## Edgar Filing: CAPITAL GOLD CORP - Form 4

CAPITAL GOLD CORP Form 4								
January 09, 2008								
						PPROVAL		
<b>CUNIVI 4</b> UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						3235-0287		
Section 16. Form 4 or Form 5 Filed pur	suant to Section a) of the Public U	SECURIT 16(a) of the So Jtility Holding	IN BENEFICIAL OWNERSHIP OF					
(Print or Type Responses)								
1. Name and Address of Reporting Postle John T	Symbol	er Name <b>and</b> Tic CAL GOLD C	ker or Trading ORP [cgld.ob]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (1 2169 CONSTANCE DRIVE	(Month/	of Earliest Transa Day/Year) 2007	action	X_ Director 10% Owner Officer (give title Other (specify below) below)				
(Street)	endment, Date C onth/Day/Year)	Driginal	<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>					
OAKVILLE, A6 L6J 5L2				Person		1 0		
(City) (State)	(Zip) Tab	ole I - Non-Deriv	vative Securities A	cquired, Disposed o	of, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	TransactionAcc Code Dis	posed of (D) str. 3, 4 and 5) (A) or	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Report on a separate line	for each class of sec	urities beneficial	ly owned directly o	r indirectly				
reminder. Report on a separate line		F i r c	Persons who res nformation cont required to respo	pond to the colle ained in this form and unless the for atly valid OMB co	i are not rm	SEC 1474 (9-02)		

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orDerivative	Expiration Date	Underlying Securitie
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A) or		

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	Derivative Security				Disposed of (D) (Instr. 3, 4, and 5)					
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou Numb Shares
Stock Options	\$ 0.63	12/27/2007	А		150,000		12/27/2007 <u>(1)</u>	12/27/2014	Common Stock	150,0

## **Reporting Owners**

Reporting Owner Name / Addr	ess	Relationships						
1 8	Director	10% Owner	Officer	Other				
Postle John T 2169 CONSTANCE DRIV OAKVILLE, A6 L6J 5L2	E X							
Signatures								
John T Postle	01/09/2008							
<u>**</u> Signature of Reporting Person	Date							

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) 20% of the Stock Options vested upon issuance and the balance vests 20% annually thereafter on the anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.