CAPITAL ONE FINANCIAL CORP

Form 4 May 06, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

5. Relationship of Reporting Person(s) to

Issuer

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

burden hours per response... 0.5

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D

FAIRBANK RICHARD D			Symbol CAPITAL ONE FINANCIAL CORP [COF]				CORP	(Check all applicable)				
			(Month/E	3. Date of Earliest Transaction (Month/Day/Year) 05/02/2008				_X_ Director 10% Owner _X_ Officer (give title Other (specify below) below) Chairman, CEO and President				
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
	(City)	(State)	(Zip)	Tabl	le I - Non-D	Derivative S	Securi	ties Acqu	iired, Disposed of	of, or Beneficially Owned		
	1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	r) Executio any	med in Date, if Day/Year)	3. Transaction Code (Instr. 8)	4. Securition(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock	05/02/2008			G	3,690	D	\$ 0	2,447,379	D		
	Common Stock	05/02/2008			G	9,225	D	\$ 0	2,438,154	D		
	Common Stock (1)	05/02/2008			M	14,634	A	\$ 33.77	2,452,788	D		
	Common Stock (1)	05/02/2008			S	200	D	\$ 54.73	2,452,588	D		
	Common Stock (1)	05/02/2008			S	100	D	\$ 54.76	2,452,488	D		

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Common Stock (1)	05/02/2008	S	100	D	\$ 54.87	2,452,388	D
Common Stock (1)	05/02/2008	S	100	D	\$ 54.88	2,452,288	D
Common Stock (1)	05/02/2008	S	100	D	\$ 54.95	2,452,188	D
Common Stock (1)	05/02/2008	S	200	D	\$ 54.98	2,451,988	D
Common Stock (1)	05/02/2008	S	100	D	\$ 54.99	2,451,888	D
Common Stock (1)	05/02/2008	S	100	D	\$ 55.05	2,451,788	D
Common Stock (1)	05/02/2008	S	234	D	\$ 55.06	2,451,554	D
Common Stock (1)	05/02/2008	S	300	D	\$ 55.1	2,451,254	D
Common Stock (1)	05/02/2008	S	100	D	\$ 55.11	2,451,154	D
Common Stock (1)	05/02/2008	S	100	D	\$ 55.12	2,451,054	D
Common Stock (1)	05/02/2008	S	100	D	\$ 55.14	2,450,954	D
Common Stock (1)	05/02/2008	S	300	D	\$ 55.15	2,450,654	D
Common Stock (1)	05/02/2008	S	100	D	\$ 55.16	2,450,554	D
Common Stock (1)	05/02/2008	S	200	D	\$ 55.17	2,450,354	D
Common Stock (1)	05/02/2008	S	100	D	\$ 55.18	2,450,254	D
Common Stock (1)	05/02/2008	S	200	D	\$ 55.19	2,450,054	D
Common Stock (1)	05/02/2008	S	300	D	\$ 55.2	2,449,754	D
Common Stock (1)	05/02/2008	S	100	D	\$ 55.21	2,449,654	D
Common Stock (1)	05/02/2008	S	200	D	\$ 55.22	2,449,454	D
Common Stock (1)	05/02/2008	S	200	D	\$ 55.23	2,449,254	D
	05/02/2008	S	200	D		2,449,054	D

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Common Stock (1)					\$ 55.25			
Common Stock (1)	05/02/2008	S	100	D	\$ 55.28	2,448,954	D	
Common Stock (1)	05/02/2008	S	100	D	\$ 55.29	2,448,854	D	
Common Stock (1)	05/02/2008	S	100	D	\$ 55.3	2,448,754	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deri Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right to Buy)	\$ 33.77	05/02/2008		M	14,634	(2)	06/10/2008	COF	14,634	

Reporting Owners

Reporting Owner Name / Address	Relationships						
r	Director	10% Owner	Officer	Other			
FAIRBANK RICHARD D			Chairman,				
1680 CAPITAL ONE DRIVE	X		CEO and				
MCLEAN, VA 22102			President				

Reporting Owners 3

Signatures

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

05/06/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- This option was subject to and received stockholder approval on April 29, 1999, and the performance-based vesting criteria of the option was satisfied on September 11, 2000, the date on which the fair market value of the common stock reached and remained at or above \$58.33 for at least ten trading days in any 30 calendar-day period. This requirement had to be satisfied on or before June 11, 2001.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4