.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**CONSOLIDATED STATEMENTS OF OPERATIONS****Thirty-Nine Weeks Ended September 27, 2008 and September 29, 2007****(Unaudited)***(Dollars in thousands, except share amounts)*

	September 27, 2008	September 29, 2007
Revenues	\$155,742	\$165,418
Cost of services	115,039	125,650
Gross profit	40,703	39,768
Operating costs and expenses		
Selling, general and administrative	34,356	31,010
Bad debt – note receivable	6,090	-
Depreciation	937	849
Amortization	602	240
	41,985	32,099
Operating (loss) income	(1,282)	7,669
Other (expense) income		
Interest (expense) income, net	(114)	32
(Loss) gain on foreign currency transactions	(6)	53
Legal settlement	-	800
	(120)	885
(Loss) income before income tax (benefit) expense	(1,402)	8,554
Income tax (benefit) expense	(737)	3,406
Net (loss) income	(\$665)	\$5,148
Basic (loss) earnings per share	(\$.05)	\$.43
Diluted (loss) earnings per share	(\$.05)	\$.41

The accompanying notes are an integral part of these financial statements.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**CONSOLIDATED STATEMENTS OF OPERATIONS****Thirteen Weeks Ended September 27, 2008 and September 29, 2007
(Unaudited)***(Dollars in thousands, except share amounts)*

	September 27, 2008	September 29, 2007
Revenues	\$51,617	\$54,079
Cost of services	38,362	40,646
Gross profit	13,255	13,433
Operating costs and expenses		
Selling, general and administrative	11,730	10,288
Depreciation	341	289
Amortization	277	80
	12,348	10,657
Operating income	907	2,776
Other (expense) income		
Interest (expense) income, net	(73)	32
(Loss) gain on foreign currency transactions	(1)	41
	(74)	73
Income before income taxes	833	2,849
Income tax expense	268	1,125
Net income	\$565	\$1,724
Basic earnings per share	\$.04	\$.14
Diluted earnings per share	\$.04	\$.14

The accompanying notes are an integral part of these financial statements.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**CONSOLIDATED STATEMENT OF CHANGES IN STOCKHOLDERS' EQUITY
(Unaudited)***(Dollars in thousands)*

	Thirty-Nine Weeks Ended	
	September 27, 2008	September 29, 2007
Common stock		
Beginning of period	\$603	\$591
Issuance of stock under stock purchase plan	1	-
Exercise of stock options	-	11
Issuance of common stock in connection with acquisition	35	-
End of period	\$639	\$602
Additional paid-in-capital		
Beginning of period	\$102,951	\$101,559
Issuance of stock under stock purchase plan	55	66
Exercise of stock options	-	804
Issuance of common stock in connection with acquisition	3,682	-
Stock-based compensation expense	145	151
End of period	\$106,833	\$102,580
Accumulated other comprehensive income		
Beginning of period	\$1,484	\$1,002
Translation adjustment	(238)	247
End of period	\$1,246	\$1,249
Accumulated deficit		
Beginning of period	(\$12,990)	(\$19,759)
Net (loss) income	(665)	5,148
End of period	(\$13,655)	(\$14,611)
Comprehensive (loss) income		
Net (loss) income	(\$665)	\$5,148
Translation adjustment	(238)	247
Total	(\$903)	\$5,395

The accompanying notes are an integral part of these financial statements.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES
CONSOLIDATED STATEMENTS OF CASH FLOWS
Thirty-Nine Weeks Ended September 27, 2008 and September 29, 2007
(Unaudited)

(Dollars in thousands)

	September 27, 2008	September 29, 2007
Cash flows from operating activities:		
Net (loss) income	(\$665)	\$5,148
Adjustments to reconcile net (loss) income to net cash (used in) provided by		
operating activities, net of effects of acquisition:		
Depreciation and amortization	1,536	1,089
Stock-based compensation expense	145	151
Provision for losses on accounts receivable	(231)	155
Provision for losses on note receivable	6,090	-
Deferred tax assets	(1,658)	2,153
Changes in assets and liabilities:		
Accounts receivable	(10,282)	(4,195)
Prepaid expenses and other current assets	(876)	(690)
Accounts payable and accrued expenses	(812)	648
Accrued compensation	(351)	(111)
Payroll and withheld taxes	432	131
Income taxes payable	(1,299)	547
Total adjustments	(7,306)	(122)
Net cash (used in) provided by operating activities	(\$7,971)	\$5,026

The accompanying notes are an integral part of these financial statements.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**CONSOLIDATED STATEMENTS OF CASH FLOWS - (Continued)**
Thirty-Nine Weeks Ended September 27, 2008 and September 29, 2007
(Unaudited)*(Dollars in thousands)*

	September 27, 2008	September 29, 2007
Cash flows from investing activities:		
Property and equipment acquired	(\$2,161)	(\$502)
(Increase) decrease in deposits	(109)	5
Cash paid for acquisition, net of working capital acquired	(7,045)	(259)
Net cash used in investing activities	(9,315)	(756)
Cash flows from financing activities:		
Sale of stock for employee stock purchase plan	56	66
Exercise of stock options	-	815
Net borrowings on line of credit	9,100	-
Net cash provided by financing activities	9,156	881
Effect of exchange rate changes on cash and cash equivalents	(198)	316
(Decrease) increase in cash and cash equivalents	(8,328)	5,467
Cash and cash equivalents at beginning of period	11,642	2,449
Cash and cash equivalents at end of period	\$3,314	\$7,916
Supplemental cash flow information:		
Cash paid for:		
Interest expense	\$169	\$147
Income taxes	\$2,244	\$734

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS**

(Dollars in thousands, except share and per share amounts, unless otherwise indicated)

1. Basis of Presentation

The accompanying consolidated interim financial statements of RCM Technologies, Inc. and Subsidiaries (“RCM” or the “Company”) are unaudited. The year-end consolidated balance sheet was derived from audited statements but does not include all disclosures required by accounting principles generally accepted in the United States. These statements have been prepared in accordance with the rules and regulations of the Securities and Exchange Commission pertaining to reports on Form 10-Q and should be read in conjunction with the Company’s consolidated financial statements and the notes thereto for the year ended December 29, 2007 included in the Company’s Annual Report Form 10-K for such period. Certain information and footnote disclosures normally included in financial statements prepared in accordance with generally accepted accounting principles have been condensed or omitted pursuant to such rules and regulations.

The consolidated financial statements for the unaudited interim periods presented include all adjustments (consisting only of normal, recurring adjustments) necessary for a fair presentation of financial position, results of operations and cash flows for such interim periods.

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, revenues and expenses and disclosure of contingent assets and liabilities. Actual results could differ from those estimates. Results for the thirty-nine weeks ended September 27, 2008 are not necessarily indicative of results that may be expected for the full year.

2. Fiscal Year

The Company follows a 52/53 week fiscal reporting calendar ending on the Saturday closest to December 31. A 53-week year occurs periodically. The fiscal year ended December 29, 2007 was a 52-week reporting year. The third fiscal quarter of 2007, the 2007 fiscal year and the third fiscal quarter of 2008 ended on the following dates, respectively:

Period Ended	Weeks in Quarter	Weeks in Year to Date
September 29, 2007	Thirteen	Thirty-Nine
December 29, 2007	Thirteen	Fifty-Two
September 27, 2008	Thirteen	Thirty-Nine

3. Use of Estimates and Uncertainties

The preparation of financial statements in conformity with accounting principles generally accepted in the United States requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, revenues and expenses and disclosure of contingent assets and liabilities. Actual results could differ from those estimates.

The Company uses estimates to calculate an allowance for doubtful accounts on its accounts receivables. These estimates can be significant to the operating results and financial position of the Company.

The Company has risk participation arrangements with respect to workers compensation and health care insurance. The amounts included in the Company's costs related to this risk participation are estimated and can vary based on changes in assumptions, the Company's claims experience or the providers included in the associated insurance programs.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS**

(Dollars in thousands, except share and per share amounts, unless otherwise indicated)

3. Use of Estimates and Uncertainties (Continued)

The Company can be affected by a variety of factors including uncertainty relating to the performance of the U.S. economy, competition, demand for the Company's services, adverse litigation and claims and the hiring, training and retention of key employees.

4. Note Receivable

On February 26, 2008, the Company accepted a promissory note from a customer for \$7.5 million in payment of a like amount of accounts receivable from that customer. The customer paid \$1.2 million through April 30, 2008 at which point management of the Company concluded that the customer was going to default on its May 1, 2008 installment payment. The Company has since determined that the note receivable is not collectible. Therefore, during the thirteen weeks ended September 27, 2008, the Company wrote off this note receivable in the amount of \$6.1 million.

5. Acquisitions

On March 19, 2008 the Company purchased the operating assets of NuSoft Solutions, Inc. ("NuSoft"), a Michigan corporation. NuSoft is a specialty provider of information technology services. The acquisition of NuSoft was completed in order to expand the Company's IT solutions services within the Information Technology business segment. The acquisition was effective as of March 1, 2008. The acquisition has been accounted for in accordance with Statement of Financial Accounting Standards (SFAS) No. 141 "Business Combinations." Accordingly, the results of operations of the acquired company have been included in the consolidated results of operations of the Company from the effective date and are included in the IT segment.

The purchase consideration at closing consisted of \$4.5 million in cash and 700,000 shares of RCM's common stock, par value \$0.05 (the "Common Stock"), valued at \$3.7 million and potential earn-out payments up to \$4.4 million of deferred consideration contingent upon NuSoft achieving certain base levels of operating income for each of the three 12-month periods following the purchase. Additional earn-out payments may be made at the end of each of the three 12-month periods following the purchase, to the extent that operating income exceeds these base levels. The acquisition has been accounted for under the purchase method of accounting. The source of cash utilized in the NuSoft acquisition was from the Company's revolving credit facility. The purchase price allocation of \$8.2 million is as follows:

Customer Relationships	\$2,260
Covenants-Not-To-Compete	424
Goodwill	5,125
Equipment	446

The deferred consideration and earnouts, if paid, will be recorded as additional purchase consideration. Earnouts cannot be estimated with any certainty.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS***(Dollars in thousands, except share and per share amounts, unless otherwise indicated)***5. Acquisitions (Continued)**

On April 28, 2008 the Company purchased the operating assets of MBH Solutions, Inc. (“MBH”), a New York corporation. MBH is a specialty provider of information technology services. The acquisition of MBH was completed in order to expand the Company’s IT solutions services within the Information Technology business segment. The acquisition was effective as of April 1, 2008 and has been accounted for in accordance with Statement of Financial Accounting Standards (SFAS) No. 141 “Business Combinations.” Accordingly, the results of operations of the acquired company have been included in the consolidated results of operations of the Company from the effective date and are included in the IT segment.

