CAPITAL ONE FINANCIAL CORP

Form 4 July 03, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

response...

OMB APPROVAL

subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D			2. Issuer Name and Ticker or Trading Symbol						Issuer					
				CAPITAL ONE FINANCIAL CORP [COF]						(Check all applicable)				
(Month/				3. Date of (Month/D	ay/Year		ansaction			X_ Director 10% OwnerX_ Officer (give title Other (specify below)				
1680 CAPITAL ONE DRIVE				07/02/2007						Chairman, CEO and President				
		(Street)			4. If Amendment, Date Original						6. Individual or Joint/Group Filing(Check			
				Filed(Mon	Filed(Month/Day/Year)						Applicable Line) _X_ Form filed by One Reporting Person			
MCLEAN, VA 22102									Form filed by More than One Reporting Person					
	(City)	(State)	(Zip)	Tabl	e I - Nor	ı-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned		
	1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye:	ar) Execution	med on Date, if Day/Year)	Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)			d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)				
	C				Code	V	Amount	(D)	Price	(IIISu. 3 and 4)				
	Common Stock (1) (2)	07/02/2007			S		100	D	\$ 78.77	2,208,838	D			
	Common Stock (1)	07/02/2007			S		300	D	\$ 78.78	2,208,538	D			
	Common Stock (1)	07/02/2007			S		200	D	\$ 78.79	2,208,338	D			
	Common Stock (1)	07/02/2007			S		200	D	\$ 78.81	2,208,138	D			
	Common Stock (1)	07/02/2007			S		200	D	\$ 78.82	2,207,938	D			

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Common Stock (1)	07/02/2007	S	700	D	\$ 78.83	2,207,238	D	
Common Stock (1)	07/02/2007	S	300	D	\$ 78.84	2,206,938	D	
Common Stock (1)	07/02/2007	S	200	D	\$ 78.85	2,206,738	D	
Common Stock (1)	07/02/2007	S	200	D	\$ 78.89	2,206,538	D	
Common Stock (1)	07/02/2007	S	100	D	\$ 78.91	2,206,438	D	
Common Stock (1)	07/02/2007	S	200	D	\$ 78.92	2,206,238	D	
Common Stock (1)	07/02/2007	S	100	D	\$ 78.93	2,206,138	D	
Common Stock (1)	07/02/2007	S	100	D	\$ 78.98	2,206,038	D	
Common Stock (1)	07/02/2007	S	100	D	\$ 79.09	2,205,938	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.		5.	6. Date Exerc	cisable and	/. Tit	le and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transa	action	Number	Expiration D	ate	Amou	ınt of	Derivative
Security	or Exercise		any	Code		of	(Month/Day/	Year)	Unde	rlying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr.	8)	Derivative	e		Secur	rities	(Instr. 5)
	Derivative					Securities			(Instr	. 3 and 4)	
	Security					Acquired					
						(A) or					
						Disposed					
						of (D)					
						(Instr. 3,					
						4, and 5)					
										Amount	
										or	
							Date	Expiration	Title	Number	
							Exercisable	Date	11110	of	
				Code	V	(A) (D)				Shares	
				Couc	٧	(II) (D)				Silaics	

9. Nu

Deriv Secur Bene Own Follo Repo Trans (Instr

Reporting Owners

Reporting Owner Name / Address	Relationships								
reporting owner name / namess	Director	10% Owner	Officer	Other					
FAIRBANK RICHARD D 1680 CAPITAL ONE DRIVE	X		Chairman, CEO and						
MCLEAN, VA 22102			President						

Signatures

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank 07/03/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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