

Edgar Filing: RYANAIR HOLDINGS PLC - Form 6-K

RYANAIR HOLDINGS PLC
Form 6-K
August 15, 2006

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of 1934

For the month of August, 2006

RYANAIR HOLDINGS PLC
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office
Dublin Airport
County Dublin Ireland
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82- _____

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To:

Listing Applications, Irish Stock Exchange
The FSA

Date: 10 August 2006

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AVS No:
Name of applicant: Ryanair Holdings plc
Name of scheme: 1998 Share Option Scheme
2000 Share Option Scheme
Period of return: From: 20 December 2006 To: 10 August 2006

Balance under scheme from previous return: Nil.

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: N/A

Number of securities issued/allotted under scheme during period: 2,189,746
Ryanair Holdings plc Share Option Plan 1998 (472,448)
Ryanair Holdings plc Share Option Plan 2000 (1,717,298)

Balance under scheme not yet issued/allotted at end of period 4,020,692

Number and class of securities originally listed and the date of admission 6,210,438 23 December 2005
Ryanair Holdings plc Share Option Plan 1998 (1,795,492)
Ryanair Holdings plc Share Option Plan 2000 (4,414,946)

Total number of securities in issue at the end of the period 771,729,697

Name of contact: Jim Callaghan
Address of contact: Ryanair Corporate Head Office, Dublin Airport, Co. Dublin
Telephone number of contact: +35318121236

SIGNED BY _____

Director/company secretary/suitably experienced employee/duly authorised officer, for and on behalf of

Name of applicant

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 15 August, 2006

By:___/s/ James Callaghan___

James Callaghan
Company Secretary & Finance Director