Eslinger Lisa Form 5 February 28,											
								OMB A	PPROVAL		
FORM 5 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB Number:	3235-0362		
Check this no longer	subject	Was	shington, D.C. 20549				Expires:	January 31, 2005			
to Section Form 4 or 5 obligatic may contin <i>See</i> Instruct 1(b). Form 3 Ho Reported Form 4 Transaction Reported	Form ANN ons nue. ction Filed purs oldings Section 17(a	uant to Section 1	RSHIP OF S 6(a) of the S tility Holdin	SECURI Securities g Compa	TIES S Exchar any Act	nge : of 1	Act of 1934, 1935 or Sectio	Estimated a burden hou response n	average Irs per		
Eslinger Lisa M Symbo			suer Name and Ticker or Trading bol IES NATIONAL CORP [ATLO]]	5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (M		tatement for Issuer's Fiscal Year Ended				(Check all applicable)				
		(Month/L 12/31/2	nth/Day/Year) 31/2018			-		title Oth	6 Owner er (specify		
PO BOX 84	6		below)				below)	below)			
			Amendment, Date Original (Month/Day/Year)			(6. Individual or Joint/Group Reporting				
							(chec	k applicable line)		
AMES, IA	AÂ 50014					-	_X_ Form Filed by Form Filed by I Person	One Reporting P More than One R			
(City)	(State) (Zip) Tabl	le I - Non-Deri	ivative Sec	curities A	Acqu	ired, Disposed of	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	Â	Â	Â	Â	ÂÂ	Â	1,630	D (1)	Â		
	Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 2270 (9-02) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned										
(e.g., puts, calls, warrants, options, convertible securities)											

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9.
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration Date	Amount of	Derivative	of

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Security (Instr. 3)	or Exercise Price of Derivative Security	any (Month/Day/Year)	Code (Instr. 8)	of (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Underlying Securities (Instr. 3 and 4)	Security (Instr. 5)	D Se D Eı Is Fi (I
				(A) (D)	Date Exercisable	Expiration Date	Title Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 3	Director	10% Owner	Officer	Other			
Eslinger Lisa M PO BOX 846 AMES, IA 50014	ÂX	Â	Â	Â			
Signatures							
John P Nelson by power of attorney	02/28/2019						
**Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person acquired 66 shares of ATLO common stock by dividend reinvestment. The information in this report is based on a brokerage statement as of 12/31/2018.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.