

Item 2.02. Results of Operations and Financial Condition.

On January 31, 2019, F & M Bank Corp. (the “Company”) issued a press release announcing results for the quarter ended and year ended December 31, 2018. A copy of the press release is attached as Exhibit 99.1.

The information in this Form 8-K, and the exhibit hereto, is being furnished and shall not be deemed “filed” for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such filing.

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

In connection with his previously-announced transition to retirement, Larry Caplinger officially retired as Executive Vice President/Corporate Secretary of F&M Bank Corp. (the "Company"), effective December 31, 2018. Mr. Caplinger will remain a director of the Company.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No.	Description
<u>99.1</u>	Press Release dated January 31, 2019

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

F & M Bank Corp.

Date: January 31, 2019 By: /s/ Neil W. Hayslett
Neil W. Hayslett
Executive Vice President and Chief Operating Officer

EXHIBIT INDEX

Exhibit No. Description

99.1 Press Release dated January 31, 2019.