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ENERGY INCOME & GROWTH FUND  
Form 8-K  
March 13, 2012

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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported) March 13, 2012

Energy Income and Growth Fund  
(Exact Name of Registrant as Specified in its Charter)

Massachusetts (State or Other Jurisdiction of Incorporation)	811-21549 (Commission File Number)	11-3716544 (IRS Employer Identification No.)
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187 Danbury Road Wilton, Connecticut (Address of Principal Executive Offices)	06897 (Zip Code)
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Registrant's telephone number, including area code (630) 765-8000

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(Former Name or Former Address, if Changed Since Last Report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

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|\_ | Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure.

Energy Income and Growth Fund (the "Fund") is filing herewith a press release issued on March 13, 2012, as Exhibit 99.1. The press release was issued by Energy Income and Growth Fund to report that on March 19, 2012, the Fund will change its names to "First Trust Energy Income and Growth Fund". Details regarding the name change are contained in the press release included herein.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit Number	Description
99.1	Press release of Energy Income and Growth Fund dated March 13, 2012.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: March 13, 2012

ENERGY INCOME AND GROWTH FUND

By: /s/ W. Scott Jardine

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Name: W. Scott Jardine

Title: Secretary

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EXHIBIT INDEX

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