The MBH purchase consideration at closing consisted of \$1.8 million in cash and assumption of \$0.5 million in deferred revenues and 50,000 shares of the Common Stock valued at \$205,000 and potential earn-out payments up to \$1.5 million of deferred consideration contingent upon MBH achieving certain base levels of operating income for each of the three 12-month periods following the purchase. Additional earn-out payments may be made at the end of each of the three 12-month periods following the purchase, to the extent that operating income exceeds these base levels.

The acquisition has been accounted for under the purchase method of accounting. The source of cash utilized in the MBH acquisition was from the Company’s revolving credit facility. The purchase price allocation of \$2.5 million has been allocated as follows:

Customer Relationships	\$835
Covenants-Not-To-Compete	41
Goodwill	1,636
Equipment	36

The deferred consideration and earnouts, if paid, will be recorded as additional purchase consideration. Earnouts cannot be estimated with any certainty.

The following results of operations have been prepared assuming the two previously described acquisitions had occurred as of the beginning of the periods presented. Those results are not necessarily indicative of results of future operations or of results that would have occurred had the acquisitions occurred as of the beginning of the periods presented.

	Thirteen Weeks Ended		Thirty-Nine Weeks Ended	
	September 27, 2008	September 29, 2007	September 27, 2008	September 29, 2007
Revenues	\$51,617	\$61,280	\$161,474	\$187,528
Operating (loss) income	907	3,120	(1,089)	8,930
Net income (loss)	\$565	\$1,864	(\$593)	\$5,706

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Earnings (loss) per share	\$0.04	\$0.15	(\$0.05)	\$0.46
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RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS***(Dollars in thousands, except share and per share amounts, unless otherwise indicated)***5. Acquisitions (Continued)**

In connection with certain acquisitions, the Company is obligated to pay contingent consideration to the sellers upon the acquired business achieving certain earnings targets over periods ranging from two to three years following the acquisition. In general, the contingent consideration amounts fall into two categories: (a) Deferred Consideration - fixed amounts due if the acquisition achieves a base level of earnings which has been determined at the time of acquisition and (b) Earnouts – amounts payable that are not fixed and are based on the growth in excess of the base level earnings. The Company's outstanding Deferred Consideration obligations, which relate to various acquisitions, could result in the following payments:

Year Ending	Amount
January 2, 2010	\$2,400
January 1, 2011	2,300
December 31, 2011	1,300
	\$6,000

The Deferred Consideration and Earnouts, when paid, will be recorded as additional purchase consideration and added to goodwill on the consolidated balance sheet. Earnouts cannot be estimated with any certainty.

6. Property and Equipment

Property and equipment are stated at cost and are depreciated on the straight-line method at rates calculated to provide for retirement of assets at the end of their estimated useful lives. The annual rates are 20% for computer hardware and software as well as furniture and office equipment. Leasehold improvements are amortized over the shorter of the estimated life of the asset or the lease term.

The Company writes off fully depreciated assets periodically. During the thirty-nine weeks ended September 27, 2008, the write offs were \$1.2 million.

7. New Accounting Standards

In September 2006, the FASB issued SFAS No. 157, "Fair Value Measurements" ("SFAS No. 157"). SFAS No. 157 clarifies the principle that fair value should be based on the assumptions market participants would use when pricing an asset or liability and establishes a fair value hierarchy that prioritizes the information used to develop those assumptions. Under SFAS No. 157, fair value measurements would be separately disclosed by level within the fair value hierarchy. In February 2008, the FASB issued FASB Staff Position No. 157-2, "Effective Date of FASB Statement No. 157," to partially defer SFAS No. 157 for nonfinancial assets and nonfinancial liabilities, except those that are recognized or disclosed at fair value in the financial statements on a recurring basis. SFAS No. 157 was effective for the Company on December 30, 2007, except for nonfinancial assets and nonfinancial liabilities that are not recognized or disclosed at fair value on a recurring basis for which our effective date is December 30, 2008. The adoption of this statement did not have a material effect on our consolidated financial position or results of operations.

In February 2007, the FASB issued SFAS No. 159, "The Fair Value Option for Financial Assets and Financial Liabilities-Including an amendment of FASB Statement No. 115" ("SFAS No. 159"). SFAS No. 159 expands the use

of fair value accounting but does not affect existing standards, which require assets and liabilities to be carried at fair value. Under SFAS No. 159, a company may elect to use fair value to measure accounts and loans receivable, available-for-sale and held-to-maturity securities, equity method investments, accounts payable, guarantees, issued debt and other eligible financial instruments. SFAS No. 159 is effective for the Company as of December 30, 2008.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS

(Dollars in thousands, except share and per share amounts, unless otherwise indicated)

7. New Accounting Standards (Continued)

The Company has elected not to apply the fair value option to measure any of the financial assets and liabilities on its balance sheet not already valued at fair value under other accounting pronouncements. These other financial assets and liabilities are primarily accounts receivable, accounts payable and debt which are reported at historical value. The fair value of these financial assets and liabilities approximate their fair value because of their short duration and in the case of the debt because it carries variable interest rates which are reset frequently.

In December 2007, the FASB issued SFAS No. 141 (revised 2007), "Business Combinations" ("SFAS No. 141R"). This statement replaces SFAS No. 141, "Business Combinations," and requires an acquirer to recognize the assets acquired, the liabilities assumed and any noncontrolling interest in the acquiree at the acquisition date, measured at their fair values as of that date, with limited exceptions. SFAS No. 141R requires costs incurred to effect the acquisition to be recognized separately from the acquisition as period costs. SFAS No. 141R also requires the acquirer to recognize restructuring costs that the acquirer expects to incur, but is not obligated to incur, separately from the business combination. In addition, SFAS No. 141R requires an acquirer to recognize assets and liabilities assumed arising from contractual contingencies as of the acquisition date, measured at their acquisition-date fair values. Other key provisions of this statement include the requirement to recognize the acquisition-date fair values of research and development assets separately from goodwill and the requirement to recognize changes in the amount of deferred tax benefits that are recognizable due to the business combination in either income from continuing operations in the period of the combination or directly in contributed capital, depending on the circumstances. With the exception of certain tax-related aspects described above, SFAS No. 141R applies prospectively to business combinations for which the acquisition date is on or after December 28, 2008.

8. Line of Credit

The Company and its subsidiaries are party to a loan agreement with Citizens Bank of Pennsylvania, administrative agent for a syndicate of banks, which provides for a \$25 million revolving credit facility and includes a sub-limit of \$5.0 million for letters of credit (the "Revolving Credit Facility"). Borrowings under the Revolving Credit Facility bear interest at one of two alternative rates, as selected by the Company at each incremental borrowing. These alternatives are: (i) LIBOR (London Interbank Offered Rate), plus applicable margin, or (ii) the agent bank's prime rate. The Company also pays unused line fees based on the amount of the Revolving Credit Facility that is not drawn.

All borrowings under the Revolving Credit Facility are collateralized by all of the assets of the Company and its subsidiaries and a pledge of the stock of its subsidiaries. The Revolving Credit Facility also contains various financial and non-financial covenants, such as restrictions on the Company's ability to pay dividends. The Revolving Credit Facility expires in August 2011.

The weighted average interest rates under the Revolving Credit Facility for the thirty-nine weeks ended September 27, 2008 and September 29, 2007 were 3.91% and 8.25%, respectively. All borrowings in 2008 were subject to alternative (i) LIBOR (London Interbank Offered Rate), plus applicable margin on contracts of 30 days or more. All borrowings in 2007 were short term and borrowed under alternative (ii) the agent bank's prime rate. During the thirty-nine weeks ended September 27, 2008 and September 29, 2007, the Company's outstanding borrowings ranged from \$-0- to \$10.5 million and \$-0- million to \$1.5 million, respectively. At September 27, 2008 and December 29, 2007, there were \$9.1 million and \$-0- outstanding borrowings under this facility, respectively. At September 27, 2008, there were letters of credit outstanding for \$1.6 million. At September 27, 2008, the Company had availability for additional borrowings

under the Revolving Credit Facility of \$14.3 million.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES
NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS

(Dollars in thousands, except share and per share amounts, unless otherwise indicated)

9. Interest (Expense) Income, Net

Interest (expense) income, net consisted of the following:

	Thirty-Nine Weeks Ended		Thirteen Weeks Ended	
	September 27, 2008	September 29, 2007	September 27, 2008	September 29, 2007
Interest expense	(\$177)	(\$30)	(\$85)	(\$7)
Unused line fee	(16)	(23)	(4)	(8)
Interest income	79	85	16	47
	(\$114)	\$32	(\$73)	\$32

10. Goodwill and Intangibles

SFAS No. 142, "Goodwill and Other Intangible Assets" ("SFAS No. 142"), requires the Company to perform a goodwill impairment test on at least an annual basis. Application of the goodwill impairment test requires significant judgments including estimation of future cash flows, which is dependent on internal forecasts, estimation of the long-term rate of growth for the businesses, the useful life over which cash flows will occur and determination of the Company's weighted average cost of capital. Changes in these estimates and assumptions could materially affect the determination of fair value and/or conclusions on goodwill impairment for each reporting unit. The Company conducts its annual goodwill impairment test as of November 30. The Company compares the fair value of each of its reporting units to their respective carrying values, including related goodwill. There were no triggering events during the thirty-nine weeks ended September 27, 2008 that have indicated a need to perform the impairment test prior to the Company's annual test date.

The changes in the carrying amount of goodwill for the thirty-nine weeks ended September 27, 2008 are as follows:

	Information			
	Technology	Engineering	Commercial	Total
Balance as of December 29, 2007	\$31,350	\$8,238	-	\$39,588
Goodwill acquired during				
the thirty-nine weeks ended September 27, 2008	6,761	100	-	6,861
Balance as of September 27, 2008	\$38,111	\$8,338	-	\$46,449

The following table reflects the components of intangible assets, excluding goodwill:

September 27, 2008	December 29, 2007
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	Gross Carrying Amount	Accumulated Amortization	Gross Carrying Amount	Accumulated Amortization
Definite-lived intangible assets				
Non-compete agreements	\$610	\$218	\$145	\$64
Customer relationships	4,025	1,110	930	662
Total	\$4,635	\$1,328	\$1,075	\$726

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES
NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS

(Dollars in thousands, except share and per share amounts, unless otherwise indicated)

11. Stockholders' Equity

Common Stock Reserved

Unissued shares of common stock were reserved for the following purposes:

	September 27, 2008	December 29, 2007
Exercise of options outstanding	1,334,900	1,462,000
Future grants of options	679,294	728,694
Total	2,014,194	2,190,694

12. Earnings Per Share

Both basic and diluted (loss) earnings per share for all periods are calculated based on the reported earnings in the Company's consolidated statements of income.

