

Item 8.01 Other Events

On July 23, 2009 the Company issued a press release, a copy of which is included with this Report as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits

| Exhibit No. | Description |
|-------------|-------------|
|-------------|-------------|

| | |
|------|-----------------------------------|
| 99.1 | Press Release dated July 23, 2009 |
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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: July 23, 2009

GOLDEN ENTERPRISES, INC.

By: /s/ Patty Townsend

Patty Townsend

Vice President, CFO & Secretary

Exhibit Index

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|-------------|-----------------------------------|
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