

INSTEEL INDUSTRIES INC

Form 4

August 13, 2013

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Jafoodi Scot R

(Last) (First) (Middle)

5532 GARDEN PARK LANE

(Street)

WINSTON SALEM, NC 27106

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol

INSTEEL INDUSTRIES INC [IIN]

3. Date of Earliest Transaction
 (Month/Day/Year)

08/09/2013

4. If Amendment, Date Original
 Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director ____ 10% Owner
 ____X____ Officer (give title below) ____ Other (specify below)

Chief Accounting Officer

6. Individual or Joint/Group Filing(Check Applicable Line)
 ____X____ Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock	08/09/2013		F	974 D	\$ 17 12,832	D	
Common Stock (Restricted Stock Units)	08/12/2013		A	1,597 A	\$ 0 12,840	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. D S (1)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 17.22	08/12/2013		A	3,957			(1) 08/12/2023		Common Stock	3,957
Stock Option (Right to Buy)	\$ 16.45							(1) 02/12/2023		Common Stock	3,835
Stock Option (Right to Buy)	\$ 10.23							(1) 08/21/2022		Common Stock	6,044
Stock Option (Right to Buy)	\$ 13.06							(1) 02/21/2022		Common Stock	4,538
Incentive Stock Option (Right to Buy)	\$ 10.72							(1) 08/08/2021		Common Stock	5,670
Incentive Stock Option (Right to Buy)	\$ 12.43							(1) 02/08/2021		Common Stock	4,693
Incentive Stock Option (Right to Buy)	\$ 9.16							(1) 08/09/2020		Common Stock	6,180
	\$ 9.39							(1) 02/09/2020			5,952

Incentive Stock Option (Right to Buy) (Common Stock)					Common Stock	
Incentive Stock Option (right to buy)	\$ 16.69	(1)	08/19/2018	Common Stock	2,926	
Incentive Stock Option (Right to Buy)	\$ 11.6	(1)	08/10/2019	Common Stock	4,393	
Incentive Stock Option (right to buy)	\$ 11.15	(1)	02/19/2018	Common Stock	5,278	
Incentive Stock Option (right to buy)	\$ 7.55	(1)	02/10/2019	Common Stock	5,978	
Incentive Stock Option (right to buy)	\$ 17.11	(1)	02/13/2017	Common Stock	2,639	
Incentive Stock Option (right to buy)	\$ 20.27	(1)	08/13/2017	Common Stock	2,178	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Jafroodi Scot R 5532 GARDEN PARK LANE WINSTON SALEM, NC 27106			Chief Accounting Officer	

Signatures

James F. Petelle for Scot R.
Jafroodi

08/13/2013

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options vest 1/3 annually beginning 1 year from grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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