The number of common shares used to calculate basic and diluted (loss) earnings per share for the thirteen weeks and thirty-nine weeks ended September 27, 2008 and September 29, 2007 was determined as follows:

	Thirteen Weeks Ended		Thirty-Nine Weeks Ended	
	September 27, 2008	September 29, 2007	September 27, 2008	September 29, 2007
Basic				
Weighted average shares outstanding	12,774,026	12,019,951	12,604,827	11,946,085
Diluted				
Shares used for basic calculation	12,774,026	12,019,951	12,604,827	11,946,085
Dilutive effect of options granted under the Company's stock option plans	-	596,454	61,704	546,514
	12,774,026	12,616,405	12,666,531	12,492,599

In the reporting periods where there is net loss, the basic weighted average shares are used to determine loss per share because diluted shares would be antidilutive.

13. Share - Based Compensation

At September 27, 2008, the Company had five share-based employee compensation plans. The Company measures the fair value of stock options, if and when granted, based upon the closing market price of the Company's common stock on the date of grant. All grants typically vest over a three-year period and expire within 10 years of issuance. Stock options that vest in accordance with service conditions amortize over their applicable vesting period using the straight-line method.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES
NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS

(Dollars in thousands, except share and per share amounts, unless otherwise indicated)

13. Share - Based Compensation (Continued)

The Company recognizes compensation costs in the financial statements for all share-based payments granted subsequent to January 1, 2006 based on the grant date fair value estimated in accordance with the provisions of Statement of Financial Accounting Standards No. 123(R), "Share-Based Payment, revised 2004" ("SFAS No. 123R"). Compensation cost recognized in 2008 and 2007 included: (a) compensation cost for all share-based payments granted prior to, but not yet vested as of January 1, 2006, based on the grant date fair value estimated in accordance with the original provisions of SFAS No. 123, adjusted for estimated forfeitures, and (b) compensation cost for all stock-based payments granted subsequent to January 1, 2006, based on the grant date fair value estimated in accordance with the provisions of SFAS No. 123(R), adjusted for estimated forfeitures. The straight-line recognition method is used to recognize compensation expense associated with share-based payments that are subject to graded vesting based on service conditions.

Share-based compensation expense of \$145, or \$0.01 per diluted share, and of \$151, or \$0.01 per diluted share, was recognized for the thirty-nine weeks ended September 27, 2008 and September 29, 2007, respectively.

Share-based compensation credit of (\$52), or \$0.00 per diluted share, and an expense of \$57, or \$0.00 per diluted share, was recognized for the thirteen weeks ended September 27, 2008 and September 29, 2007, respectively.

The Company anticipates that share-based compensation will not exceed \$300 for the year ending December 27, 2008 based on existing options as of September 27, 2008.

The weighted average fair value of options granted using the Black-Scholes Option Pricing Model during the thirty-nine weeks ended September 27, 2008 and September 29, 2007 has been estimated using the following assumptions:

	Thirty-Nine Weeks Ended	
	September 27, 2008	September 29, 2007
Weighted average risk-free interest rate	3.04%	4.2%
Expected term of option	5 Years	5 Years
Expected stock price volatility	57.5%	56.7%
Expected dividend yield	N/A	N/A
Annual forfeiture rate	12.1%	29.5%
Weighted-average per share value granted	\$4.93	\$9.29

Incentive Stock Option Plans

1992 Incentive Stock Option Plan (the 1992 Plan)

The 1992 Plan, approved by the Company's stockholders in April 1992 and amended in April 1998, provided for the issuance of up to 500,000 shares of common stock per individual to officers, directors, and key employees of the

Company and its subsidiaries through February 13, 2002, at which time the 1992 Plan expired. The options issued were intended to be incentive stock options pursuant to Section 422A of the Internal Revenue Code. The option terms were not permitted to exceed 10 years and the exercise price was not permitted to be less than 100% of the fair market value of the shares at the time of grant. The Compensation Committee of the Board of Directors determined the vesting period at the time of grant for each of these options. As of September 27, 2008, options to purchase 68,455 shares of common stock granted under the 1992 Plan were outstanding.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS

(Dollars in thousands, except share and per share amounts, unless otherwise indicated)

13. Share - Based Compensation (Continued)

1994 Non-employee Directors Stock Option Plan (the 1994 Plan)

The 1994 Plan, approved by the Company's stockholders in May 1994 and amended in April 1998, provided for issuance of up to 110,000 shares of common stock to non-employee directors of the Company through February 19, 2004, at which time the 1994 Plan expired. Options granted under the 1994 Plan were granted at fair market value at the date of grant, and the exercise of options is contingent upon service as a director for a period of one year. Options granted under the 1994 Plan terminate when an optionee ceases to be a director of the Company. As of September 27, 2008, options to purchase 50,000 shares of common stock granted under the 1994 Plan were outstanding.

1996 Executive Stock Option Plan (the 1996 Plan)

The 1996 Plan, approved by the Company's stockholders in August 1996 and amended in April 1999, provides for issuance of up to 1,250,000 shares of common stock to officers and key employees of the Company and its subsidiaries through January 1, 2006, at which time the 1996 Plan expired. Options are generally granted at fair market value at the date of grant. The Compensation Committee of the Board of Directors determines the vesting period at the time of grant. As of September 27, 2008, options to purchase 692,545 shares of common stock granted under the 1996 were outstanding.

2000 Employee Stock Incentive Plan (the 2000 Plan)

The 2000 Plan, approved by the Company's stockholders in April 2001, provides for issuance of up to 1,500,000 shares of the Company's common stock to officers and key employees of the Company and its subsidiaries or to consultants and advisors utilized by the Company. The Compensation Committee of the Board of Directors may award incentive stock options or non-qualified stock options, as well as stock appreciation rights, and determines the vesting period at the time of grant. As of September 27, 2008, 8,694 shares of common stock were available for future grants under the 2000 Plan, and options to purchase 494,500 shares of common stock granted under the 2000 Plan were outstanding.

2007 Omnibus Equity Compensation Plan (the 2007 Plan)

The 2007 Plan, approved by the Company's stockholders in June 2007, provides for the issuance of up to 700,000 shares of the Company's common stock to officers, non-employee directors, employees of the Company and its subsidiaries or to consultants and advisors utilized by the Company. No more than 350,000 shares of common stock in the aggregate may be issued pursuant to grants of stock awards, stock units, performance shares and other stock-based awards. No more than 300,000 shares of common stock with respect to awards may be granted to any individual during any fiscal year. The Compensation Committee of the Board of Directors determines the vesting period at the time of grant. As of September 27, 2008, 670,600 shares of common stock were available for future grants under the 2007 Plan, and options to purchase 29,400 shares of common stock granted under the 2007 Plan were outstanding.

As of September 27, 2008, the Company had approximately \$203 of total unrecognized compensation cost related to non-vested awards granted under the Company's various share-based plans, which the Company expects to recognize over approximately a three-year period. These amounts do not include the cost of any additional options that may be

granted in future periods or reflect any potential changes in the Company's forfeiture rate.

The Company received cash from options exercised during the first thirty-nine weeks of fiscal years 2008 and 2007 of \$-0- and \$815, respectively. The impact of these cash receipts is included in financing activities in the accompanying consolidated statements of cash flows.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS

(Dollars in thousands, except share and per share amounts, unless otherwise indicated)

13. Share - Based Compensation (Continued)

Incentive Stock Option Plans (Continued)

Employee Stock Purchase Plan

The Company implemented an Employee Stock Purchase Plan (the "Purchase Plan") with shareholder approval, effective January 1, 2001. Under the Purchase Plan, employees meeting certain specific employment qualifications are eligible to participate and can purchase shares of Common Stock semi-annually through payroll deductions at the lower of 85% of the fair market value of the stock at the commencement or end of the offering period. The purchase plan permits eligible employees to purchase shares of Common Stock through payroll deductions for up to 10% of qualified compensation. During the thirty-nine weeks ended September 27, 2008, there were 15,337 shares issued under the Purchase Plan for net proceeds of \$56. As of September 27, 2008, there were 181,288 shares available for issuance under the Purchase Plan. The share-based compensation expense attributable to the 15,337 shares issued was \$20 and \$24 for the thirty-nine weeks ended September 27, 2008 and September 29, 2007, respectively.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS***(Dollars in thousands, except share and per share amounts, unless otherwise indicated)***14. Segment Information**

The Company follows SFAS No. 131, "Disclosures about Segments of an Enterprise and Related Information" ("SFAS No. 131"), which establishes standards for companies to report information about operating segments, geographic areas and major customers. The accounting policies of each segment are the same as those described in the summary of significant accounting policies (see Note 1 to the consolidated financial statements).

