

Neptune Technologies & Bioresources Inc.  
Form 6-K  
July 11, 2016

**SECURITIES AND EXCHANGE COMMISSION**

**WASHINGTON, D.C. 20549**

**FORM 6-K**

**REPORT OF FOREIGN PRIVATE ISSUER**

**Pursuant to Rule 13a-16 or 15d-16 under**

**the Securities Exchange Act of 1934**

For the month of: July 2016 Commission File Number: 001-33526

**NEPTUNE TECHNOLOGIES & BIORESSOURCES INC.**

**(Translation of Registrant's name into English)**

**545 Promende du Centropolis  
Suite 100  
Laval, Québec  
Canada H7T 0A3  
(Address of Principal Executive Office)**

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Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F  Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes  No

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): N/A

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**NEPTUNE TECHNOLOGIES& BIORESSOURCES INC.**

Date: July 11, 2016 By: */s/ Mario Paradis*  
Name: Mario Paradis  
Title: VP & Chief Financial Officer

**EXHIBIT INDEX**

Exhibit Description of Exhibit

99.1 Press Release dated July 11, 2016