

MUCCI LOU

Form 4

August 10, 2005

FORM 4
UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
MUCCI LOU

(Last) (First) (Middle)

16162 BEACH BLVD., STE. 100

(Street)

HUNTINGTON BEACH, CA 92647

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol

BJs RESTAURANTS INC [BJRI]

3. Date of Earliest Transaction
(Month/Day/Year)

08/08/2005

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
____X____ Officer (give title below) ____ Other (specify below)

Chief Financial Officer

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership Indirect Beneficial Ownership (Instr. 4)
Common Stock, no par value	08/08/2005		M	754	A \$ 12.61 754	D	
Common Stock, no par value	08/08/2005		S	754	D \$ 23.241 0	D	
Common Stock, no par value	08/08/2005		M	11,240	A \$ 6.98 11,240	D	
Common Stock, no	08/08/2005		S	11,240	D \$ 23.256 0	D	

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par value

Common

Stock, no	08/08/2005	M	1,900	A	\$ 10	1,900	D
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par value

Common

Stock, no	08/08/2005	S	1,900	D	\$ 23.232	0	D
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par value

Common

Stock, no	08/08/2005	M	4,300	A	\$ 15.5	4,300	D
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par value

Common

Stock, no	08/08/2005	S	4,300	D	\$ 23.266	0	D
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par value

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Underlying Se (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title
Non-Qualified Stock Options (right to buy)	\$ 12.61	08/08/2005		M	754	01/15/2005 ⁽¹⁾ 01/15/2014	Common Stock
Non-Qualified Stock Options (right to buy)	\$ 6.98	08/08/2005		M	11,240	05/02/2003 ⁽²⁾ 05/02/2012	Common Stock
Non-Qualified Stock Options (right to buy)	\$ 10	08/08/2005		M	1,900	06/19/2004 ⁽¹⁾ 06/19/2013	Common Stock
Common Stock Purchase Option	\$ 15.5	08/08/2005		M	4,300	02/22/2005 ⁽³⁾ 02/22/2015	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
MUCCI LOU 16162 BEACH BLVD., STE. 100 HUNTINGTON BEACH, CA 92647			Chief Financial Officer	

Signatures

Dianne Scott, Attorney-in-fact for Lou Mucci 08/10/2005

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest 20% per year beginning on the first anniversary of the date of grant.
- (2) The options vest 50% per year beginning on the first anniversary of the date of grant.
- (3) The options vest immediately on the date of grant, February 22, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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