The Company uses earnings before interest, taxes, depreciation and amortization to measure segment profit. Segment operating income includes selling, general and administrative expenses directly attributable to that segment as well as charges for allocating corporate costs to each of the operating segments. The following tables reflect the results of the segments consistent with the Company's management system:

**Thirty-Nine Weeks
Ended
September 27, 2008**

	Information Technology	Engineering	Commercial	Corporate	Total
Revenue	\$77,201	\$42,790	\$35,751	-	\$155,742
Operating expenses ^{(1) (2)}	75,582	40,358	33,455	-	149,395
EBITDA ⁽⁴⁾	1,619	2,432	2,296	-	6,347
Bad debt - note receivable	-	6,090	-	-	6,090
Depreciation	472	334	130	-	937
Amortization of intangibles	576	26	-	-	602
Operating income (loss)	570	(4,018)	2,166	-	(1,282)
Interest expense, net of interest income	57	31	26	-	114
Loss on foreign currency transactions	3	2	1	-	6
Income taxes (benefit)	328	(2,310)	1,245	-	(737)
Net income (loss)	\$182	(\$1,741)	\$894	-	(\$665)
Total assets	\$67,807	\$25,467	\$14,112	\$12,093	\$119,479
Capital expenditures	\$674	\$437	\$25	\$1,025	\$2,161

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS

*(Dollars in thousands, except share and per share amounts, unless otherwise indicated)***14. Segment Information (Continued)**

Thirty-Nine Weeks Ended September 29, 2007	Information Technology	Engineering	Commercial	Corporate	Total
Revenue	\$76,813	\$56,346	\$32,259	-	\$165,418
Operating expenses ^{(1) (2)}	71,940	53,509	31,211	-	156,660
EBITDA ⁽⁴⁾	4,873	2,837	1,048	-	8,758
Depreciation	386	350	113	-	849
Amortization of intangibles	215	25	-	-	240
Operating income	4,272	2,462	935	-	7,669
Interest income, net of interest expense	(18)	(10)	(4)	-	(32)
Gain on foreign currency transactions	-	(53)	-	-	(53)
Legal settlement	-	-	-	(800)	(800)
Income taxes	1,708	1,005	373	320	3,406
Net income	\$2,582	\$1,520	\$566	\$480	\$5,148
Total assets	\$53,161	\$29,978	\$11,647	\$13,896	\$108,682
Capital expenditures	\$272	\$58	\$10	\$162	\$502

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS***(Dollars in thousands, except share and per share amounts, unless otherwise indicated)***14. Segment Information (Continued)**

Thirteen Weeks Ended September 27, 2008	Information Technology	Engineering	Commercial	Corporate	Total
Revenue	\$26,757	\$14,662	\$10,197	-	\$51,617
Operating expenses ^{(1) (3)}	26,621	13,705	9,766	-	50,092
EBITDA ⁽⁴⁾	136	957	431	-	1,525
Depreciation	176	123	41	-	341
Amortization of intangibles	268	9	-	-	277
Operating income	(308)	825	390	-	907
Interest expense, net of (interest income)	38	21	14	-	73
Loss on foreign currency transactions	-	1	-	-	1
Income taxes	(91)	244	115	-	268
Net income	(\$255)	\$559	\$261	-	\$565
Total assets	\$67,807	\$25,467	\$14,112	\$12,093	\$119,479
Capital expenditures	\$148	\$191	\$22	\$99	\$460

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS

*(Dollars in thousands, except share and per share amounts, unless otherwise indicated)***14. Segment Information (Continued)**

Thirteen Weeks Ended September 29, 2007	Information Technology	Engineering	Commercial	Corporate	Total
Revenue	\$24,507	\$19,115	\$10,457	-	\$54,079
Operating expenses ^{(1) (3)}	22,960	17,805	10,169	-	50,934
EBITDA ⁽⁴⁾	1,547	1,310	288	-	3,145
Depreciation	133	118	38	-	289
Amortization of intangibles	72	8	-	-	80
Operating income	1,342	1,184	250	-	2,776
Interest income, net of interest expense	(17)	(11)	(4)	-	(32)
Gain on foreign currency transactions	-	(41)	-	-	(41)
Income taxes	536	490	99	-	1,125
Net income	\$823	\$746	\$155	-	\$1,724
Total assets	\$53,161	\$29,978	\$11,647	\$13,896	\$108,682
Capital expenditures	\$32	\$6	\$3	\$87	\$128

⁽¹⁾ Operating expenses exclude depreciation and amortization.

⁽²⁾ Operating expenses include \$145 and \$151 of share based compensation expense for the thirty-nine weeks ended September 27, 2008 and September 29, 2007, respectively.

⁽³⁾ Operating expenses include (\$52) and \$57 of share based compensation expense for the thirteen weeks ended September 27, 2008 and September 29, 2007, respectively.

⁽⁴⁾ EBITDA means earnings before interest, taxes, depreciation and amortization. We believe that EBITDA, as presented, represents a useful measure of assessing the performance of our operating activities, as it reflects our earnings trends without the impact of certain non-cash and unusual charges or income. EBITDA is also used by our

creditors in assessing debt covenant compliance. We understand that, although security analysts frequently use EBITDA in the evaluation of companies, it is not necessarily comparable to EBITDA of other companies due to potential inconsistencies in the method of calculation. EBITDA is not intended as an alternative to cash flow provided by operating activities as a measure of liquidity, nor as an alternative to net income as an indicator of our operating performance, nor as an alternative to any other measure of performance in conformity with generally accepted accounting principles in the United States of America.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS***(Dollars in thousands, except share and per share amounts, unless otherwise indicated)***14. Segment Information (Continued)**

Revenues reported for each operating segment are from external customers.

The Company is domiciled in the United States and its segments operate in the United States and Canada. Revenues and fixed assets by geographic area as of and for the thirty-nine weeks ended September 27, 2008 and September 29, 2007 are as follows:

	Thirty-Nine Weeks Ended	
	September 27, 2008	September 29, 2007
Revenues		
U. S.	\$141,275	\$153,777
Canada	14,467	11,641
	\$155,742	\$165,418
Fixed Assets		
U. S.	\$5,375	\$4,045
Canada	79	-
	\$5,454	\$4,045

Revenues by geographic area for the thirteen weeks ended September 27, 2008 and September 29, 2007 are as follows:

	Thirteen Weeks Ended	
	September 27, 2008	September 29, 2007
Revenues		
U. S.	\$46,765	\$49,282
Canada	4,851	4,797
	\$51,617	\$54,079

15. Contingencies

In late 1998, two shareholders who were formerly officers and directors of the Company filed suit against the Company. The former officers and directors alleged that the Company wrongfully limited the number of shares of the Company's common stock that could have been sold by the plaintiffs under a registration rights agreement entered into in connection with an acquisition transaction pursuant to which the plaintiffs became shareholders of the Company.

A trial in 2002 resulted in a judgment in favor of the plaintiffs for \$7.6 million that was affirmed on appeal. In June 2006, the Company paid \$8.6 million, which included post-judgment interest and other items totaling \$1.0 million to

the plaintiffs to satisfy the judgment.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS

(Dollars in thousands, except share and per share amounts, unless otherwise indicated)

15. Contingencies (Continued)

In November 2002, the Company filed suit on professional liability claims against the attorneys and law firms who had served as its counsel in the acquisition transaction and in connection with its subsequent dealings with the plaintiffs concerning their various relationships with the Company resulting from that transaction. In its lawsuit against its former counsel, the Company is seeking complete indemnification with respect to (1) its costs and counsel fees incurred in the defense against the claims of the plaintiffs; (2) the amount it paid to satisfy the judgment; and (3) its costs and counsel fees incurred in the prosecution of the legal malpractice action itself. In February 2007, the Company reached a settlement with one of the law firm defendants resulting in the recovery of \$0.8 million.

Discovery proceedings will continue with the other defendant through approximately the end of 2008; the trial of the action is expected to be scheduled to take place in the first half of 2009. The Company continues pursuit of its claim for punitive damages against the remaining law firm defendant.

The Company is party to two agreements of indemnity related to the performance of two construction projects by a customer of the Company. In the event of non-performance by the customer, the Company may be obligated to indemnify the project owners for certain cost overruns on such projects. Management believes that any such cost overruns would not have a significant adverse financial impact to the financial position of the Company and its results of operations.

The Company is also subject to other pending legal proceedings and claims that arise from time to time in the ordinary course of its business, which may or may not be covered by insurance.

16. Other Events

On August 21, 2008, RCM Technologies, Inc. (the "Company") and Stanton Remer, the Chief Financial Officer, Treasurer and Secretary of the Company, reached an agreement pursuant to which Mr. Remer departed from the Company, and resigned from his position as a member of the Board of Directors of the Company, effective September 30, 2008.

The Company and Mr. Remer have agreed to a separation and release agreement (the "Separation Agreement"), effective as of September 30, 2008 (the "Separation Date"). Under the terms of the Separation Agreement, Mr. Remer will receive amounts equal to his current base monthly salary (\$20,833.33) for the ten months following the Separation Date, equal in the aggregate to \$208,333. These amounts will be paid to Mr. Remer at the same time the Company pays its employees. The Company will also allow Mr. Remer to use the automobile currently leased for him by the Company until December 31, 2008. Mr. Remer will not receive any other benefits from the Company after the Separation Date. The total charge in the three months ended September 27, 2008 related to this event is \$246,367, inclusive of severance and estimated payroll taxes.

Mr. Remer has provided the Company and its affiliates with a general release from all claims arising out of, or in connection with, his employment and has agreed not to disclose the Company's proprietary and confidential information and, for a period of 12 months following the Separation Date, not to solicit the Company's current and former employees.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

ITEM 2. MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS

Private Securities Litigation Reform Act Safe Harbor Statement

Certain statements included herein and in other reports and public filings made by RCM Technologies, Inc. ("RCM" or the "Company") are forward-looking within the meaning of the Private Securities Litigation Reform Act of 1995. These forward-looking statements include, without limitation, statements regarding the adoption by businesses of new technology solutions; the use by businesses of outsourced solutions, such as those offered by the Company in connection with such adoption; and the outcome of litigation (at both the trial and appellate levels) involving the Company. Readers are cautioned that such forward-looking statements, as well as others made by the Company, which may be identified by words such as "may," "will," "expect," "anticipate," "continue," "estimate," "project," "intend," and similar expressions, are only predictions and are subject to risks and uncertainties that could cause the Company's actual results and financial position to differ materially from such statements. Such risks and uncertainties include, without limitation: (i) unemployment and general economic conditions affecting the provision of information technology and engineering services and solutions and the placement of temporary staffing personnel; (ii) the Company's ability to continue to attract, train and retain personnel qualified to meet the requirements of its clients; (iii) the Company's ability to identify appropriate acquisition candidates, complete such acquisitions and successfully integrate acquired businesses; (iv) uncertainties regarding pro forma financial information and the underlying assumptions relating to acquisitions and acquired businesses; (v) uncertainties regarding amounts of deferred consideration and earnout payments to become payable to former shareholders of acquired businesses; (vi) adverse effects on the market price of the Company's common stock due to the potential resale into the market of significant amounts of common stock; (vii) the adverse effect a potential decrease in the trading price of the Company's common stock would have upon the Company's ability to acquire businesses through the issuance of its securities; (viii) the Company's ability to obtain financing on satisfactory terms; (ix) the reliance of the Company upon the continued service of its executive officers; (x) the Company's ability to remain competitive in the markets that it serves; (xi) the Company's ability to maintain its unemployment insurance premiums and workers compensation premiums; (xii) the risk of claims being made against the Company associated with providing temporary staffing services; (xiii) the Company's ability to manage significant amounts of information and periodically expand and upgrade its information processing capabilities; (xiv) the Company's ability to remain in compliance with federal and state wage and hour laws and regulations; (xv) uncertainties in predictions as to the future need for the Company's services; (xvi) uncertainties relating to the allocation of costs and expenses to each of the Company's operating segments; (xvii) the costs of conducting and the outcome of litigation involving the Company, (xviii) obligations relating to indemnities and similar agreements entered into in connection with the Company's business activities, and (xix) other economic, competitive and governmental factors affecting the Company's operations, markets, products and services. Readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date made. The Company undertakes no obligation to publicly release the results of any revision of these forward-looking statements to reflect these trends or circumstances after the date they are made or to reflect the occurrence of unanticipated events.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Overview

RCM participates in a market that is cyclical in nature and sensitive to economic changes. As a result, the impact of economic changes on revenues and operations can be substantial, resulting in significant volatility in the Company's financial performance.

