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ENERGY INCOME & GROWTH FUND  
Form 8-K  
November 14, 2011

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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported) November 14, 2011

ENERGY INCOME AND GROWTH FUND  
(Exact Name of Registrant as Specified in its Charter)

Massachusetts 811-21549 11-3716544  
(State or Other Jurisdiction (Commission File Number) (IRS Employer  
of Incorporation) Identification No.)

187 Danbury Road  
Wilton, Connecticut 06897  
(Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code (630) 765-8000

\_\_\_\_\_  
(Former Name or Former Address, if Changed Since Last Report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure.

Energy Income and Growth Fund (the "Fund") is filing herewith a PowerPoint Presentation to be used on a conference call scheduled to occur on NOVEMBER 14, 2011 at 4:15 pm Eastern Time. The Fund will be hosting a conference call with Energy Income Partners, LLC, the Fund's investment sub-adviser. The purpose of the call is to hear the Fund's portfolio management team provide an update for the Fund. Details regarding the conference call are as follows:

Dial-in Number: (866) 865-6631; International (706) 679-1727; and Passcode # 20365419. Please call 10 to 15 minutes before the scheduled start of the teleconference.

-- Telephone Replay: (800) 585-8367; International (404) 537-3406; and Passcode # 20365419. The replay will be available after the call until 11:59 P.M. Eastern Time on Wednesday, December 14, 2011.

The presentation is also available at

<http://www.ftportfolios.com/Common/ContentFileLoader.aspx?ContentGUID=5bed09bb-c4fe-42a8-ac3b-32e>

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit Number	Description
99.1	PowerPoint presentation of Energy Income Partners, LLC

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: November 14, 2011

ENERGY INCOME AND GROWTH FUND

By: /s/ W. Scott Jardine

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Name: W. Scott Jardine

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Title: Secretary

EXHIBIT INDEX

Exhibit Number	Description
99.1	PowerPoint presentation of First Trust Advisors, L.P. dated November 14, 2011.