RCM's operational performance began to lose positive momentum in the second half of 2007 primarily due to a weakening global economy and recessionary concerns. This slowdown has continued into 2008 as the business environment remains challenging. The Company continues to be vigilant in monitoring its operating cost structure.

Over the years, RCM has developed and assembled an attractive portfolio of capabilities, established a proven record of performance and credibility and built an efficient pricing structure. The Company is committed to optimizing its business model as a single-source premier provider of business and technology solutions with a strong vertical focus offering an integrated suite of services through a global delivery platform.

The Company believes that most companies recognize the importance of advanced technologies and business processes to compete in today's business climate. However, the process of designing, developing and implementing business and technology solutions is becoming increasingly complex. The Company believes that many businesses today are focused on return on investment analysis in prioritizing their initiatives. This has an impact on spending by current and prospective clients for many emerging new solutions.

Nonetheless, the Company continues to believe that businesses must implement more advanced IT and engineering solutions to upgrade their systems, applications and processes so that they can maximize their productivity and optimize their performance in order to maintain a competitive advantage. Although working under budgetary, personnel and expertise constraints, companies are driven to support increasingly complex systems, applications and processes of significant strategic value. This has given rise to a demand for outsourcing. The Company believes that despite the challenging economic environment its current and prospective clients are continuing to evaluate the potential for outsourcing business critical systems, applications and processes.

The Company provides project management and consulting services, which are billed based on either agreed-upon fixed fees or hourly rates, or a combination of both. The billing rates and profit margins for project management and solutions services are higher than those for professional consulting services. Consequently, the Company is focused more on transitioning to higher value, higher margin solutions offerings. The Company also realizes revenues from client engagements that include the placement of contract and temporary technical consultants and non-technical labor. These services are primarily provided to the client at hourly rates that are established for each of the Company's consultants based upon their skill level, experience and type of work performed.

The majority of the Company's services are provided under purchase orders. Contracts are utilized on certain of the more complex assignments where the engagements are for longer terms or where precise documentation of the nature and scope of the assignment is necessary. Although contracts normally relate to longer-term and more complex engagements, they do not obligate the customer to purchase a minimum level of services and are generally terminable by the customer on 60 to 90 days' notice. Revenues are recognized when services are provided.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Overview (Continued)

Costs of services consist primarily of salaries and compensation-related expenses for billable consultants, including payroll taxes, employee benefits, and insurance. Selling, general and administrative expenses consist primarily of salaries and benefits of personnel responsible for business development, recruiting, operating activities, and training, and include corporate overhead expenses. Corporate overhead expenses relate to salaries and benefits of personnel responsible for corporate activities, including the Company's corporate marketing, administrative and reporting responsibilities and acquisition program. The Company records these expenses when incurred. Depreciation relates primarily to the fixed assets of the Company. Amortization relates to the allocation of the purchase price of an acquisition, which has been assigned to covenants not to compete, and customer lists. Acquisitions have been accounted for under Financial Accounting Standards Board ("FASB") Statement of Financial Account Standards ("SFAS") No. 141, "Business Combinations," and have created goodwill.

Critical Accounting Policies

The Company's consolidated financial statements were prepared in accordance with U. S. generally accepted accounting principles, which require management to make subjective decisions, assessments and estimates about the effect of matters that are inherently uncertain. As the number of variables and assumptions affecting the judgment increases, such judgments become even more subjective. While management believes its assumptions are reasonable and appropriate, actual results may be materially different from estimated. Management has identified certain critical accounting policies, described below, that require significant judgment to be exercised by management.

Revenue Recognition

The Company derives its revenues from several sources. All of the Company's segments perform consulting and staffing services. The Company's Engineering Services and Information Technology Services segments also perform project services. All of the Company's segments derive revenue from permanent placement fees.

Project Services - The Company recognizes revenues in accordance with the Securities and Exchange Commission Staff Accounting Bulletin ("SAB") No. 104, "Revenue Recognition" which clarifies application of U.S. generally accepted accounting principles to revenue transactions. Project services are generally provided on a cost-plus-fixed-fee or time-and-material basis. Typically, a customer will outsource a discrete project or activity and the Company assumes responsibility for the performance of such project or activity. The Company recognizes revenues and associated costs on a gross basis as services are provided to the customer and costs are incurred using its employees. The Company, from time to time, enters into contracts requiring the completion of specific deliverables. The Company recognizes revenue on these deliverables at the time the client accepts and approves the deliverables. In instances where project services are provided on a fixed-price basis and the contract will extend beyond a 12-month period, revenue is recorded in accordance with the terms of each contract. In some instances, revenue is billed and recorded at the time certain milestones are reached, as defined in the contract. In other instances, revenue is billed and recorded based upon contractual rates per hour. In addition, some contracts contain "Performance Fees" (bonuses) for completing a contract under budget. Performance Fees, if any, are recorded when the contract is completed and the revenue is reasonably certain of collection. Some contracts also limit revenues and billings to maximum amounts. Provision for contract losses, if any, is made in the period such losses are determined. For contracts where there are multiple deliverables

and the work has not been 100% complete on a specific deliverable, the costs have been deferred. The associated costs are expensed when the related revenue is recognized.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Revenue Recognition (Continued)

Consulting and Staffing Services - Revenues derived from consulting and staffing services are recorded on a gross basis as services are performed and associated costs have been incurred using employees of the Company. In these circumstances, the Company assumes the risk of acceptability of its employees to its customers. In certain cases, the Company may utilize other companies and their employees to fulfill customer requirements. In these cases, the Company receives an administrative fee for arranging for, billing for, and collecting the billings related to these companies. The customer is typically responsible for assessing the work of these companies who have responsibility for acceptability of their personnel to the customer. Under these circumstances, the Company's reported revenues are net of associated costs (effectively the administrative fee).

Permanent Placement Services - The Company earns permanent placement fees from providing permanent placement services. Fees for placements are recognized at the time the candidate commences employment. The Company guarantees its permanent placements on a prorated basis for 90 days. In the event a candidate is not retained for the 90-day period, the Company will provide a suitable replacement candidate. In the event a replacement candidate cannot be located, the Company will provide a prorated refund to the client. An allowance for refunds, based upon the Company's historical experience, is recorded in the financial statements. Revenues are recorded on a gross basis as a component of revenue.

Accounts Receivable

The Company's accounts receivable are primarily due from trade customers. Credit is extended based on evaluation of customers' financial condition and, generally, collateral is not required. Accounts receivable payment terms vary and are stated in the financial statements at amounts due from customers net of an allowance for doubtful accounts for accounts and note receivable. Accounts outstanding longer than the payment terms are considered past due. The Company determines its allowance by considering a number of factors, including the length of time trade accounts receivable are past due, the Company's previous loss history, the customer's current ability to pay its obligation to the Company and the condition of the general economy and the industry as a whole. The Company writes off accounts receivable when they become uncollectible, and payments subsequently received on such receivables are credited to the allowance for doubtful accounts.

Goodwill

Goodwill represents the excess of the cost of businesses acquired over the fair market value of identifiable assets. In accordance with SFAS No. 142, "Goodwill and Other Intangible Assets" ("SFAS No. 142"), the Company performs its annual goodwill impairment testing, by reportable unit, as of November 30 of each year, or more frequently if events or changes in circumstances indicate that goodwill may be impaired. Application of the goodwill impairment test requires significant judgments including estimation of future cash flows, which is dependent on internal forecasts, estimation of the long-term rate of growth for the businesses, the useful life over which cash flows will occur, and determination of the Company's weighted average cost of capital. Changes in these estimates and assumptions could materially affect the determination of fair value and/or conclusions on goodwill impairment for each reporting unit. The Company conducted its annual goodwill impairment test for 2007 as of November 30, 2007 and identified no impairments. Goodwill was \$46.4 million and \$39.6 million at September 27, 2008 and December 29, 2007, respectively.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Long-Lived Assets

The Company evaluates long-lived assets and intangible assets with definite lives for impairment whenever events or changes in circumstances indicate that the carrying amount of an asset may not be recoverable. When it is probable that undiscounted future cash flows will not be sufficient to recover an asset's carrying amount, the asset is written down to its fair value. Assets to be disposed of by sale, if any, are reported at the lower of the carrying amount or fair value less cost to sell.

Accounting for Stock Options

The Company uses stock options to attract, retain and reward employees for long-term service.

Effective as of January 1, 2006, the Company adopted SFAS No. 123R "Share Based Payment" ("SFAS No. 123R"). SFAS No. 123R requires that the compensation cost relating to stock-based payment transactions be recognized in financial statements. That cost is measured based on the fair value of the equity or liability instruments issued. SFAS No. 123R covers a wide range of stock-based compensation arrangements including stock options, restricted stock plans, performance-based awards, stock appreciation rights and employee stock purchase plans.

In addition to the accounting standard that sets forth the financial reporting objectives and related accounting principles, SFAS No. 123R includes an appendix of implementation guidance that provides expanded guidance on measuring the fair value of stock-based payment awards. In March 2005, the Securities and Exchange Commission issued Staff Accounting Bulletin No. 107 ("SAB No. 107") relating to SFAS No. 123R. The Company has applied the provisions of SAB No. 107 in its adoption of SFAS No. 123R.

Since the Company adopted SFAS No. 123R, effective January 1, 2006, using the modified-prospective transition method, the Company is required to record compensation expense for all awards granted after the date of adoption and for the unvested portion of previously granted awards that remain outstanding as of the beginning of the period of adoption. The Company measures stock-based compensation cost using the Black-Scholes option pricing model.

Accounting for Income Taxes

In establishing the provision for income taxes and deferred income tax assets and liabilities, and valuation allowances against deferred tax assets, the Company makes judgments and interpretations based on enacted tax laws, published tax guidance and estimates of future earnings. As of September 27, 2008, the Company had total net deferred tax assets of \$2.4 million, primarily representing the tax effect of an allowance for doubtful accounts. Realization of deferred tax assets is dependent upon the likelihood that future taxable income will be sufficient to realize these benefits over time, and the effectiveness of tax planning strategies in the relevant tax jurisdictions. In the event that actual results differ from these estimates and assessments, valuation allowances may be required.

The Company adopted the provisions of FASB Interpretation No. 48, "Accounting for Uncertainty in Income Taxes" ("FIN 48"), on January 1, 2007. The Company recognized no material adjustments in the liability for unrecognized income tax benefits due to the adoption of FIN 48. The Company conducts its operations in multiple tax jurisdictions in the United States and Canada. With limited exceptions, the Company is no longer subject to audits by state and local tax authorities for tax years prior to 2003. The Company's federal income tax returns have been examined through 2007. At September 27, 2008, the Company did not have any uncertain tax positions.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Accounting for Income Taxes (Continued)

The Company's future effective tax rates could be adversely affected by changes in the valuation of its deferred tax assets or liabilities or changes in tax laws or interpretations thereof. In addition, the Company is subject to the examination of its income tax returns by the Internal Revenue Service and other tax authorities. The Company regularly assesses the likelihood of adverse outcomes resulting from these examinations to determine the adequacy of its provision for income taxes.

Accrued Bonuses

The Company pays bonuses to certain executive management, field management and corporate employees based on, or after giving consideration to, a variety of financial performance measures. Executive management, field management and certain corporate employees' bonuses are accrued throughout the year for payment during the first quarter of the following year, based in part upon anticipated annual results compared to annual budgets. In addition, the Company pays discretionary bonuses to certain employees, which are not related to budget performance. Variances in actual results versus budgeted amounts can have a significant impact on the calculations and therefore on the estimates of the required accruals. Accordingly, the actual earned bonuses may be materially different from the estimates used to determine the quarterly accruals.

Forward-looking Information

The Company's growth prospects are influenced by broad economic trends. The pace of customer capital spending programs, new product launches and similar activities have a direct impact on the need for consulting and engineering services as well as temporary and permanent employees. When the U.S. and Canadian economies decline, the Company's operating performance could be adversely impacted. The Company believes that its fiscal discipline, strategic focus on targeted vertical markets and diversification of service offerings provides some insulation from adverse trends. However, declines in the economy could result in the need for future cost reductions or changes in strategy.

Additionally, changes in government regulations could result in prohibition or restriction of certain types of employment services or the imposition of new or additional employee benefits, licensing or tax requirements with respect to the provision of employment services that may reduce RCM's future earnings. There can be no assurance that RCM will be able to increase the fees charged to its clients in a timely manner and in a sufficient amount to cover increased costs as a result of any of the foregoing.

The employment services market is highly competitive with limited barriers to entry. RCM competes in global, national, regional and local markets with numerous consulting, engineering and employment companies. Price competition in the industries the Company serves is significant, and pricing pressures from competitors and customers are increasing. RCM expects that the level of competition will remain high in the future, which could limit RCM's ability to maintain or increase its market share or profitability.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Thirty-Nine Weeks Ended September 27, 2008 Compared to Thirty-Nine Weeks Ended September 29, 2007

A summary of operating results for the fiscal periods ended September 27, 2008 and September 29, 2007 is as follows (in thousands, except for earnings per share data):

	September 27, 2008		September 29, 2007	
	Amount	% of Revenue	Amount	% of Revenue
Revenues	\$155,742	100.0	\$165,418	100.0
Cost of services	115,039	73.9	125,650	76.0
Gross profit	40,703	26.1	39,768	24.0
Selling, general and administrative	34,356	22.1	31,010	18.7
Bad debt - note receivable	6,090	3.9	-	-
Depreciation and amortization	1,538	1.0	1,089	0.7
Operating (loss) income	(1,282)	(0.8)	7,669	4.6
Other (expense) income	(120)	(0.1)	885	0.5
(Loss) income before income taxes	(1,402)	(0.9)	8,554	5.1
Income taxes	(737)	(0.5)	3,406	2.0
Net (loss) income	(\$665)	(0.4)	\$5,148	3.1
(Loss) earnings per share				
Basic:	(\$.05)		\$.43	
Diluted:	(\$.05)		\$.41	

The above summary is not a presentation of results of operations under accounting principles generally accepted in the United States of America and should not be considered in isolation or as an alternative to results of operations as an indication of the Company's performance.

The Company follows a 52/53 week fiscal reporting calendar ending on the Saturday closest to December 31. A 53-week year occurs periodically. The year to date reporting periods ended September 27, 2008 and September 29, 2007 consisted of thirty-nine weeks each.

Revenues. Revenues decreased 5.8%, or \$9.7 million, for the thirty-nine weeks ended September 27, 2008 as compared to the same period in the prior year (the "comparable prior year period"). Revenues increased \$0.4 million in the Information Technology ("IT") segment, decreased \$13.6 million in the Engineering segment, and increased \$3.5 million in the Commercial segment. Management attributes the overall decrease to a weakening of the general economy and the loss of an engineering client, which generated revenue of \$16.6 million in the 2007 period as compared to \$-0- in the 2008 period. Management expects revenues for the final thirteen weeks of fiscal 2008 to remain generally consistent with the revenues for the thirteen weeks ended September 27, 2008. Revenues that were

attributable to acquisitions which occurred in the IT segment since September 29, 2007 and were not included in the comparable prior year period were approximately \$15.1 million.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Thirty-Nine Weeks Ended September 27, 2008 Compared to Thirty-Nine Weeks Ended September 29, 2007 - (Continued)

Cost of Services. Cost of services decreased 8.4%, or \$10.6 million, for the thirty-nine weeks ended September 27, 2008 as compared to the comparable prior year period. This decrease was primarily due to the decrease in revenues. Cost of services as a percentage of revenues decreased to 73.9% for the thirty-nine weeks ended September 27, 2008 from 76.0% for the comparable prior year period. This decrease was primarily attributable to decreased revenues in the Engineering segment, which had lower gross margins. Management anticipates the ratio of cost of sales to revenues for the remainder of fiscal 2008 to remain comparable to those in the thirty-nine weeks ended September 27, 2008.

Selling, General and Administrative. Selling, general and administrative (“SGA”) expenses increased 10.8%, or \$3.3 million, for the thirty-nine weeks ended September 27, 2008 as compared to the comparable prior year period. As a percentage of revenues, SGA expenses were 22.1% for the thirty-nine weeks ended September 27, 2008 as compared to 18.7% for the comparable prior year period. This percentage increase was primarily attributable to additional SGA expenses incurred in connection with two acquisitions subsequent to February 28, 2008 combined with decreased revenues overall. Management expects SGA expenses for the final thirteen weeks of fiscal 2008 to remain generally consistent with the SGA expenses for the thirteen weeks ended September 27, 2008.

Bad Debt - Note Receivable. On February 26, 2008, the Company accepted a promissory note from a customer for \$7.5 million in payment of a like amount of accounts receivable from that customer. The customer paid \$1.2 million through April 30, 2008 at which point management of the Company concluded that the customer was going to default on its May 1, 2008 installment payment. The Company has since determined that the note receivable is not collectible. Therefore, during the thirteen weeks ended September 27, 2008, the Company wrote off this note receivable in the amount of \$6.1 million.

Depreciation and Amortization. Depreciation and amortization increased 41.2%, or \$0.5 million for the thirty-nine weeks ended September 27, 2008 as compared to the comparable prior year period. This increase was principally attributable to amortization of intangibles incurred from two acquisitions in the 2008 period.

Other Income (Expense). Other (expense) income consists of interest expense, net of interest income and gains and losses on foreign currency transactions and, in 2007, the proceeds from a legal settlement. For the thirty-nine weeks ended September 27, 2008, actual interest expense and unused credit line fees of \$193,000 was offset by \$80,000 of interest income, which was earned from short-term money market deposits. Interest expense, net increased \$146,000 for the thirty-nine weeks ended September 27, 2008 as compared to the comparable prior year period. This increase was primarily due to increased borrowing levels associated with the funding of two acquisitions in the 2008 period. The Company realized losses on foreign currency transactions of approximately \$6,000 for the thirty-nine weeks ended September 27, 2008 as compared to gains on foreign currency transactions of approximately \$53,000 for the comparable prior year period. This change was attributable to unfavorable exchange rates realized during the 2008 period. The proceeds from the legal settlement in 2007 were realized when the Company reached a settlement with one of the law firm defendants resulting in the recovery of \$800,000 (see footnote 15 to the consolidated financial statements).

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Thirty-Nine Weeks Ended September 27, 2008 Compared to Thirty-Nine Weeks Ended September 29, 2007 - (Continued)

Income Tax. Income tax expense decreased 121.6%, or \$4.1 million, for the thirty-nine weeks ended September 27, 2008 as compared to the comparable prior year period. This decrease was principally attributable to a decrease in income before taxes, which included a \$6.1 million bad debt expense on a note receivable for the thirty-nine weeks ended September 27, 2008 as well as an increase in tax deductible goodwill amortization of approximately \$569,000. The effective tax rate was a credit of 53.7% for the thirty-nine weeks ended September 27, 2008 as compared to 39.8% in the comparable prior year period. Without the bad debt - note receivable expense, the effective tax rate would have been 36.0%.

Segment Discussion (See Footnote 14)

Information Technology

IT revenues of \$77.2 million in 2008 increased \$0.4 million, or 0.5%, compared to 2007. The increase in revenue was attributable to acquisitions in 2008 offset by the weakness in the economy and reduced demand for the Company's IT services. The IT segment EBITDA was \$1.6 million, or 25.5% of the overall EBITDA for 2008, as compared to \$4.9 million, or 55.6% of the overall EBITDA for 2007.

Engineering

Engineering revenues of \$42.8 million in 2008 decreased \$13.6 million, or 24.1%, compared to 2007. The decrease in revenue was primarily attributable to the loss of an Engineering client that generated revenue of \$16.6 million in the 2007 period. The Engineering segment EBITDA was \$2.4 million, or 38.3% of the overall EBITDA for 2008, as compared to \$2.8 million, or 32.4% of the overall EBITDA for 2007.

Commercial

Commercial revenues of \$35.8 million in 2008 increased \$3.5 million, or 10.8%, compared to 2007. The increase in revenues was principally attributable to increased demand for the Company's Healthcare staffing services. The Commercial segment EBITDA was \$2.3 million, or 36.2% of the overall EBITDA for 2008, as compared to \$1.0 million, or 12.0% of the overall EBITDA for 2007.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Thirteen Weeks Ended September 27, 2008 Compared to Thirteen Weeks Ended September 29, 2007

A summary of operating results for the fiscal periods ended September 27, 2008 and September 29, 2007 is as follows (in thousands, except for earnings per share data):

	September 27, 2008		September 29, 2007	
	Amount	% of Revenue	Amount	% of Revenue
Revenues	\$51,617	100.0	\$54,079	100.0
Cost of services	38,362	74.3	40,646	75.2
Gross profit	13,255	25.7	13,433	24.8
Selling, general and administrative	11,730	22.7	10,288	19.0
Depreciation and amortization	618	1.2	369	0.7
	12,348	23.9	10,657	19.7
Operating income	907	1.8	2,776	5.1
Other income (expense)	(74)	(0.1)	73	0.2
Income before income taxes	833	1.6	2,849	5.3
Income taxes	268	0.5	1,125	2.1
Net income	\$565	1.1	\$1,724	3.2
Earnings per share				
Basic:	\$0.04		\$0.14	
Diluted:	\$0.04		\$0.14	

The above summary is not a presentation of results of operations under accounting principles generally accepted in the United States of America and should not be considered in isolation or as an alternative to results of operations as an indication of the Company's performance.

The Company follows a 52/53 week fiscal reporting calendar ending on the Saturday closest to December 31. A 53-week year occurs periodically. The year to date reporting periods ended September 27, 2008 and September 29, 2007 consisted of thirteen weeks each.

Revenues. Revenues decreased 4.6%, or \$2.5 million, for the thirteen weeks ended September 27, 2008 as compared to the same period in the prior year (the "comparable prior year period"). Revenues increased \$2.3 million in the Information Technology ("IT") segment, decreased \$4.5 million in the Engineering segment, and decreased \$0.3 million in the Commercial segment. Management attributes the overall decrease to a weakening of the general economy and the loss of an engineering client, which generated revenue of \$5.8 million in the 2007 period as compared to \$-0- in the 2008 period. Management expects revenues for the final thirteen weeks of fiscal 2008 to remain generally consistent on a prorated basis with the revenues for the thirteen weeks ended September 27, 2008. Revenues that were attributable to acquisitions which occurred in the IT segment since September 29, 2007 that were not included in the

comparable prior year period were approximately \$6.5 million.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Thirteen Weeks Ended September 27, 2008 Compared to Thirteen Weeks Ended September 29, 2007 - (Continued)

Cost of Services. Cost of services decreased 5.6%, or \$2.3 million, for the thirteen weeks ended September 27, 2008 as compared to the comparable prior year period. This decrease was primarily due to the decrease in revenues. Cost of services as a percentage of revenues decreased to 74.3% for the thirteen weeks ended September 27, 2008 from 75.2% for the comparable prior year period. This decrease was primarily attributable to decreased revenues in the Engineering segment, which had lower gross margins. Management anticipates the ratio of cost of sales to revenues for the final thirteen weeks of fiscal 2008 to remain comparable to the thirteen weeks ended September 27, 2008.

Selling, General and Administrative. SGA expenses increased 14.0%, or \$1.4 million, for the thirteen weeks ended September 27, 2008 as compared to the comparable prior year period. As a percentage of revenues, SGA expenses were 22.7% for the thirteen weeks ended September 27, 2008 as compared to 19.0% for the comparable prior year period. This percentage increase was primarily attributable to the SGA expenses incurred in connection with two acquisitions subsequent to February 28, 2008 combined with decreased revenues overall. Management expects SGA expenses for the final thirteen weeks of fiscal 2008 to remain generally consistent with the SGA expenses for the thirteen weeks ended September 27, 2008.

Depreciation and Amortization. Depreciation and amortization increased \$0.3 million for the thirteen weeks ended September 27, 2008 as compared to the comparable prior year period. This increase was principally attributable to amortization of intangibles incurred from two acquisitions in the 2008 period.

Other Income (Expense). Other income (expense) consists of interest expense, net of interest income and gains and losses on foreign currency transactions. For the thirteen weeks ended September 27, 2008, actual interest expense and unused credit line fees of \$89,000 was offset by \$16,000 of interest income, which was earned from short-term money market deposits. Interest expense, net increased \$105,000 for the thirteen weeks ended September 27, 2008 as compared to the comparable prior year period. This increase was primarily due to increased borrowing levels associated with the funding of two acquisitions in the 2008 period. The Company realized losses on foreign currency transactions of approximately \$1,000 for the thirteen weeks ended September 27, 2008 as compared to gains on foreign currency transactions of approximately \$41,000 for the comparable prior year period. This change was attributable to unfavorable exchange rates realized during the 2008 period.

Income Tax. Income tax expense decreased 76.2%, or \$0.9 million, for the thirteen weeks ended September 27, 2008 as compared to the comparable prior year period. This decrease was principally attributable to a decrease in income before taxes, which included an increase in tax deductible goodwill amortization of approximately \$173,000. The effective tax rate was 33.9% for the thirteen weeks ended September 27, 2008 as compared to 39.5% in the comparable prior year period.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Thirteen Weeks Ended September 27, 2008 Compared to Thirteen Weeks Ended September 29, 2007 - (Continued)

Segment Discussion (See Footnote 14)

Information Technology

IT revenues of \$26.8 million in 2008 increased \$2.3 million, or 9.2%, compared to 2007. The increase in revenue was attributable to two acquisitions in the IT segment in the 2008 period offset by the weakness in the economy and reduced demand for the Company's IT services. The IT segment EBITDA was \$0.1 million, or 8.9% of the overall EBITDA for 2008, as compared to \$1.5 million, or 49.2% of the overall EBITDA for 2007.

Engineering

Engineering revenues of \$14.7 million in 2008 decreased \$4.5 million, or 23.3%, compared to 2007. The decrease in revenue was primarily attributable to the loss of an engineering client that generated revenue of \$5.8 million in the 2007 period. The Engineering segment EBITDA was \$1.0 million, or 62.8% of the overall EBITDA for 2008, as compared to \$1.3 million, or 41.7% of the overall EBITDA for 2007.

Commercial

Commercial revenues of \$10.2 million in 2008 decreased \$0.3 million, or 2.5%, compared to 2007. The decrease in revenues was principally attributable to decreased revenues in the Company's Intertec (light industrial and clerical staffing) business unit, which declined \$950,000 and was offset by an increase of \$670,000 in the Company's healthcare staffing business unit, as compared to 2007. The Commercial segment EBITDA was \$431,000, or 28.3% of the overall EBITDA for 2008, as compared to \$288,000, or 9.2% of the overall EBITDA for 2007.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**Management's Discussion and Analysis of****Financial Condition and Results of Operations - (Continued)****Liquidity and Capital Resources**

The following table summarizes the major captions from the Company's Consolidated Statements of Cash Flows:

(In thousands)	Thirty-Nine Weeks Ended	
	September 27, 2008	September 29, 2007
Cash provided by (used for):		
Operating Activities	(\$7,971)	\$5,026
Investing Activities	(\$9,315)	(\$756)
Financing Activities	\$9,156	\$881

Operating Activities

Operating activities used \$8.0 million of cash for the thirty-nine weeks ended September 27, 2008 as compared to \$5.0 million provided by operating activities for the comparable 2007 period. The decrease in cash provided by operating activities was primarily attributable to an increase in accounts receivable, an increase in deferred tax assets, an increase in prepaid expenses and other current assets, a decrease in accounts payable and accrued expenses, accrued compensation, provision for losses on accounts receivable, and income taxes payable. These changes were offset by an increase in payroll and withheld taxes.

Investing Activities

Investing activities used \$9.3 million for the thirty-nine weeks ended September 27, 2008 as compared to \$756,000 for the comparable prior year period. The increase in the use of cash for investing activities for 2008 as compared to the comparable 2007 period was primarily attributable to increases in expenditures for property and equipment and in cash used for acquisitions.

Financing Activities

In 2008, financing activities principally consisted of the proceeds from borrowing from the line of credit to finance the acquisition of NuSoft Solutions, Inc and MBH Solutions, Inc. (See footnote 5 to the financial statements). In 2007, financing activities principally consisted of the exercise of stock options with an aggregate exercise price of \$815,000.

The Company and its subsidiaries are party to a loan agreement with Citizens Bank of Pennsylvania, administrative agent for a syndicate of banks, which provides for a \$25 million revolving credit facility and includes a sub-limit of \$5.0 million for letters of credit (the "Revolving Credit Facility"). Borrowings under the Revolving Credit Facility bear interest at one of two alternative rates, as selected by the Company at each incremental borrowing. These alternatives are: (i) LIBOR (London Interbank Offered Rate), plus applicable margin, or (ii) the agent bank's prime rate. The Company also pays unused line fees based on the amount of the Revolving Credit Facility that is not drawn.

All borrowings under the Revolving Credit Facility are collateralized by all of the assets of the Company and its subsidiaries and a pledge of the stock of its subsidiaries. The Revolving Credit Facility also contains various financial

and non-financial covenants, such as restrictions on the Company's ability to pay dividends. The Revolving Credit Facility expires in August 2011.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

Liquidity and Capital Resources - (Continued)

Financing Activities - (Continued)

The weighted average interest rates under the Revolving Credit Facility for the thirty-nine weeks ended September 27, 2008 and September 29, 2007 were 3.91% and 8.25%, respectively. All borrowings in 2008 were subject to alternative (i) LIBOR (London Interbank Offered Rate), plus applicable margin on contracts of 30 days or more. All borrowings in 2007 were short term and borrowed under alternative (ii) the agent bank's prime rate. During the thirty-nine weeks ended September 27, 2008 and September 29, 2007, the Company's outstanding borrowings ranged from \$-0- to \$10.5 million and \$-0- million to \$1.5 million, respectively. At September 27, 2008 and December 29, 2007, there were \$9.1 million and \$-0- outstanding borrowings under this facility, respectively. At September 27, 2008, there were letters of credit outstanding for \$1.6 million. At September 27, 2008, the Company had availability for additional borrowings under the Revolving Credit Facility of \$14.3 million.

The Company anticipates that its primary uses of capital in future periods will be for working capital purposes. Funding for any long-term and short-term capital requirements as well as future acquisitions will be derived from one or more of the Revolving Credit Facility, funds generated through operations or future financing transactions. The Company is subject to legal proceedings and claims that arise from time to time in the ordinary course of its business, which may or may not be covered by insurance. Were an unfavorable final outcome to occur, there exists the possibility of a material adverse impact on our financial position, liquidity and the results of operations for the period in which the effect becomes reasonably estimable.

The Company's business strategy is to achieve growth both internally through operations and externally through strategic acquisitions. The Company from time to time engages in discussions with potential acquisition candidates. As the size of the Company and its financial resources increase, however, acquisition opportunities requiring significant commitments of capital may arise. In order to pursue such opportunities, the Company may be required to incur debt or issue potentially dilutive securities in the future. No assurance can be given as to the Company's future acquisition and expansion opportunities or how such opportunities will be financed.

The Company does not currently have material commitments for capital expenditures and does not currently anticipate entering into any such commitments during the next 12 months. The Company's current commitments consist primarily of lease obligations for office space and potential deferred consideration payments (see note 5 to the financial statements). The Company believes that its capital resources are sufficient to meet its present obligations and those to be incurred in the normal course of business for the next 12 months.

At September 27, 2008, the Company had a deferred tax asset totaling \$2.4 million, primarily representing the tax effect of an allowance for doubtful accounts for accounts and note receivable. The Company expects to utilize the deferred tax asset during the 12 months ending September 26, 2009 by offsetting the related tax benefits of the asset against tax liabilities incurred from anticipated taxable income.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES**Management's Discussion and Analysis of****Financial Condition and Results of Operations - (Continued)****Liquidity and Capital Resources - (Continued)***Financing Activities - (Continued)*

Summarized below are the Company's obligations and commitments to make future payments under lease agreements and debt obligations as of September 27, 2008 (in thousands):

	Total	Less Than 1 Year	Payments Due by Period		More Than 5 Years
			1-3 Years	3-5 Years	
Long-Term Debt Obligations ⁽¹⁾	\$9,100	\$9,100			
Operating Lease Obligations	13,443	4,131	\$7,844	\$1,468	
Total	\$22,543	\$13,231	\$7,844	\$1,468	

⁽¹⁾The Revolving Credit Facility is for \$25.0 million and includes a sub-limit of \$5.0 million for letters of credit. The agreement expires in August 2011. At September 27, 2008, there were \$9.1 million outstanding borrowings under the line of credit and there were outstanding letters of credit for \$1.6 million.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

Management's Discussion and Analysis of

Financial Condition and Results of Operations - (Continued)

ITEM 3. QUANTITATIVE AND QUALITATIVE DISCLOSURES ABOUT MARKET RISK

The Company's exposure to market risk for changes in interest rates relates primarily to the Company's investment portfolio and debt instruments, which primarily consist of its Revolving Credit Facility. The Company does not have any derivative financial instruments in its portfolio. The Company places its investments in instruments that meet high credit quality standards. The Company is adverse to principal loss and ensures the safety and preservation of its invested funds by limiting default risk, market risk and reinvestment risk. As of September 27, 2008, the Company's investments consisted of cash and money market funds. The Company does not use interest rate derivative instruments to manage its exposure to interest rate changes. Presently the impact of a 10% (approximately 90 basis points) increase in interest rates on its variable debt (using an incremental borrowing rate) would have a relatively nominal impact on the Company's results of operations. The Company does not expect any material loss with respect to its investment portfolio.

ITEM 4. CONTROLS AND PROCEDURES

The Company's management, under the supervision and with the participation of the Company's Chief Executive Officer and Chief Financial Officer, evaluated the effectiveness of the Company's disclosure controls and procedures (as defined in Rule 13a-15(e) and 15d-15(e) under the Exchange Act) as of the end of the period covered by this report. Based upon that evaluation, the Chief Executive Officer and Chief Financial Officer concluded that those disclosure controls and procedures as of the end of the period covered by this report were functioning effectively to provide reasonable assurance that information required to be disclosed by the Company in the reports that it files or submits under the Exchange Act is recorded, processed, summarized and reported within the time periods specified in the SEC's rules and forms and is accumulated and communicated to the Company's management, including its principal executive and principal financial officers, or persons performing similar functions, as appropriate, to allow timely decisions regarding required disclosure.

A controls system, no matter how well designed and operated, cannot provide absolute assurance that the objectives of the controls system are met, and no evaluation of controls can provide absolute assurance that all control issues and instances of fraud, if any, within a company have been detected.

There have been no changes in the Company's internal control over financial reporting that occurred during the Company's most recent fiscal quarter and that have materially affected, or are reasonably likely to materially affect, the Company's internal control over financial reporting.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

PART II

OTHER INFORMATION

ITEM 1. LEGAL PROCEEDINGS

See discussion of Legal Proceedings in Note 15 to the consolidated financial statements included in Item 1 of this report.

ITEM 1A. RISK FACTORS

If we are unable to borrow under our Revolving Credit Facility, it may adversely affect our liquidity, results of operations and financial condition.

Our liquidity depends on our ability to generate sufficient cash flows from our operations and, from time to time, borrowings under our Revolving Credit Facility with our agent lender Citizens Bank of Pennsylvania and co-lender SunTrust Bank. The Company believes that both these banks are liquid and is not aware of any current risk that either will become illiquid. At September 27, 2008, we had outstanding borrowings under the Revolving Credit Facility of \$9.1 million, and letters of credit outstanding for \$1.6 million.

The Revolving Credit Facility contains various financial and non-financial covenants. At September 27, 2008, we were in compliance with the covenants and other provisions of the Credit Facility. Any failure to be in compliance could have a material adverse effect on our liquidity, results of operations and financial condition.

The Company is not aware of any other material changes from the risk factors disclosed in the “Risk Factors” section (Item 1A) of the Company’s Annual Report on Form 10-K for the year ended December 29, 2007.

RCM TECHNOLOGIES, INC. AND SUBSIDIARIES

ITEM 6. EXHIBITS

10.1 + Separation and Release Agreement, effective September 30, 2008, between Stanton Remer and RCM Technologies, Inc. (Filed as Exhibit 99.1 to the Registrant's Current Report on Form 8-K filed with the Securities and Exchange Commission on August 27, 2008 and incorporated herein by reference.)

31.1 Certification of Chief Executive Officer Required by Rule 13a-14(a) of the Securities Exchange Act of 1934, as amended.

31.2 Certification of Chief Financial Officer Required by Rule 13a-14(a) of the Securities Exchange Act of 1934, as amended.

32.1 Certification of Chief Executive Officer Required by Rule 13a-14(b) of the Securities Exchange Act of 1934, as amended. (This exhibit shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liability of that section. Further, this exhibit shall not be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Securities Exchange Act of 1934, as amended.)

32.2 Certification of Chief Financial Officer Required by Rule 13a-14(b) of the Securities Exchange Act of 1934, as amended. (This exhibit shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liability of that section. Further, this exhibit shall not be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Securities Exchange Act of 1934, as amended.)

+ Compensatory plan or arrangement.

RCM TECHNOLOGIES, INC.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

RCM Technologies, Inc.

Date: November 12, 2008

By: /s/ Kevin Miller

Kevin Miller

Chief Financial Officer,

(Principal Financial Officer and
Duly Authorized Officer of the Registrant)

Exhibit 31.1

RCM TECHNOLOGIES, INC.

**CERTIFICATIONS REQUIRED BY
RULE 13a-14(a) OF THE SECURITIES EXCHANGE ACT OF 1934**

CERTIFICATION

I, Leon Kopyt, certify that:

1. I have reviewed this quarterly report on Form 10-Q of RCM Technologies, Inc.;
2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
4. The registrant's other certifying officer(s) and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - (a) designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - (c) evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - (d) disclosed in this annual report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
5. The registrant's other certifying officer(s) and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):

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- (a) all significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
- (b) any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: November 12, 2008

/s/ Leon Kopyt

Leon Kopyt

Chairman, President and Chief Executive Officer

Exhibit 31.2

RCM TECHNOLOGIES, INC.

**CERTIFICATIONS REQUIRED BY
RULE 13a-14(a) OF THE SECURITIES EXCHANGE ACT OF 1934**

CERTIFICATION

I, Kevin Miller, certify that:

1. I have reviewed this quarterly report on Form 10-Q of RCM Technologies, Inc.;
2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
4. The registrant's other certifying officer(s) and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - (a) designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - (c) evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - (d) disclosed in this annual report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
5. The registrant's other certifying officer(s) and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):

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- (a) all significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
- (b) any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: November 12, 2008

/s/ Kevin Miller

Kevin Miller
Chief Financial Officer

Exhibit 32.1

RCM TECHNOLOGIES, INC.

**CERTIFICATIONS REQUIRED BY
RULE 13a-14(a) OF THE SECURITIES EXCHANGE ACT OF 1934**

I, Leon Kopyt, President and Chief Executive Officer of RCM Technologies, Inc., a Nevada corporation (the “Company”), hereby certify that, to my knowledge:

(1) The Company’s periodic report on Form 10-Q for the quarter ended September 27, 2008 (the “Form 10-Q”) fully complies with the requirements of Section 13(a) of the Securities Exchange Act of 1934, as amended; and

(2) The information contained in the Form 10-Q fairly presents, in all material respects, the financial condition and results of operations of the Company.

* * *

/s/ Leon Kopyt

Leon Kopyt
President and Chief Executive Officer

Date: November 12, 2008

Exhibit 32.2

RCM TECHNOLOGIES, INC.

**CERTIFICATIONS REQUIRED BY
RULE 13a-14(a) OF THE SECURITIES EXCHANGE ACT OF 1934**

I, Kevin Miller, Chief Financial Officer of RCM Technologies, Inc., a Nevada corporation (the “Company”), hereby certify that, to my knowledge:

(1) The Company’s periodic report on Form 10-Q for the quarter ended September 27, 2008 (the “Form 10-Q”) fully complies with the requirements of Section 13(a) of the Securities Exchange Act of 1934, as amended; and

(2) The information contained in the Form 10-Q fairly presents, in all material respects, the financial condition and results of operations of the Company.

* * *

/s/ Kevin Miller

Kevin Miller

Chief Financial Officer

Date: November 12, 2008